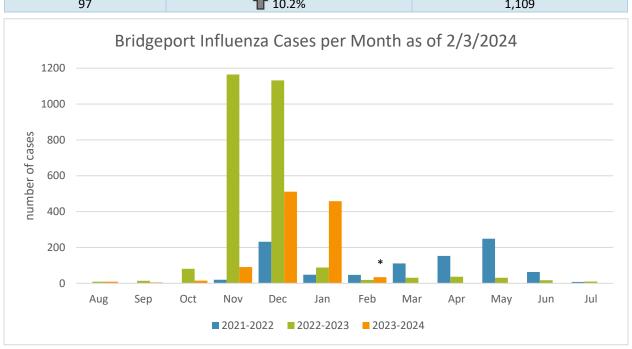
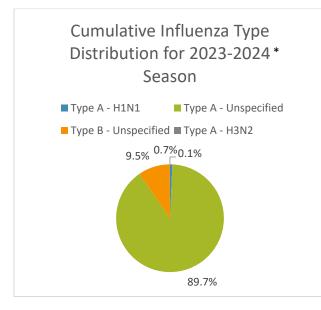
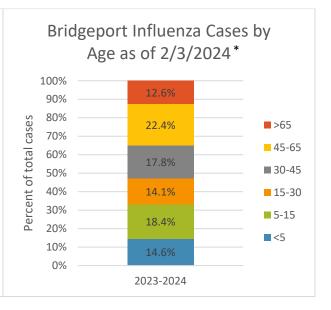


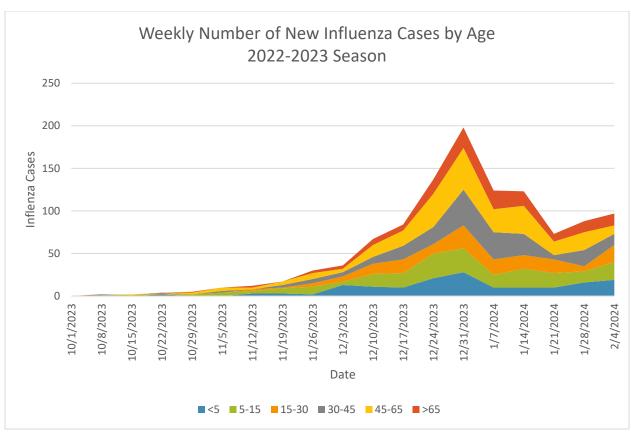
BRIDGEPORT - CASES REPORTED THROUGH FEBRUARY 3, 2024

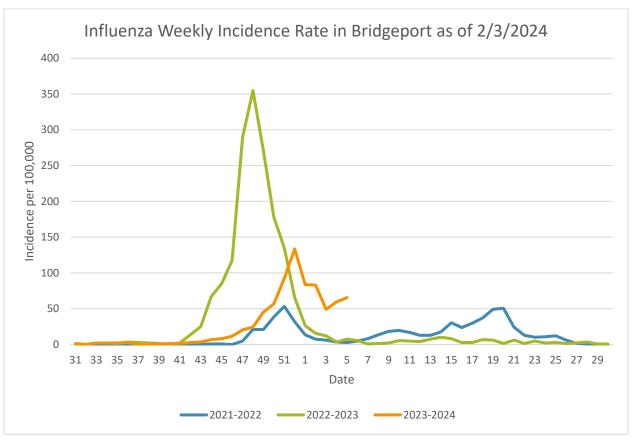
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
97	1 0.2%	1,109

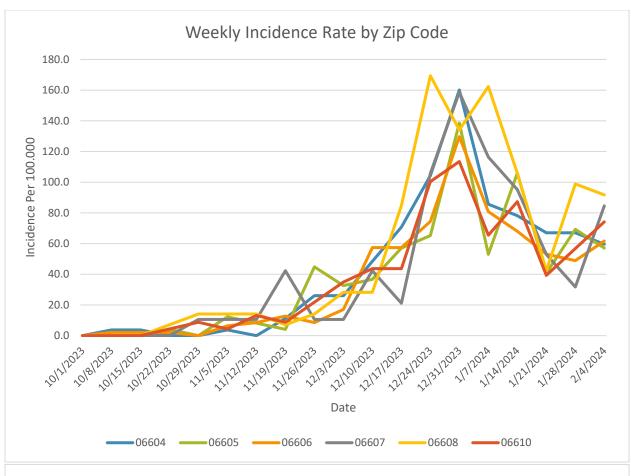


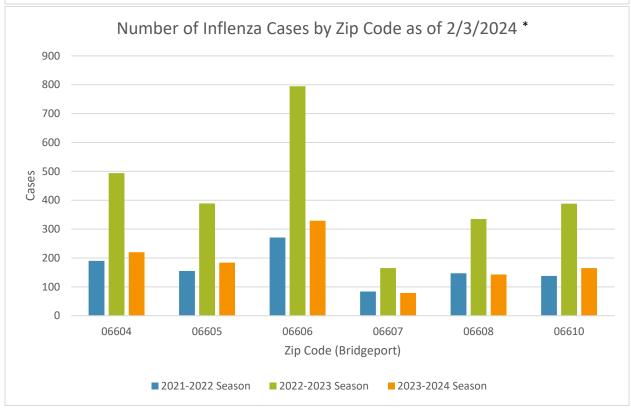




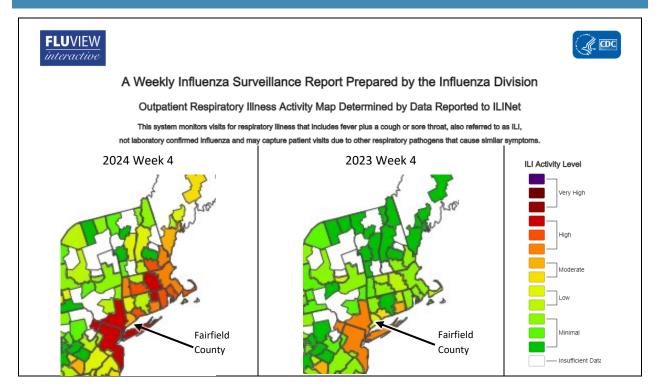






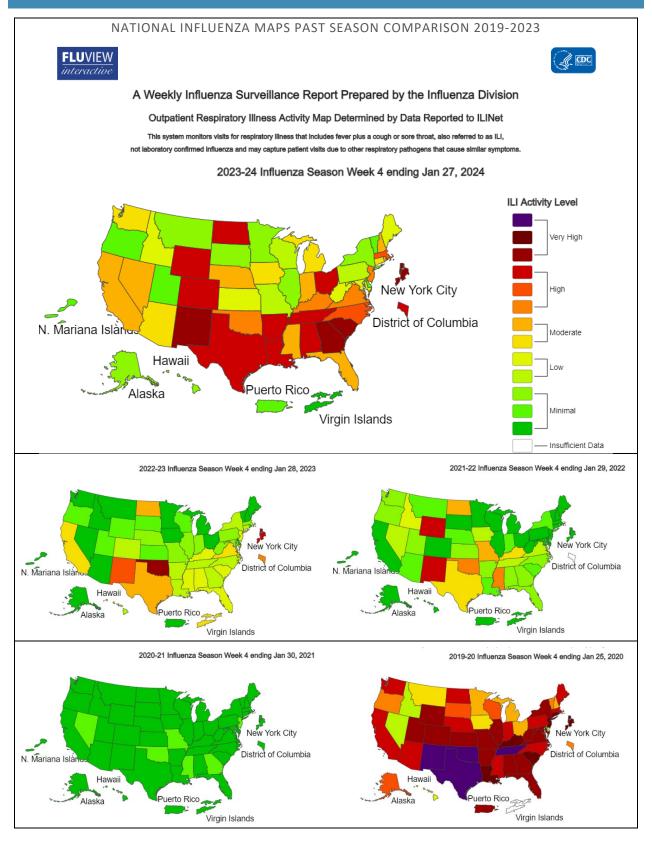


CONNECTICUT - WEEK 4 ENDING JANUARY 27, 2024



	Week ending 1/27/2024	Total this season
CT Influenza Cases	1,318	14,730
CT Influenza Hospitalizations	98	945
CT Influenza Deaths	4	55

UNITED STATES - WEEK 4 ENDING JANUARY 27, 2024



- *This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.
- *Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.
- *Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.
- *Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

SUMMARY

There were 97 new laboratory confirmed cases of influenza reported in Bridgeport for the week ending 2/3/2024; this is a 10.2% increase as compared to the previous week, bringing the total number of cases since 10/01/2023 to 1,109 for Bridgeport. Cases continue to impact the 45-65 year age group more heavily than any other (with 22.4% of the reported cases), with the 5-15 year age group as the second most impacted (with 18.4% of the reported cases). The incidence rate increased slightly from last week (59.4 per 100,000 to 65.4 per 100,000). Three zip codes in Bridgeport saw increasing incidence rates for the flu, 06606, 06607, and 06610. The other three zip codes saw slight decreases in incidence rate.

There were approximately 1,318 new influenza cases in Connecticut this week, 98 hospitalizations, and 4 deaths. Fairfield County has decreased to moderate levels of influenza like illness (ILI) activity along while New Haven County and the NYC metro region remain at high levels of activity.

Connecticut is at moderate levels of ILI activity for the second week in a row. Nationally, there are 4 states/regions at very high ILI activity levels, 16 states/regions at high levels, and 13 states/regions at moderate levels. ILI activity levels are decreasing across most of the US.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

How does the flu make you sick? (video)

What should you do if you have the flu? (video)

Is it the flu or COVID-19? (website)

Flu Vaccine Information (website)



DATA SOURCES

- CTEDSS Bridgeport Influenza Cases
- <u>CT DPH Weekly Viral Respiratory Disease Update</u>
- <u>CDC FluView Weekly Influenza Summary</u>