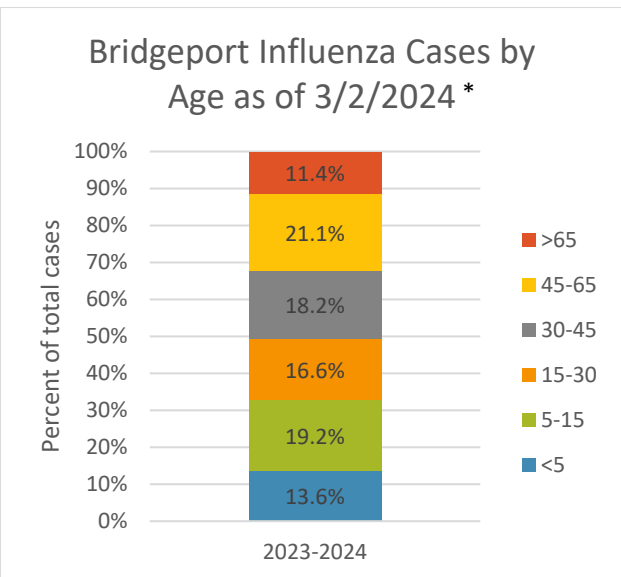
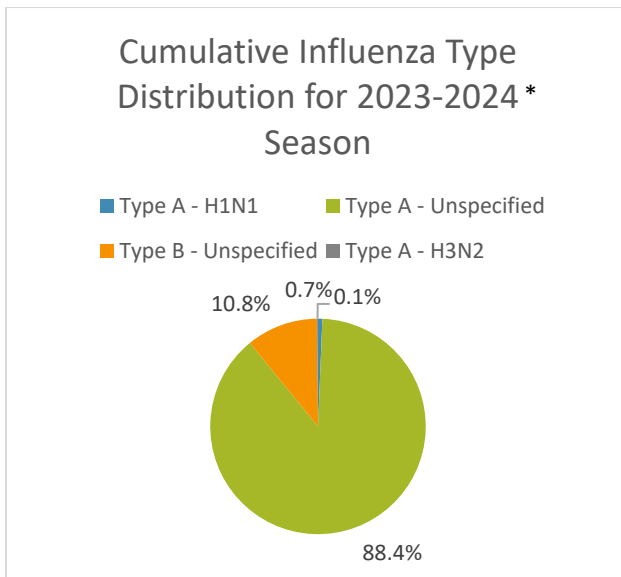
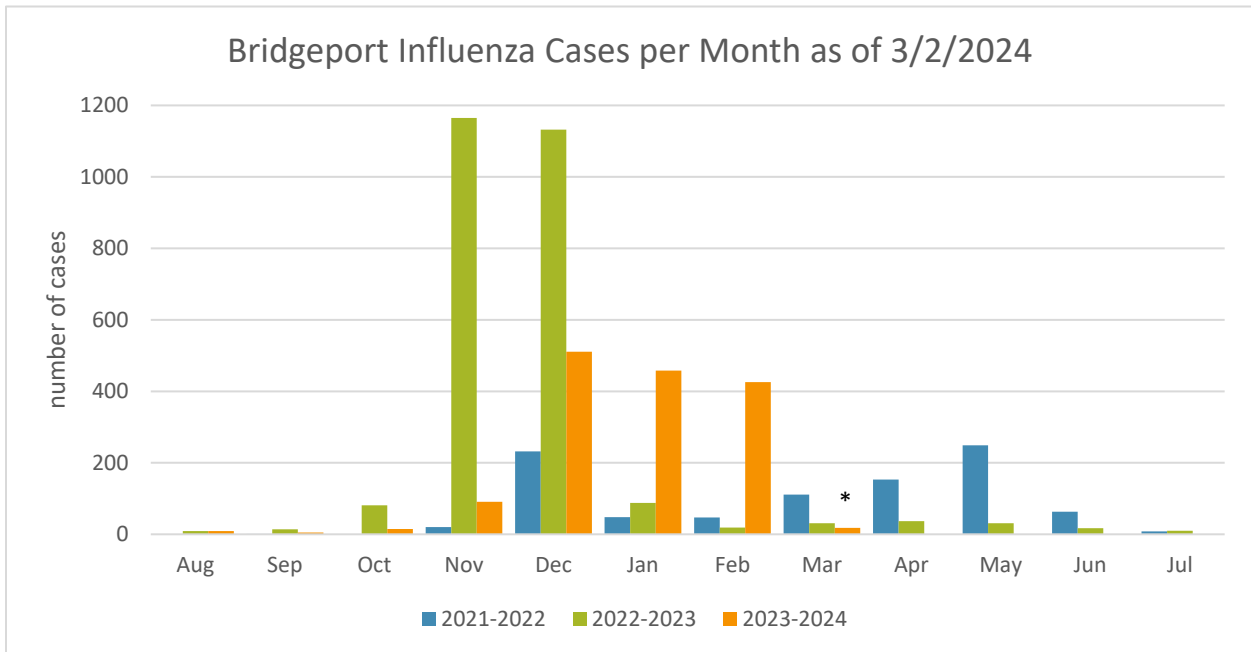


INFLUENZA EPI REPORT: 2023-2024

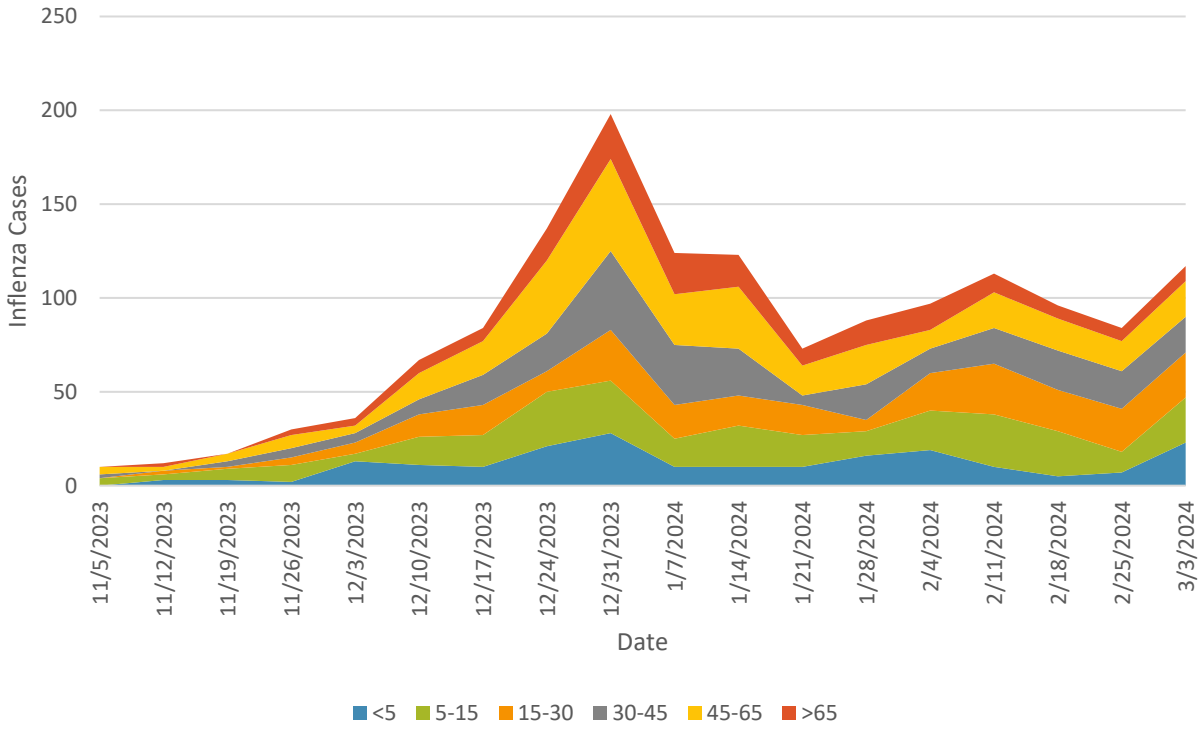
WEEK 9 – MARCH 2, 2024

BRIDGEPORT – CASES REPORTED THROUGH MARCH 2, 2024

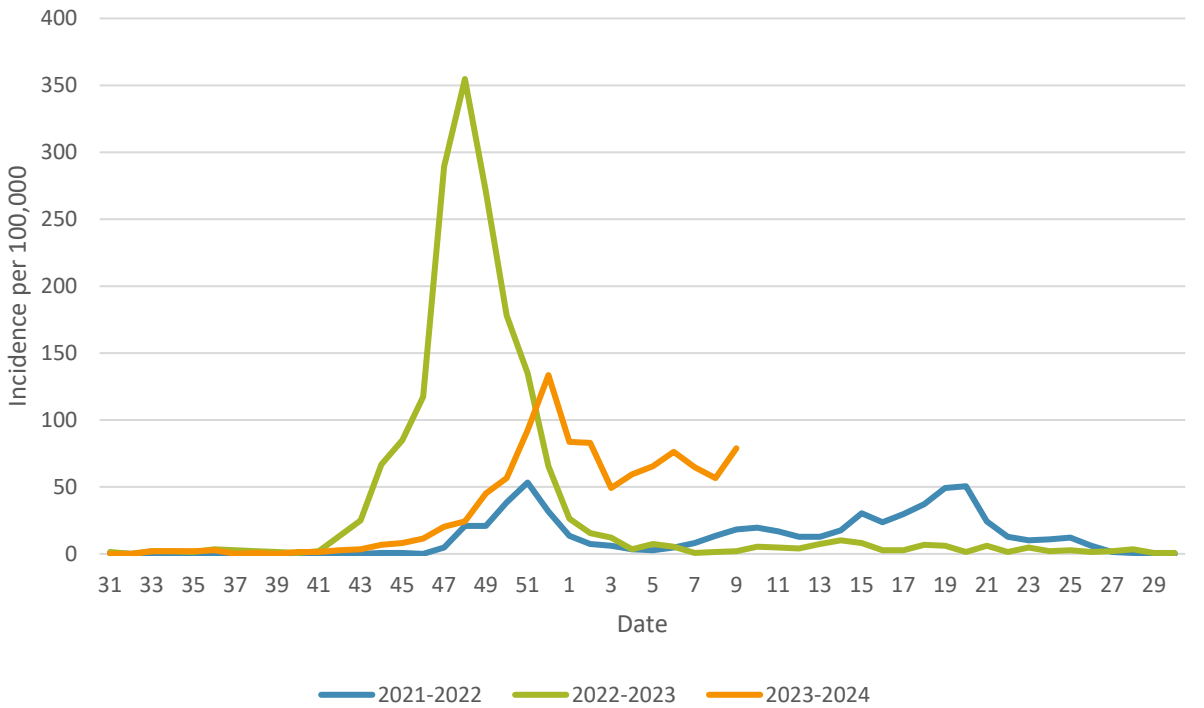
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
117	↑ 39.3%	1,519

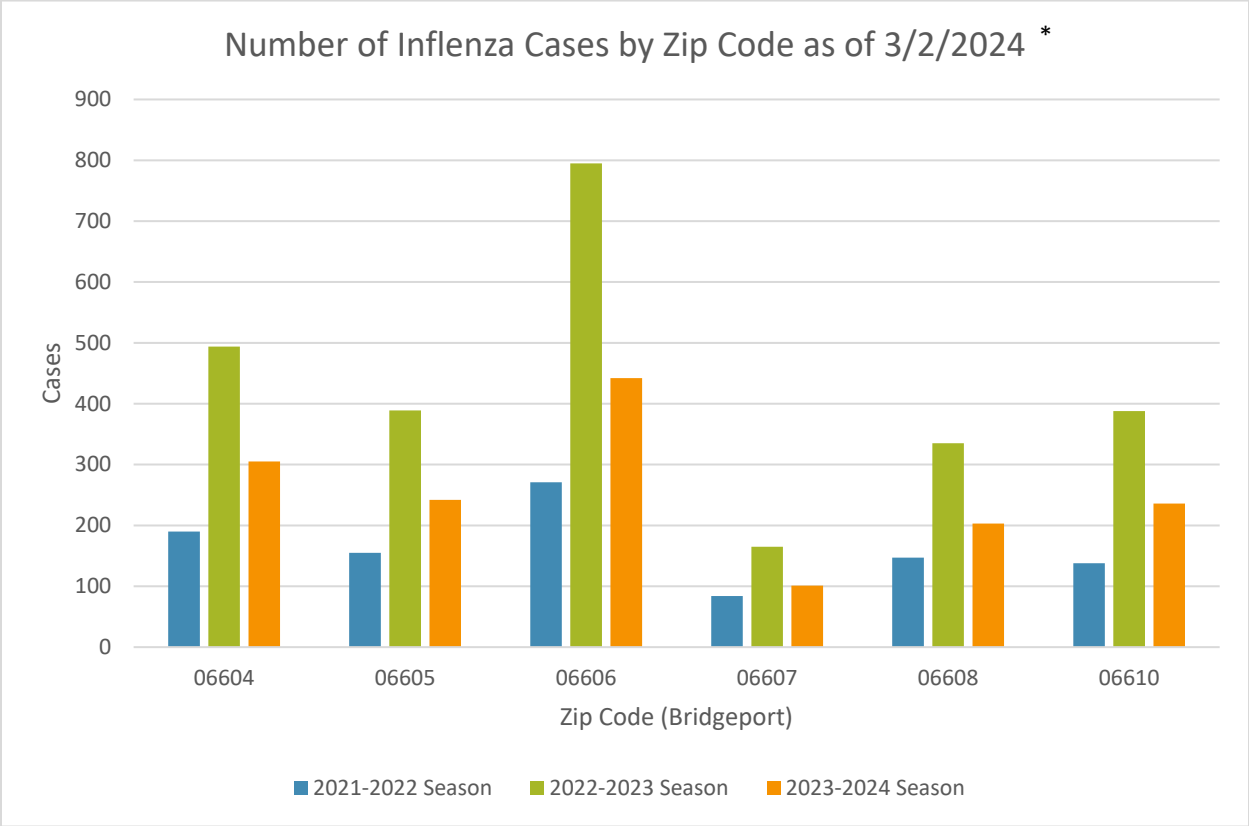
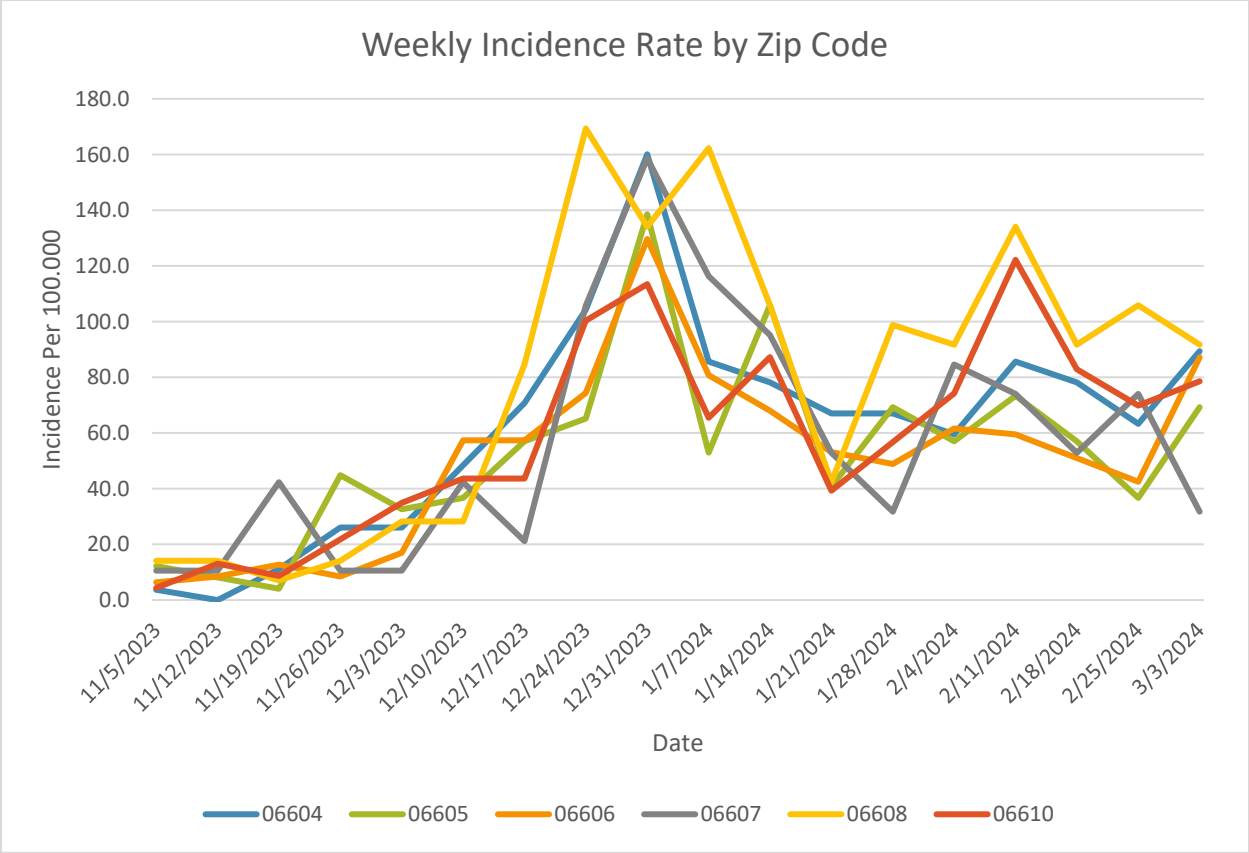


Weekly Number of New Influenza Cases by Age
2022-2023 Season



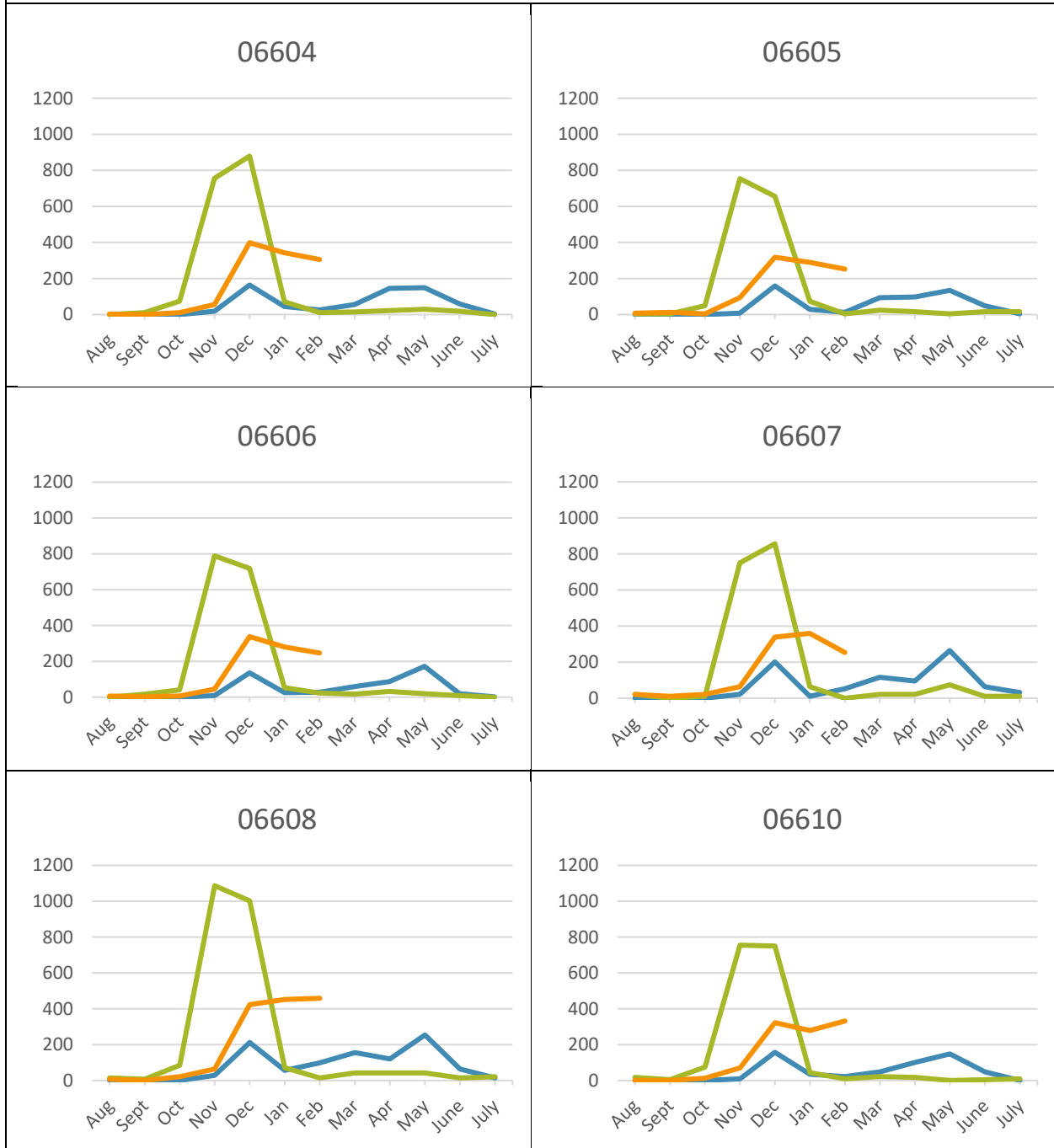
Influenza Weekly Incidence Rate in Bridgeport as of 3/2/2024





Influenza Monthly Incidence Rate per 100,000 by Zip Code as of 3/2/2024

— 2021-2022
 — 2022-2023
 — 2023-2024

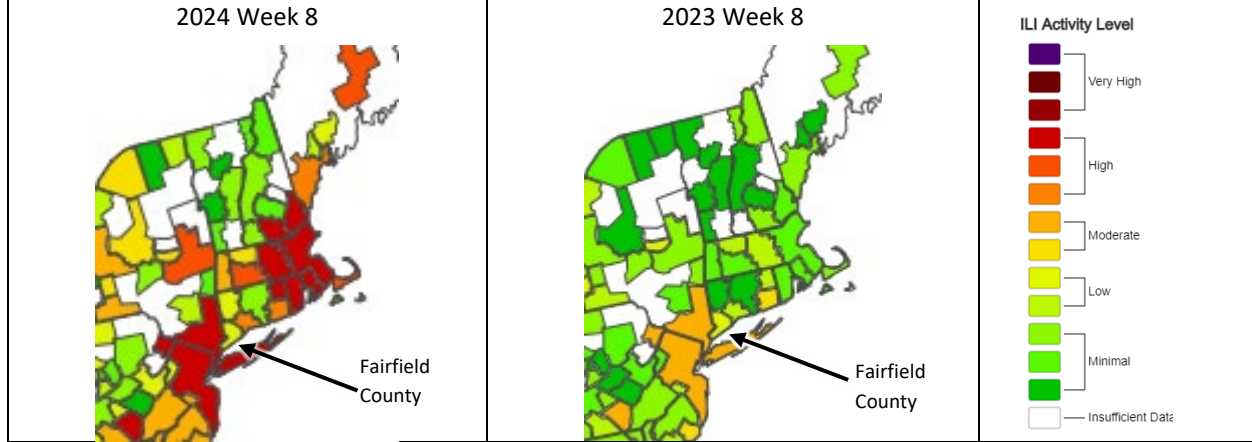




A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



	Week ending 2/24/2024	Total this season
CT Influenza Cases	1,325	19,699
CT Influenza Hospitalizations	141	1,381
CT Influenza Deaths	3	68

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2020-2024

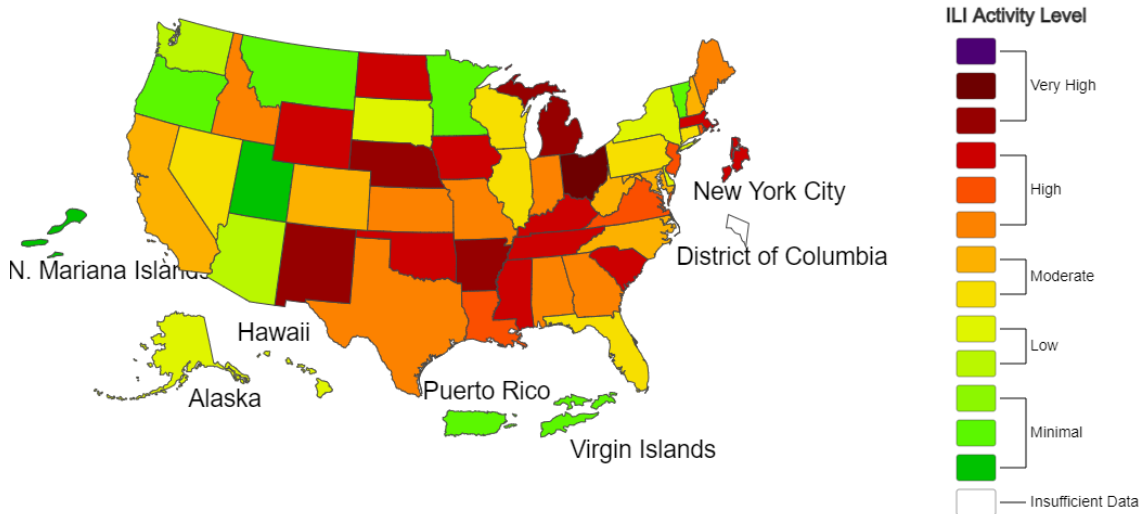


A Weekly Influenza Surveillance Report Prepared by the Influenza Division

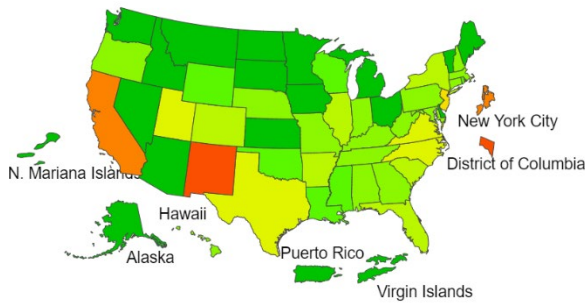
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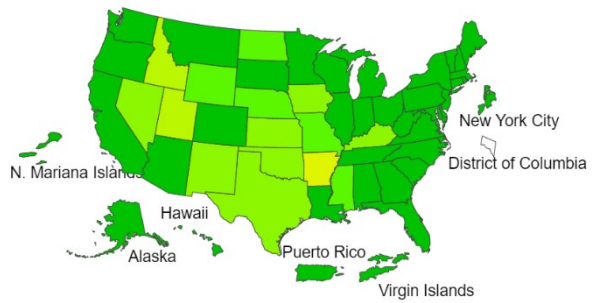
2023-24 Influenza Season Week 8 ending Feb 24, 2024



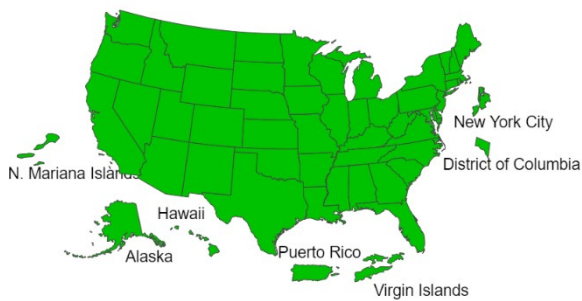
2022-23 Influenza Season Week 8 ending Feb 25, 2023



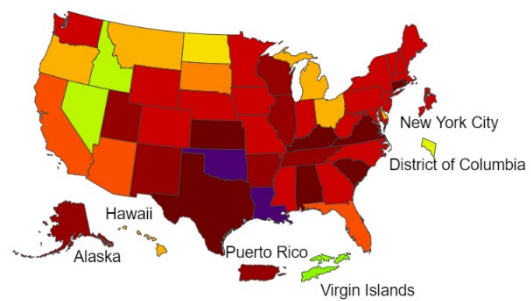
2021-22 Influenza Season Week 8 ending Feb 26, 2022



2020-21 Influenza Season Week 8 ending Feb 27, 2021



2019-20 Influenza Season Week 8 ending Feb 22, 2020



*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

SUMMARY

There were 117 new laboratory confirmed cases of influenza reported in Bridgeport for the week ending 3/2/2024; this is a 39.3% increase as compared to the previous week, bringing the total number of cases since 10/01/2023 to 1,519 for Bridgeport. The incidence rate increased from last week (56.7 per 100,000 to 78.9 per 100,000). The incidence rate has been between 50 and 80 per 100,000 for the past 7 weeks. This is not expected as in previous years we have seen a greater decrease in the incidence of influenza after the early winter spike in cases. By zip code, 06607 and 06608 experienced decreases in incidence rate while the other four zip codes in Bridgeport all experienced increases in the incidence rate of influenza. When examining the incidence rate per month by zip code, 06608 and 06610 both experienced an increase in incidence rate from January to February while the other zip codes all saw a decrease.

There were 1,325 new influenza cases in Connecticut, 141 new hospitalizations, and 3 new deaths were reported this week. Fairfield County is at low levels of influenza like illness (ILI) activity while the NYC metro area and New Haven County are at high levels.

Connecticut is at moderate levels of ILI activity while New York is at low levels. Rhode Island and Massachusetts, on the other hand, are at high levels of ILI activity. While there are still some hot spots of very high ILI activity, overall, the levels are continuing to lower in the Southeastern US.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)



Updated March 4, 2024

*data are incomplete

[Flu Vaccine Information \(website\)](#)

DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Weekly Viral Respiratory Disease Update](#)
- [CDC FluView – Weekly Influenza Summary](#)