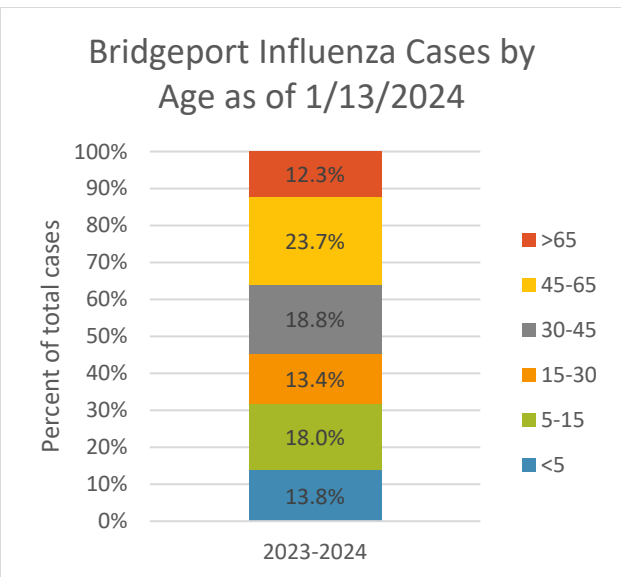
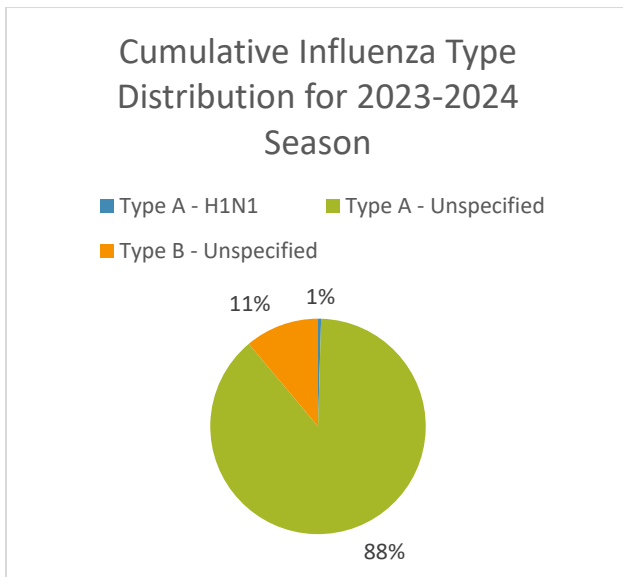
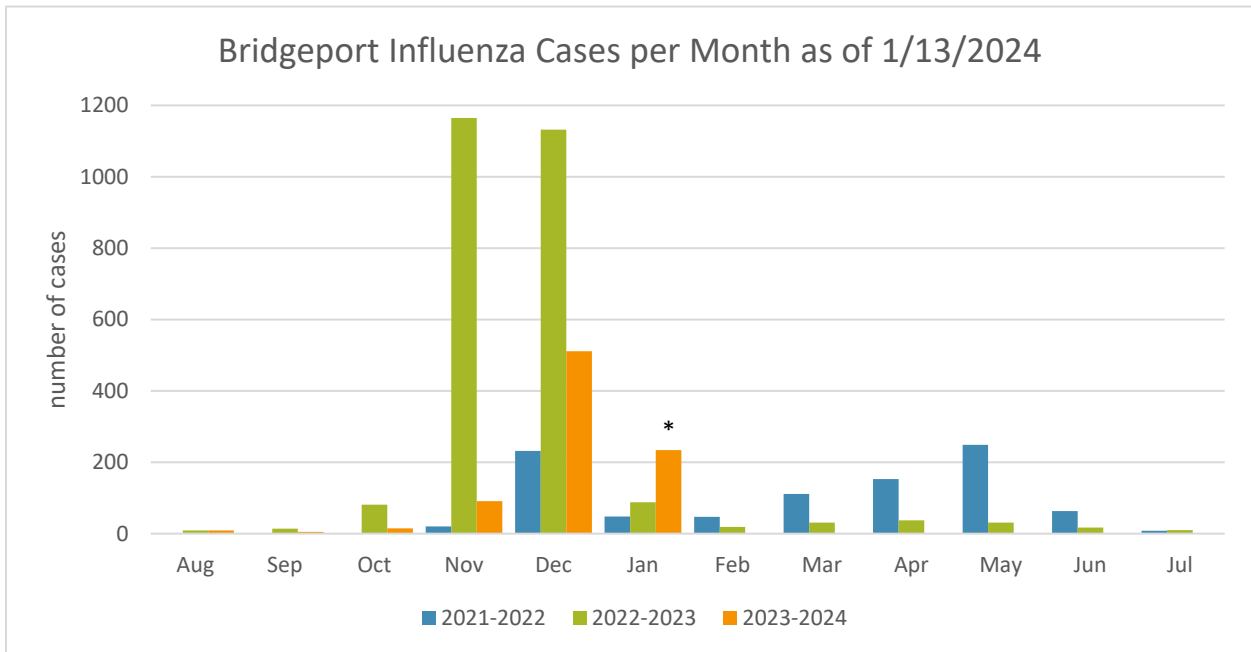


# INFLUENZA EPI REPORT: 2023-2024

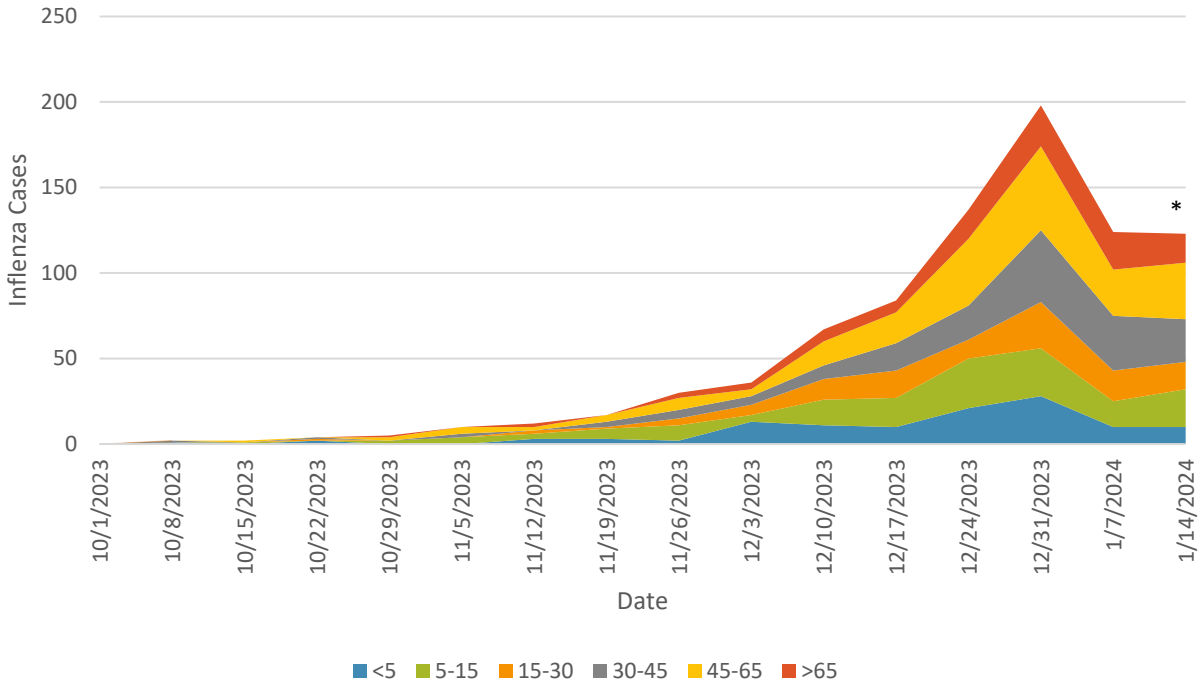
WEEK 2 – JANUARY 13, 2024

## BRIDGEPORT – CASES REPORTED THROUGH JANUARY 13, 2024

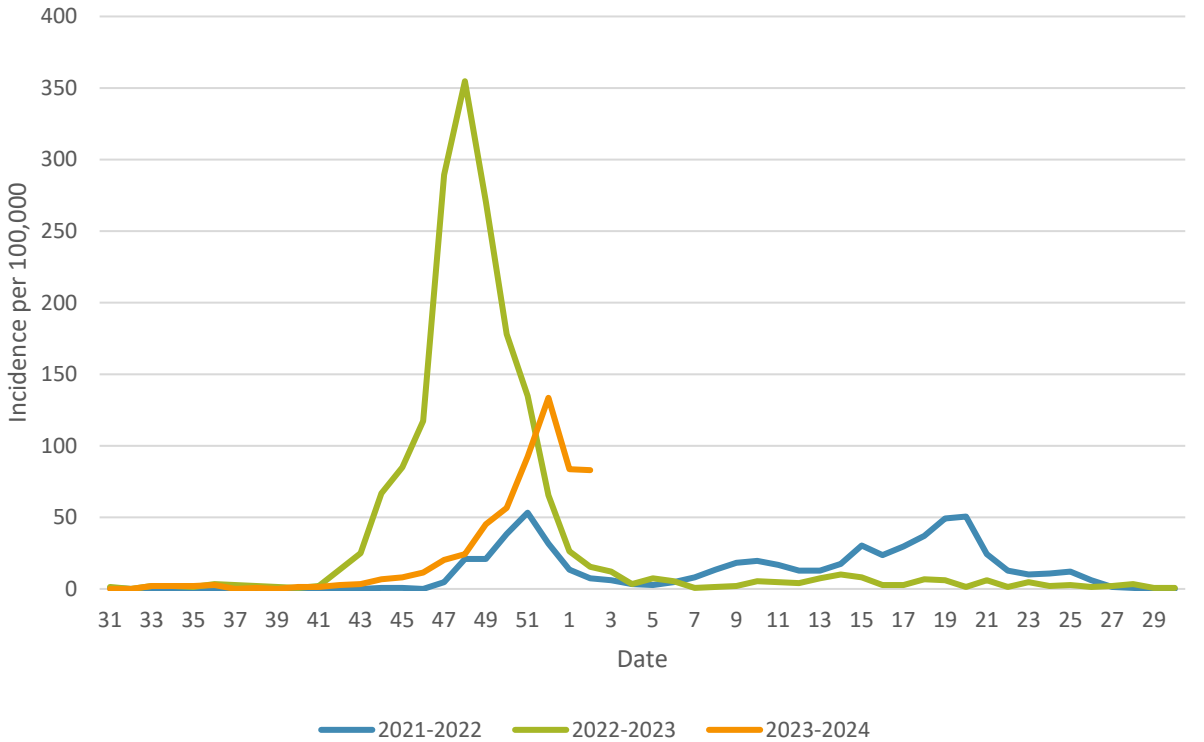
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
123	↓ 0.8%	851



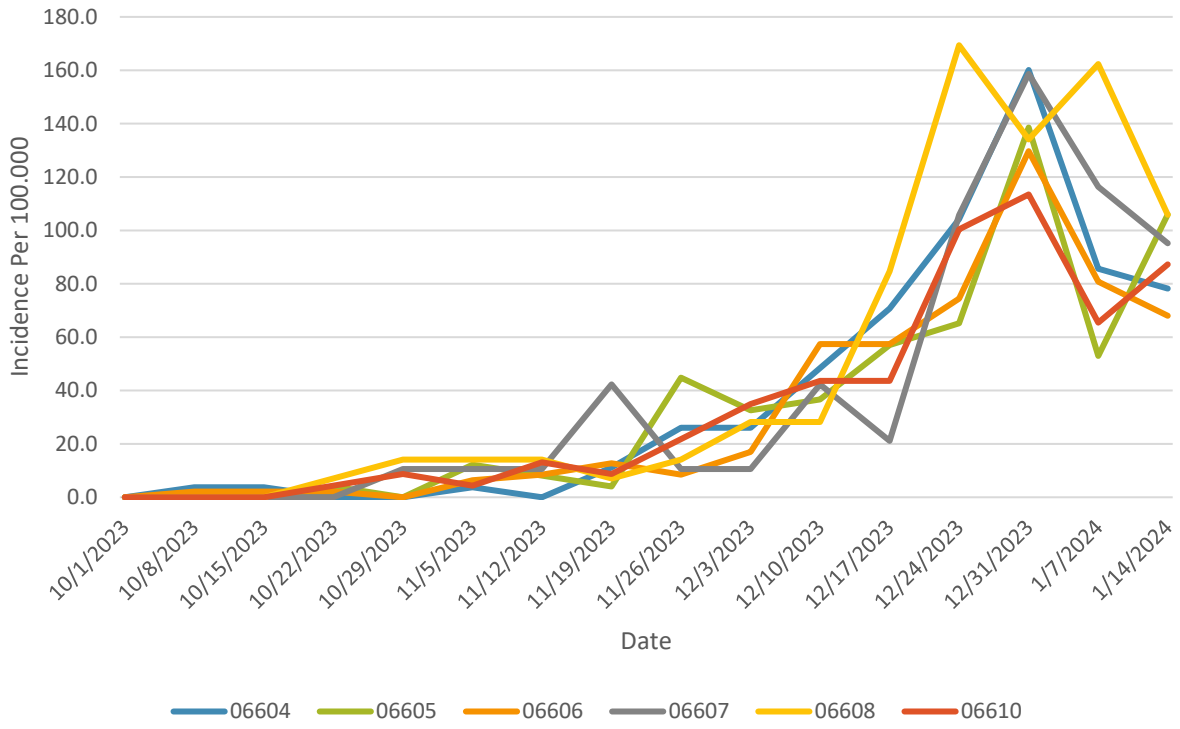
Weekly Number of New Influenza Cases by Age  
2022-2023 Season



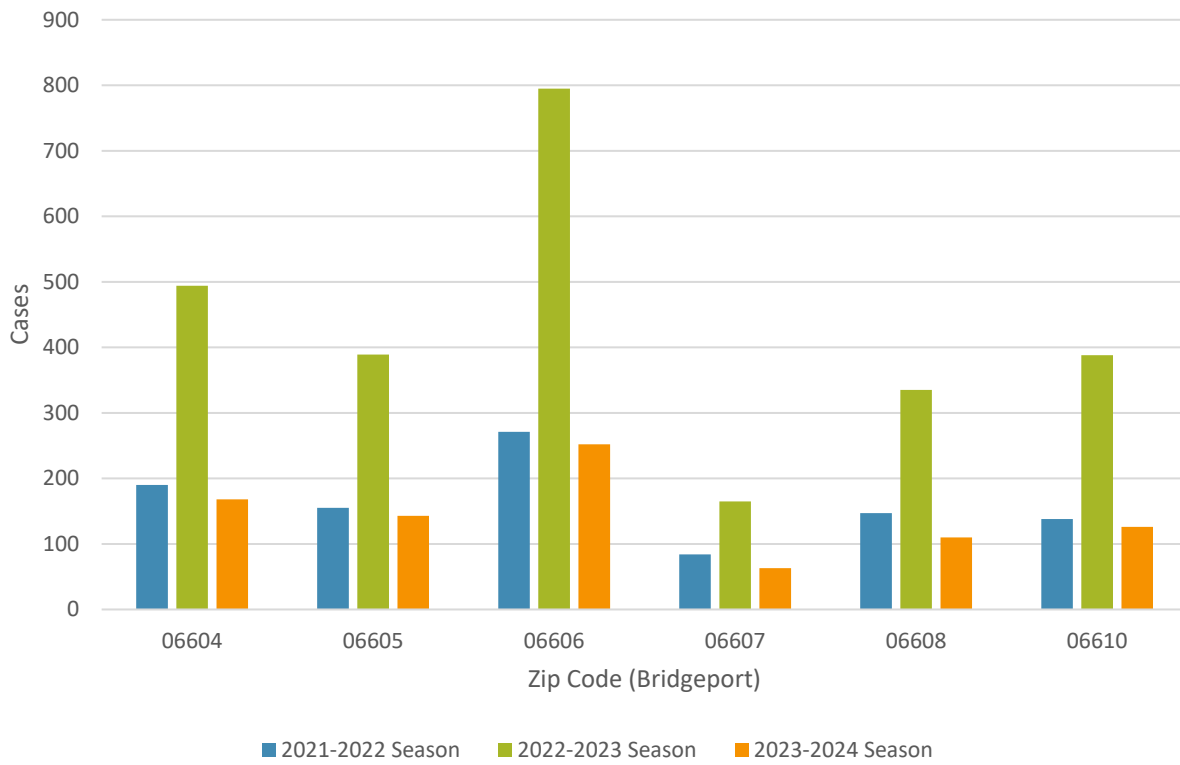
Influenza Weekly Incidence Rate in Bridgeport as of 1/13/2024



Weekly Incidence Rate by Zip Code



Number of Influenza Cases by Zip Code as of 1/13/2024

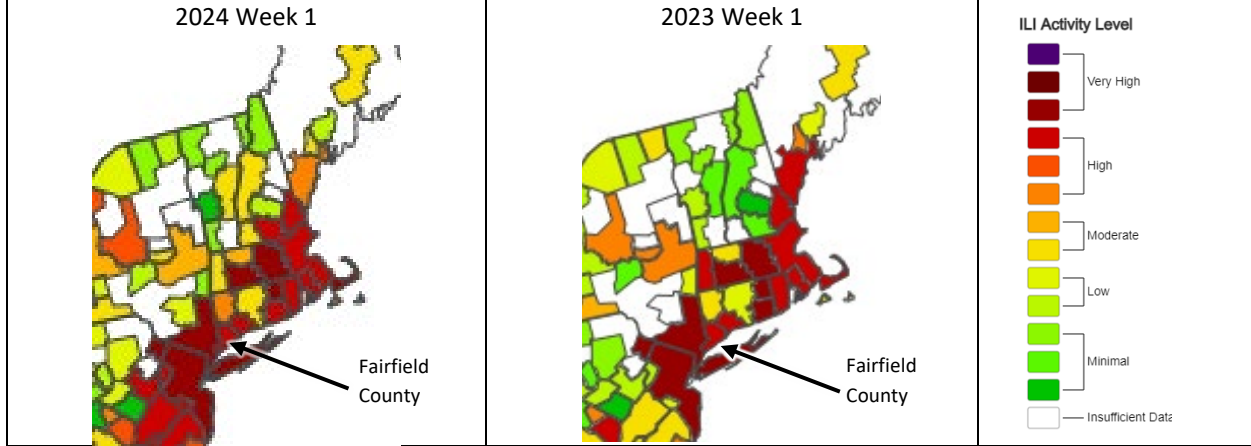




A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



	<b>Week ending 1/6/2024</b>	<b>Total this season</b>
<i>CT Influenza Cases</i>	1,943	9,012
<i>CT Influenza Hospitalizations</i>	105	552
<i>CT Influenza Deaths</i>	2	20

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2019-2023

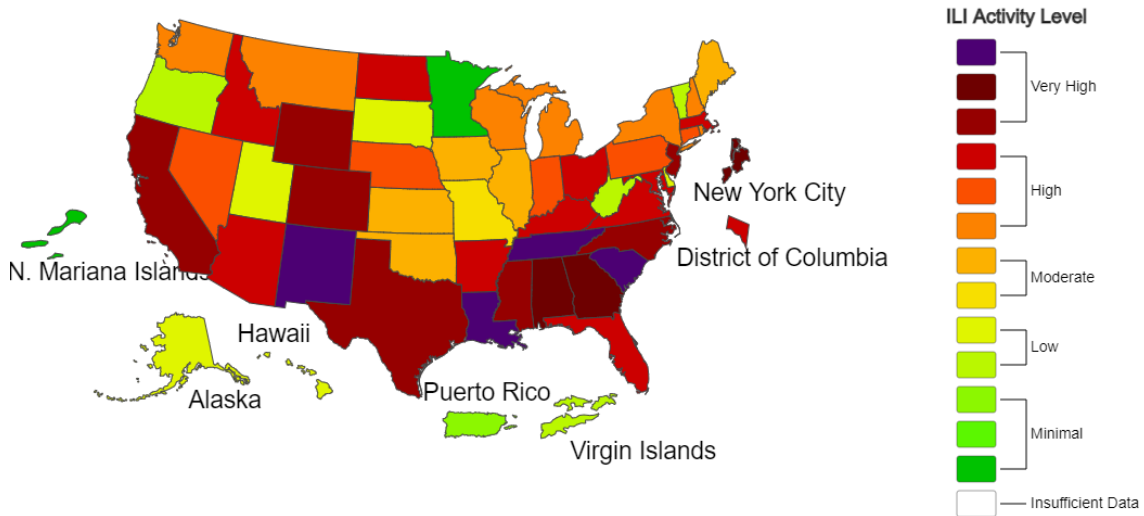


A Weekly Influenza Surveillance Report Prepared by the Influenza Division

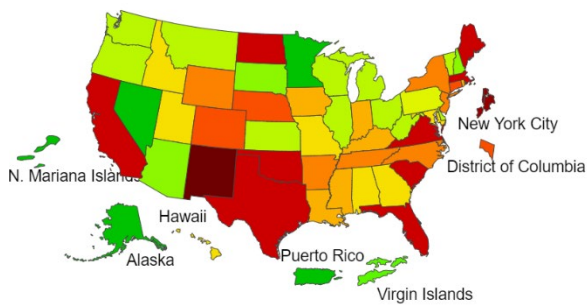
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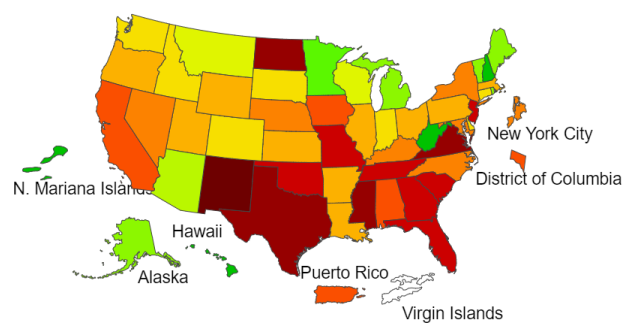
2023-24 Influenza Season Week 1 ending Jan 06, 2024



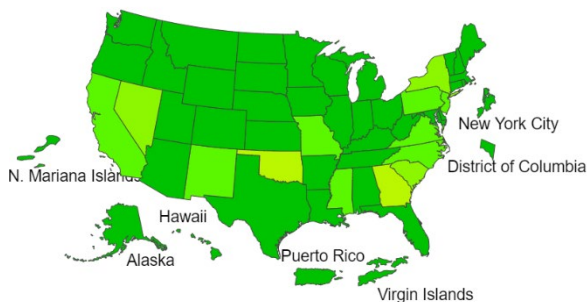
2022-23 Influenza Season Week 1 ending Jan 07, 2023



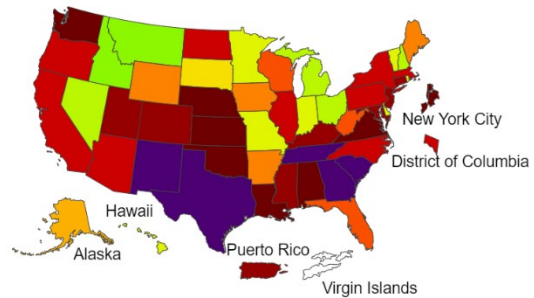
2021-22 Influenza Season Week 1 ending Jan 08, 2022



2020-21 Influenza Season Week 1 ending Jan 09, 2021



2019-20 Influenza Season Week 1 ending Jan 04, 2020



\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## SUMMARY

There were 123 new laboratory confirmed cases of influenza reported in Bridgeport for the week ending 1/13/2024; this is a 0.8% decrease as compared to the previous week, bringing the total number of cases since 10/01/2023 to 851 for Bridgeport. Cases continue to impact the 45-65 year age group more heavily than any other (with 23.7% of the reported cases), with the 30-45 year age group as the second most impacted (with 18.8% of the reported cases). The incidence rate remains steady from last week (83.0 per 100,000 population). It appears that we have passed the peak of winter influenza cases, but we are still above the endemic levels seen outside of flu season. Except for 06605, all zip codes in Bridgeport saw decreasing incidence rates for the flu. 06605 experienced an increase in incidence rate this week, but it maintains an incidence rate comparable to the other regions of Bridgeport. This indicates that the flu is spreading through Bridgeport and is not focused in a specific area or neighborhood.

There were approximately 1,943 new influenza cases in Connecticut this week, 105 hospitalizations, and 2 deaths. Fairfield County is at high levels of influenza like illness (ILI) activity along with New Haven County, while the NYC metro region is at very high levels of activity.

Connecticut is at high levels of ILI activity, as is New York State. The Southeastern US is at very high levels of ILI activity as are parts of the Southwestern US. ILI activity is increasing in the Northeast and upper Midwest, but these regions have yet to have the same very high levels of ILI activity as is seen in the Southern US. This data is reported a week behind the data for Bridgeport, so we can hope to see the ILI activity start to decrease across the US as we are seeing influenza cases decrease locally.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)



## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Weekly Viral Respiratory Disease Update](#)
- [CDC FluView – Weekly Influenza Summary](#)