



BLACK ROCK SENIOR CENTER

2676 FAIRFIELD AVE, BPT CT 06605
(ACROSS FROM THE BLACKROCK LIBRARY)
203-576-7258

FREE TO 55 AND OLDER to JOIN

JUNE 2024 CALENDER OF EVENTS

(THIS IS IN ADDITION TO OUR WEEKLY REGULAR SCHEDULE)

NUTRITION, PHYSICAL AND DIABETES EDUCATIONAL **SERIES** (FREE)

STARTING MONDAY JUNE 10TH FOR 9 MONDAYS

CERTIFIED DIABETES EDUCATOR

BLACKROCK SENIOR CENTER

11:30 AM

THIMBLE ISLAND TRIP

(\$ FOR LUNCH) \$17 IN ADVANCE

WEDNESDAY JUNE 19TH

FROM BLACKROCK SENIOR CENTER

BUS LEAVE AT 10AM PROMPT

KEEPING YOUR MEMORY STRONG (FREE).

AMAZING SPECIALIST **A CLASS NOT TO MISS**

PRESENTED BY HARTFORD HEALTHCARE CENTER FOR HEALTH AGING

THURSDAY JUNE 20TH

BLACKROCK SENIOR CENTER

11:30 AM TO 12:30 PM

THIS PROGRAM WILL OFFER INFO ABOUT YOUR BRAIN, DEMENTIA AND TIPS TO KEEP YOUR BRAIN SHARP

TAI CHI WITH JONATHON (FREE)

MONDAY JUNE 24TH

MEET AT ST MARY'S BY THE SEA

(IF RAIN, CLASSES WITH BE AT THE CENTER)

10 AM

PRESENTATION ON FRAUD (FREE)

TUESDAY JUNE 25TH

PRESENTED BY M&T BANK

BLACKROCK SENIOR CENTER

11:30 AM

POOL TABLE/BOOK EXCHANGE/CHAT SESSIONS/LOCAL NEWS