



INFLUENZA EPI REPORT: 2024-2025

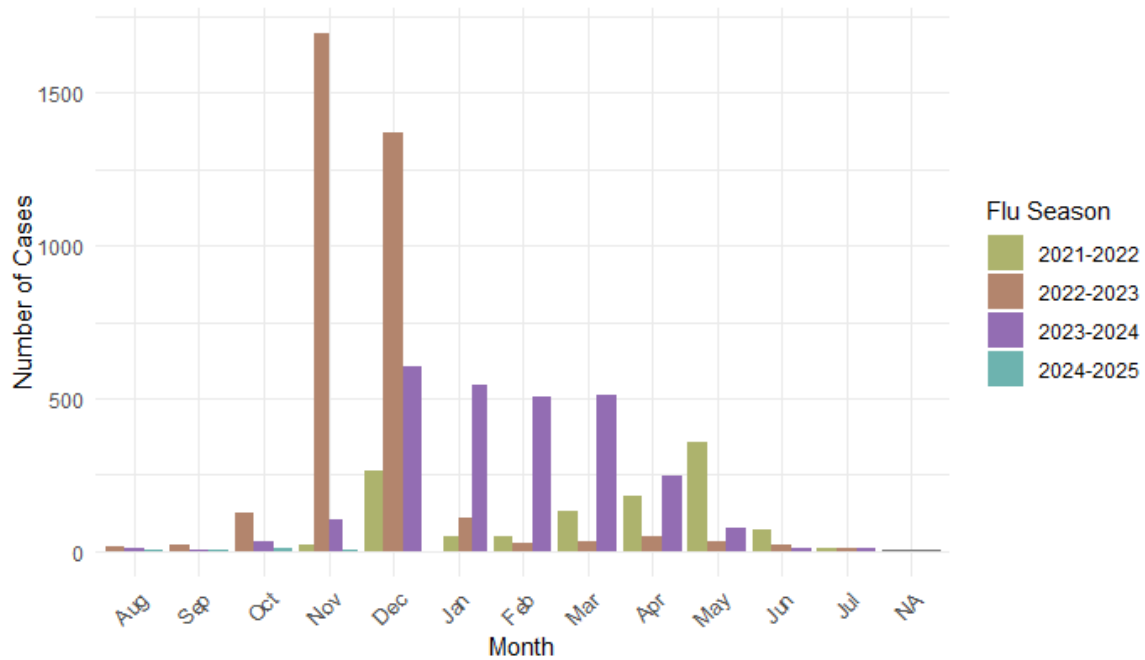
WEEK ENDING NOVEMBER 9, 2024

BRIDGEPORT

NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2024)
1	-80%	16

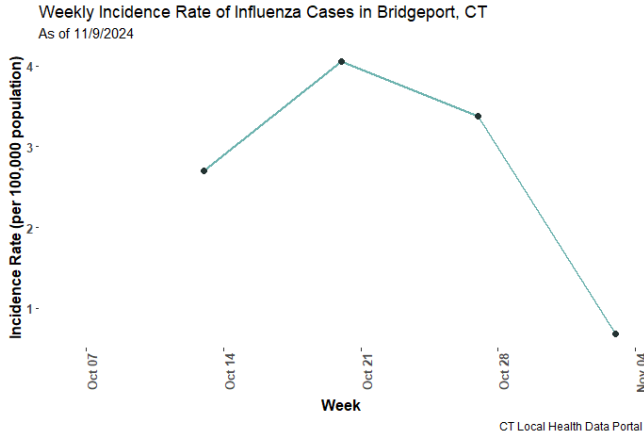
Influenza Cases per Month

As of 11/9/2024



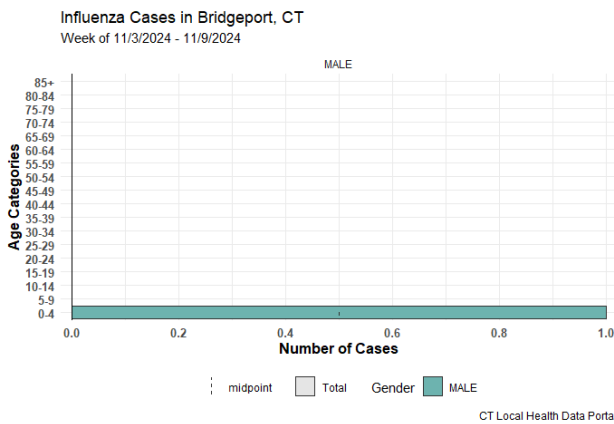
CT Local Health Data Portal

There was only one new reported case of influenza this week, continuing the trend of weekly influenza cases being lower than normal for this time of year.



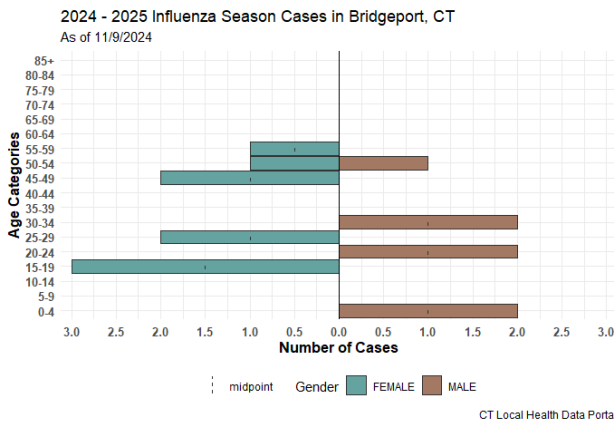
INCIDENCE RATE

The incidence rate dropped dramatically this week and remains low for the flu season to date.



WEEK ENDING 11/16/2024

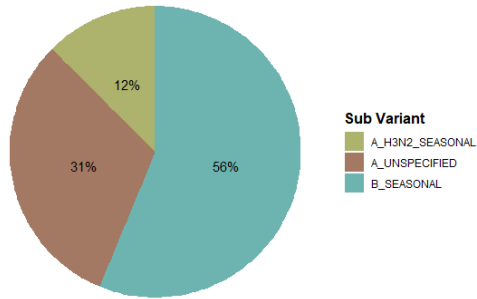
One new case in a child 0-4 years old, the first case we have seen in that age group for this flu season.



2024-2025 SEASON

Cases are distributed evenly between Male and Female identified patients and there is no significant trend in age groups appearing to date.

Distribution of Sub-Variants
As of 11/9/2024

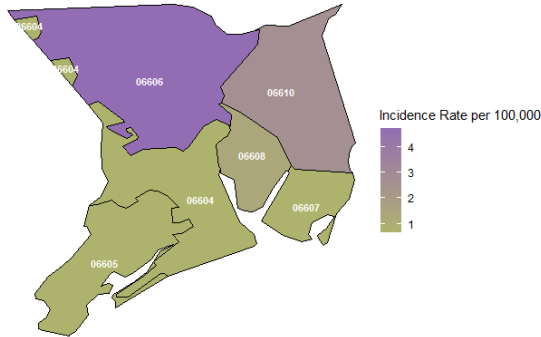


CT Local Health Data Portal

VIRUS VARIANT

The sub-variant identification remains predominantly influenza type B, but unspecified type A is increasing, as is expected.

Heatmap of Incidence Rate by ZIP Code in Bridgeport, CT
Influenza Case Distribution, 2024-2025 Flu Season



Source: CT Local Health Data Portal Provided Data

INCIDENCE RATE BY ZIP CODE

Incidence rates of influenza remain highest in the 06606 zip code and lowest in the 06604, 06605, and 06607 zip codes.

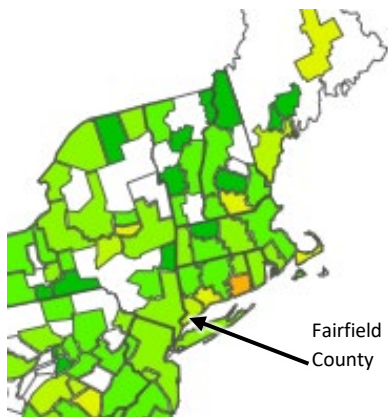
CONNECTICUT



A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

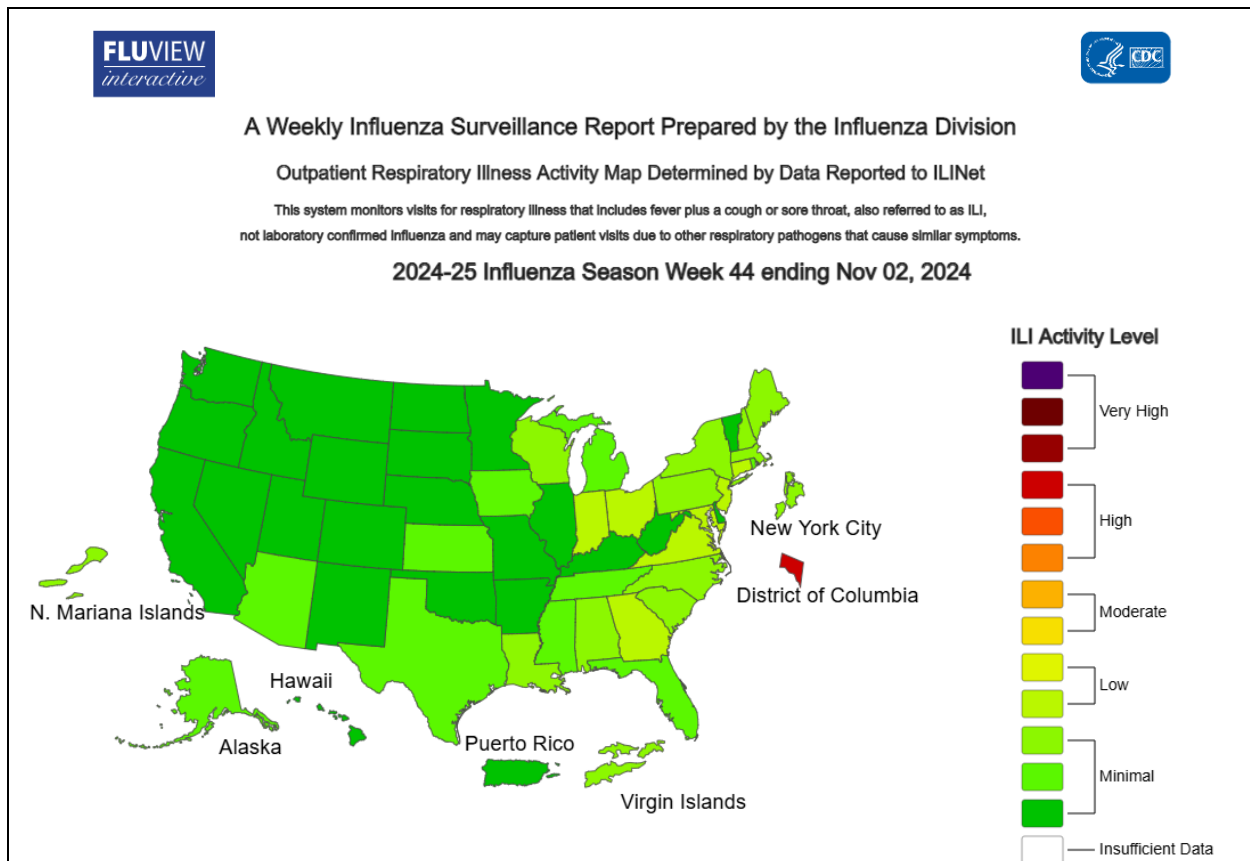
This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



Fairfield County continues to be at low levels of ILI activity, as is the New York City metropolitan area. Typically we would see an increase in ILI activity in NYC first and then an increase in Fairfield County so we will be watching what is happening in NYC closely.

All state/regions, with the exception of the District of Columbia, remain at low or minimal levels of ILI activity.

UNITED STATES



*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

DATA SOURCES

- CT Local Health Data Portal
- [CDC FluView – Weekly Influenza Summary](#)