## **West Nile Virus**





WNV is spread through the bite of an infected mosquito



Most people infected with WNV never develop symptoms



WNV has been detected in CT every year since 1999



About 1 in 5 people infected with WNV develop a fever WNV is the most prevalant mosquitoborne disease in the US



If you feel ill contact your primary care provider or doctor

## **Control Mosquitos Indoors and Outdoors**

- Eliminate standing water suitable for mosquitos
- Drill holes in the bottom of containers, such as those used for recycling
- Turn over objects that may trap water when not in use, such as wading pools and wheelbarrows
- Be sure door and window screens are tight fitting and in good repair

## **Protect Yourself from Mosquito Bites**

- Minimize outdoor activities at dawn and dusk when mosquitos are most active
- Wear shoes, socks, long pants, and long sleeved shirts. Clothing should be tightly woven and loose fitting
- Use mosquito repellants containing DEET, picaridin, oil of lemon eucalyptus, IR3535, or 2-undercanone, and <u>apply according to</u> <u>directions</u> when you go outdoors

## Source: CT DPH, CDC