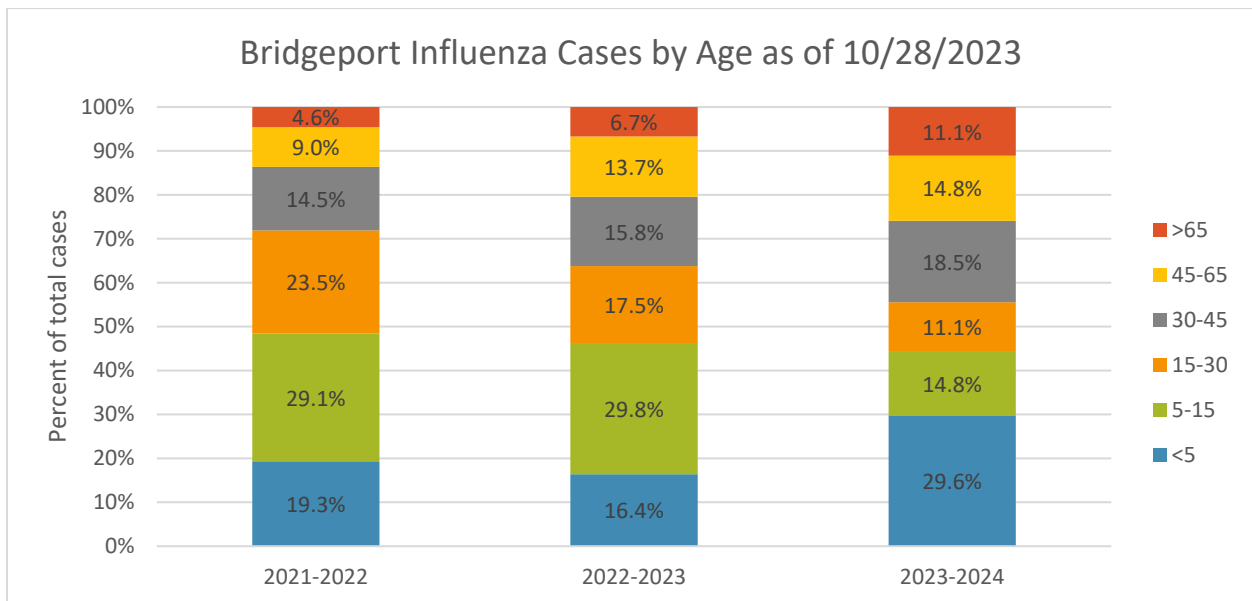
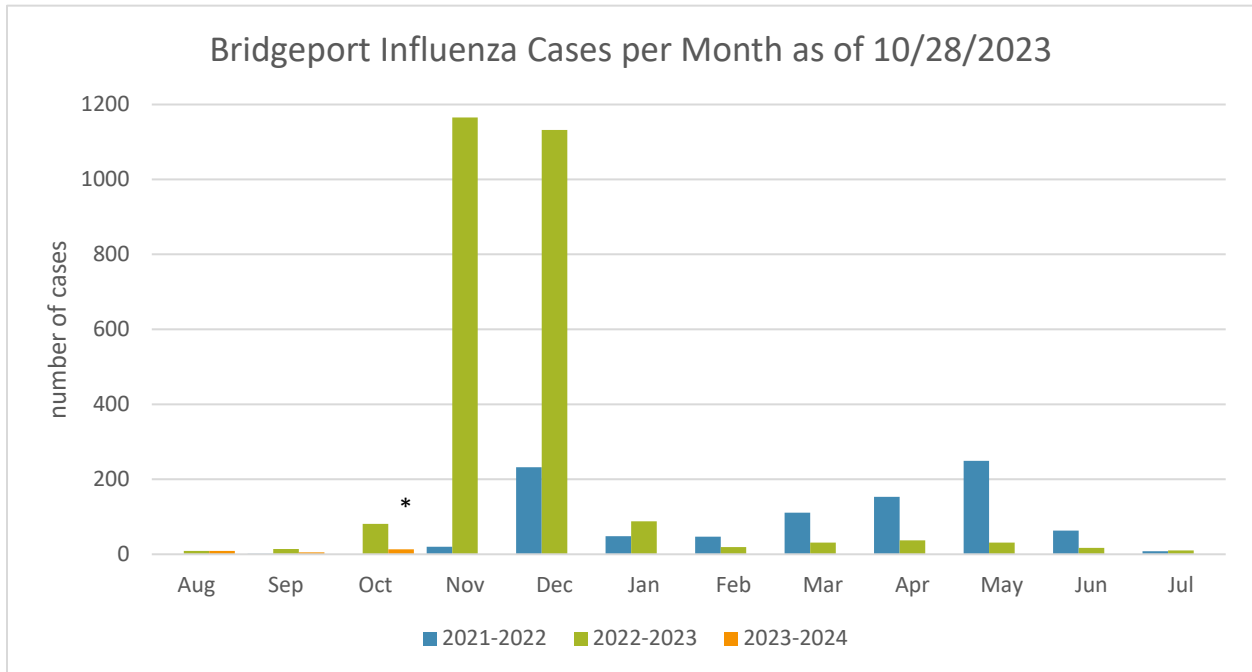




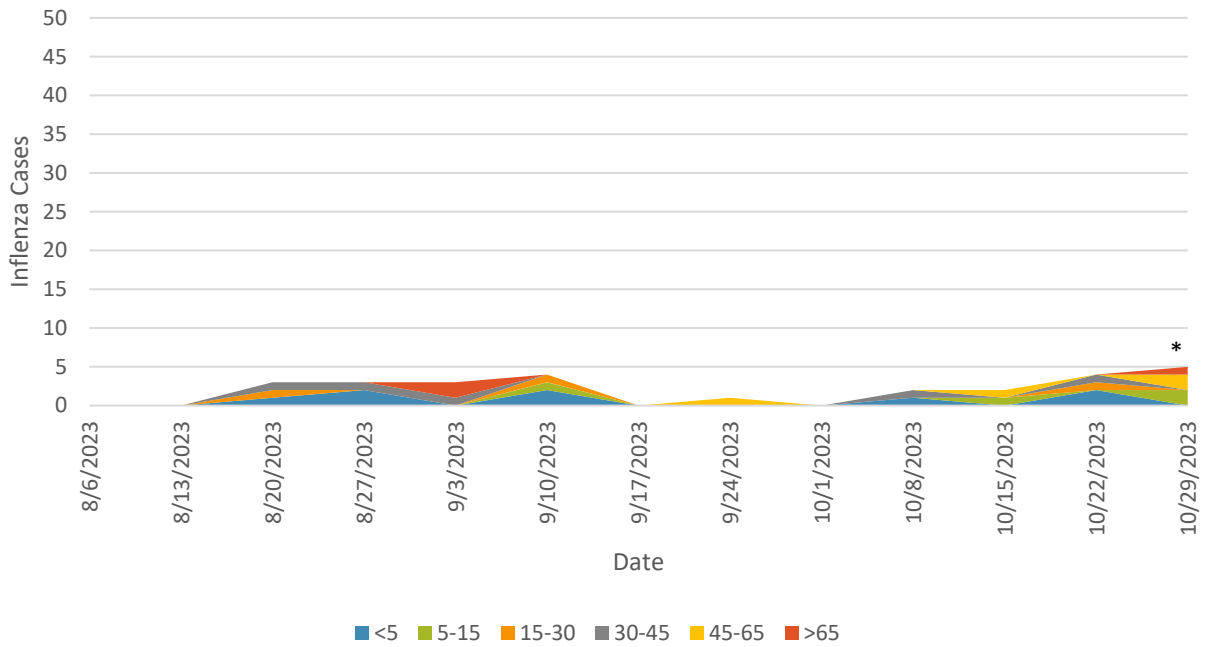
INFLUENZA EPI REPORT: 2022-2023

WEEK 43 – OCTOBER 28, 2023

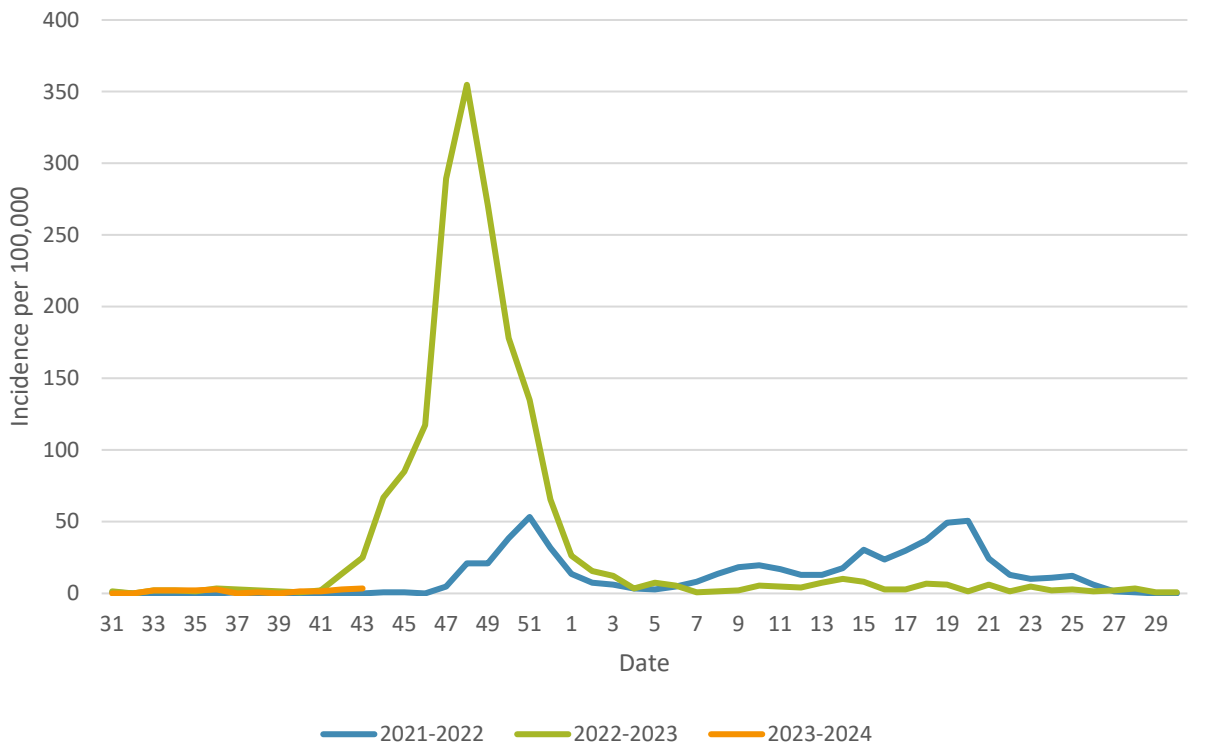
BRIDGEPORT – CASES REPORTED THROUGH OCTOBER 28, 2023



Weekly Number of New Influenza Cases by Age 2022-2023 Season

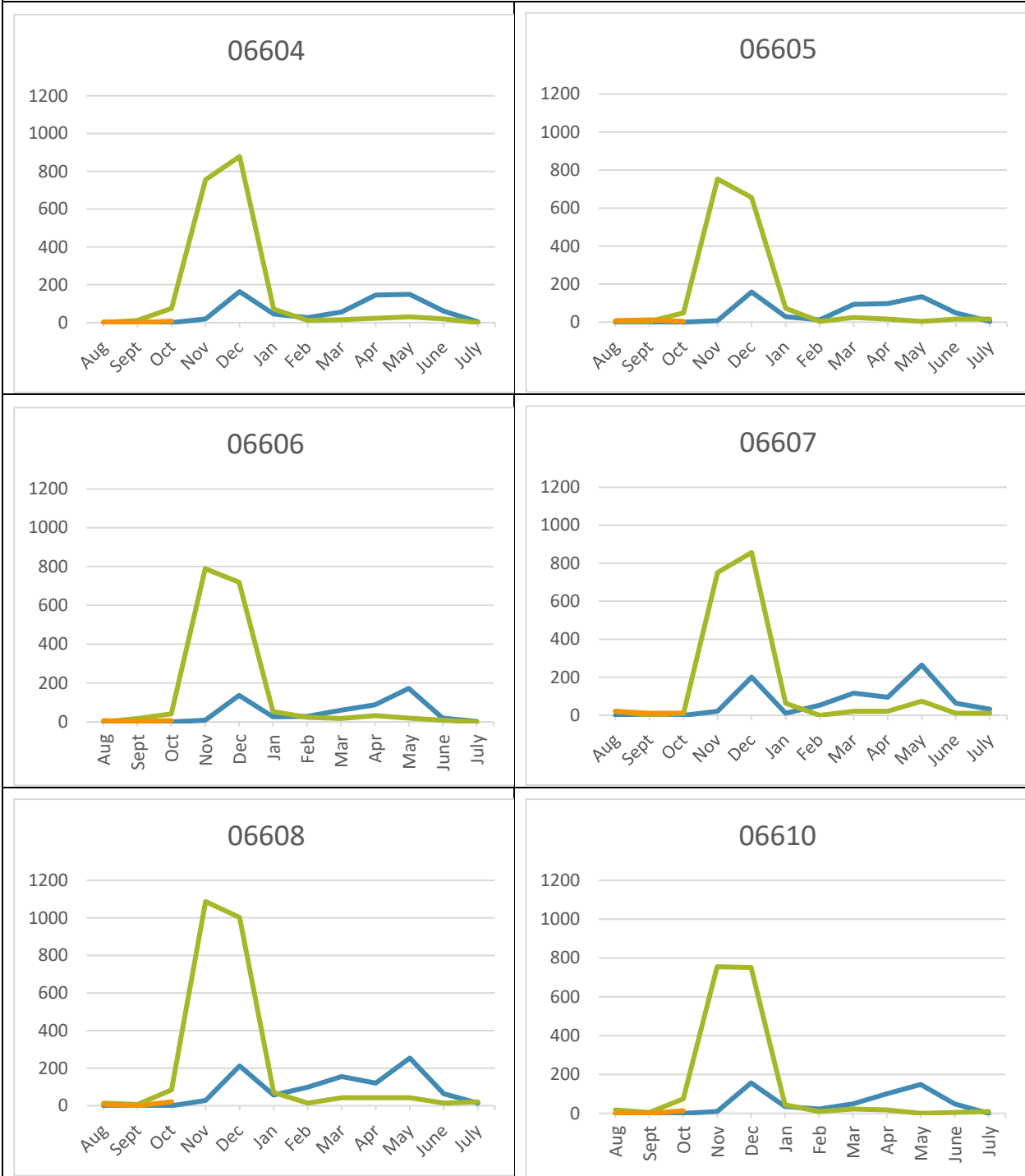


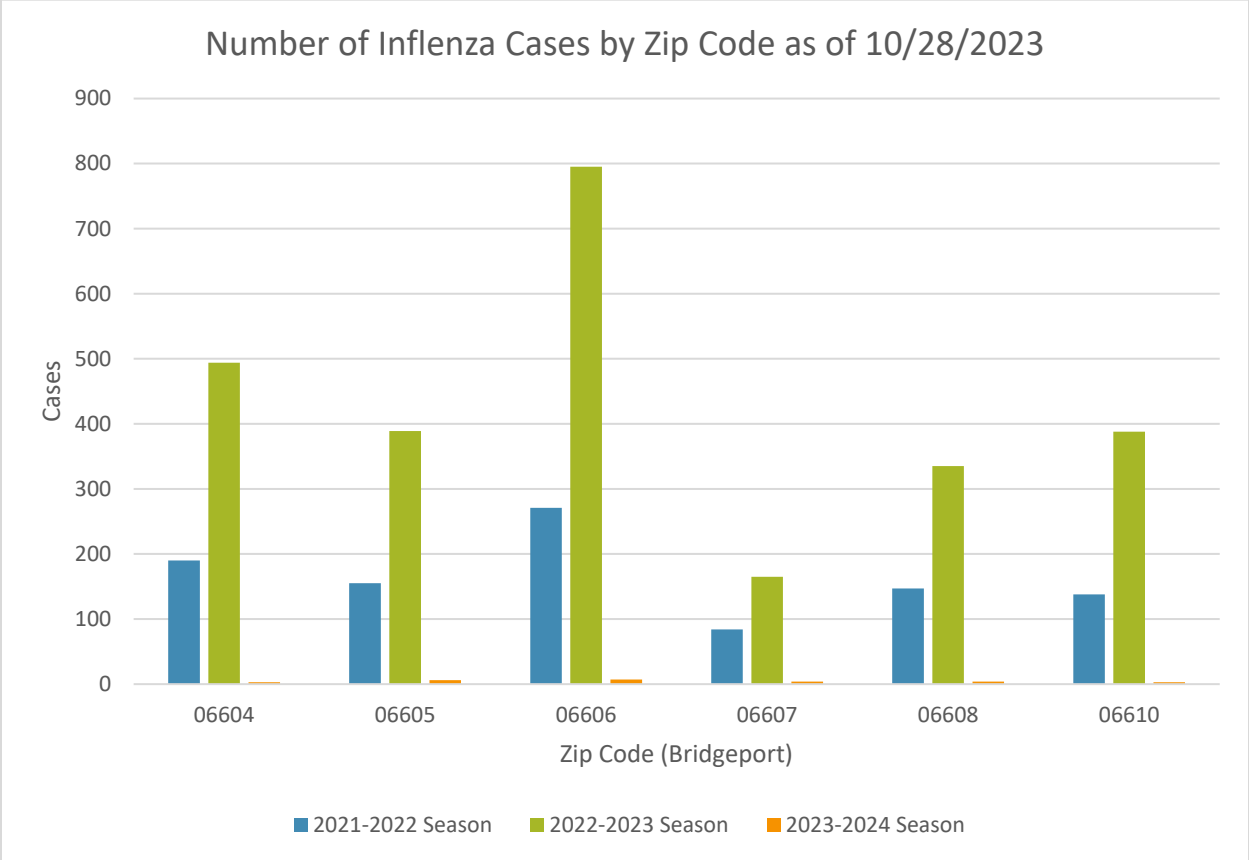
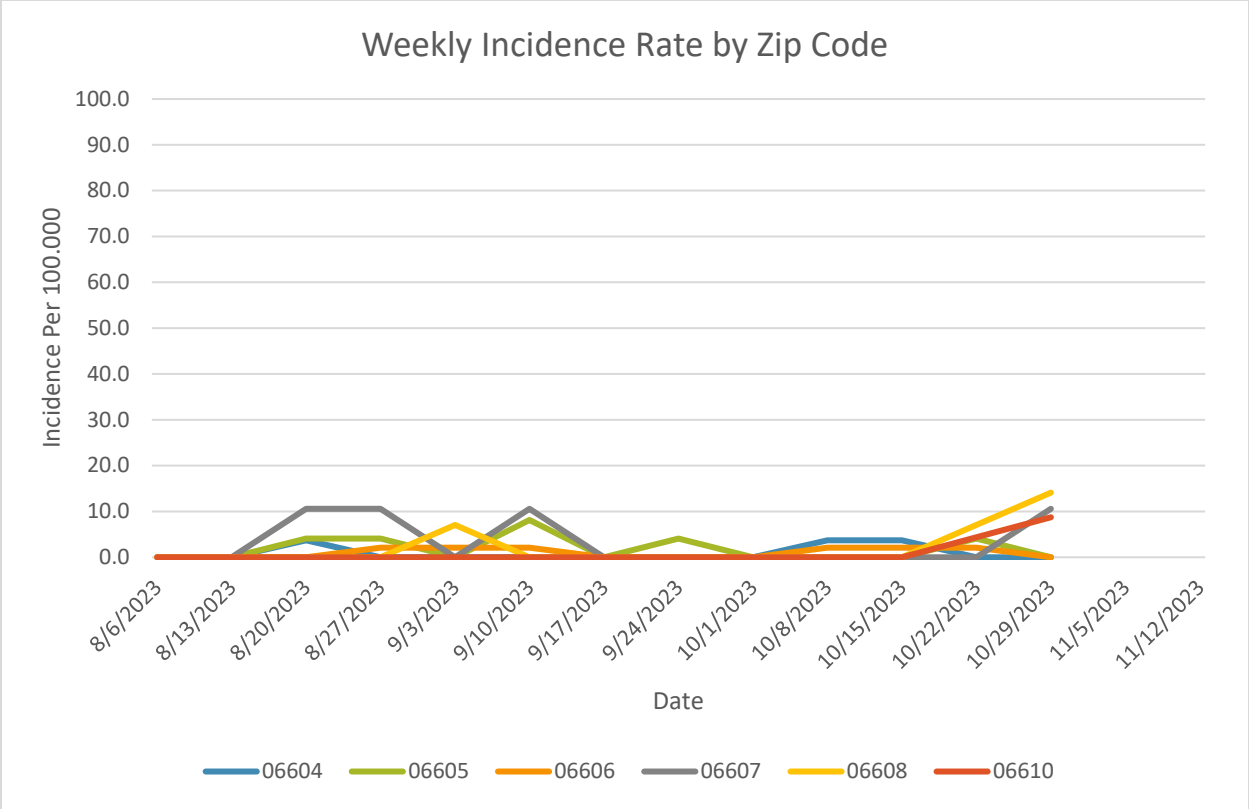
Influenza Weekly Incidence Rate in Bridgeport as of 10/28/2023

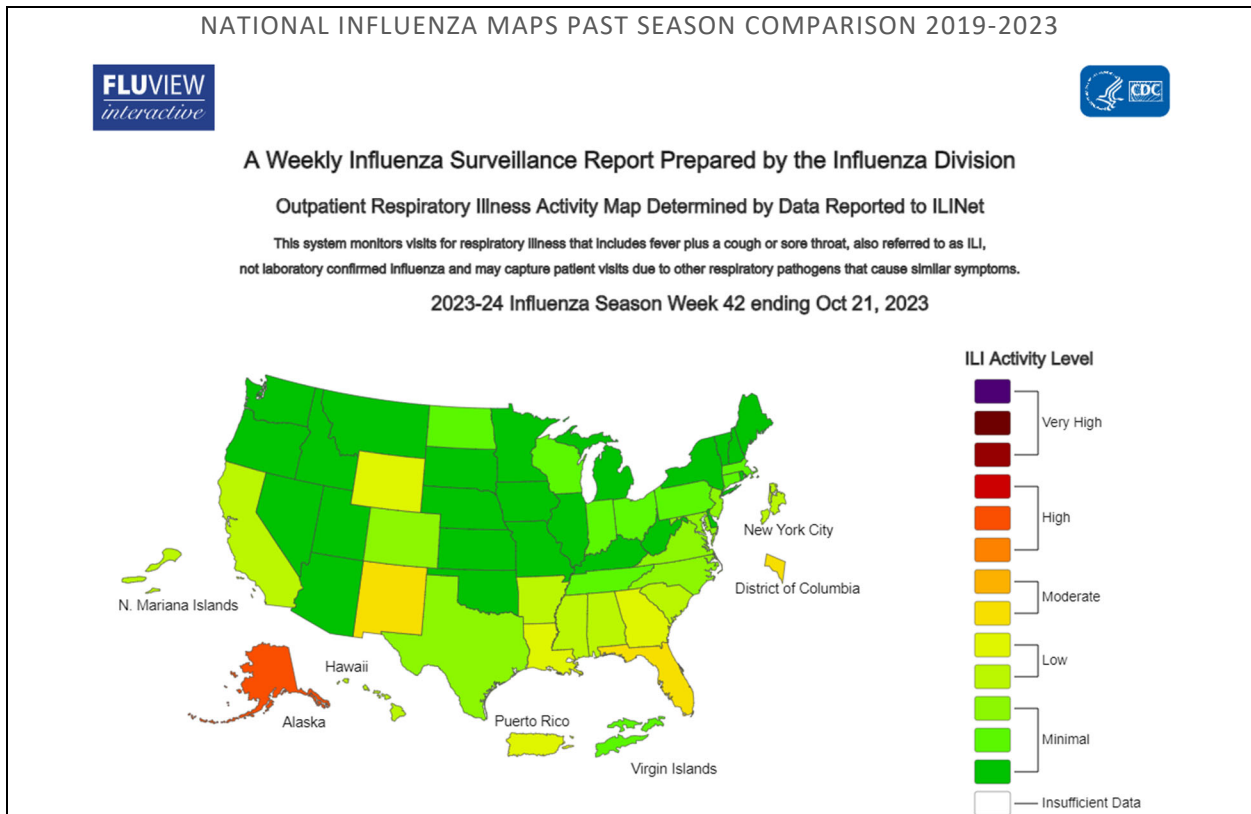
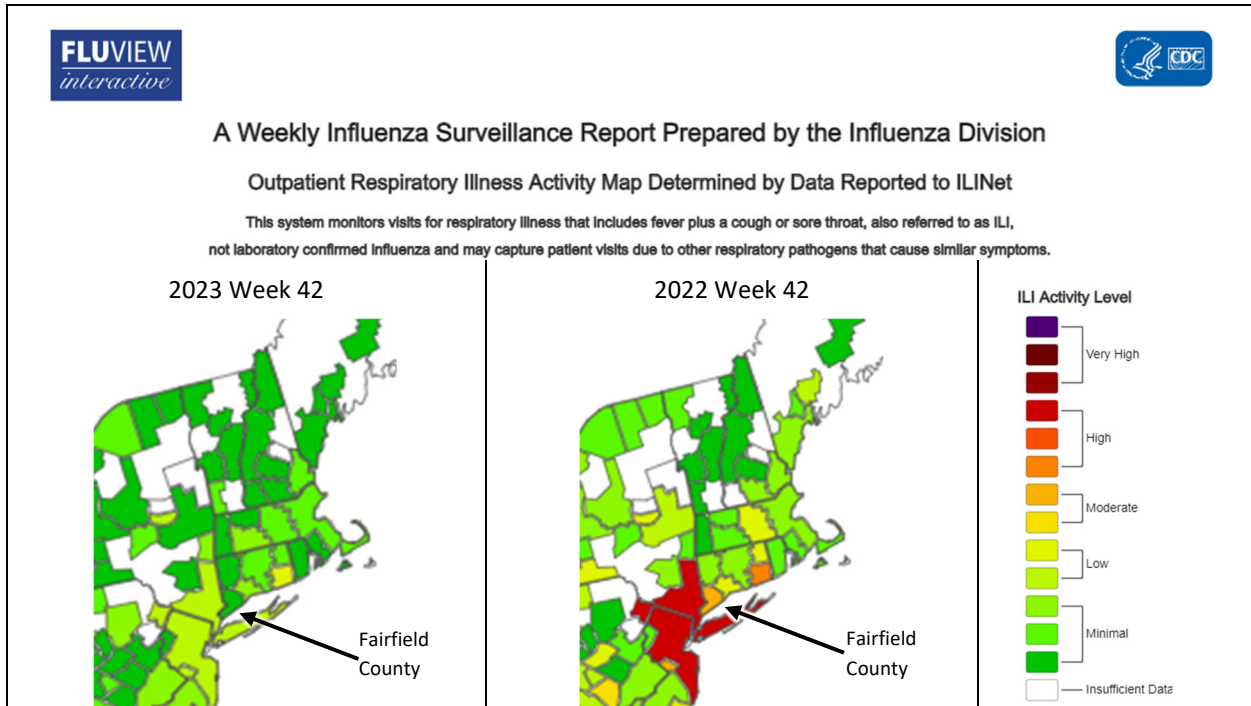


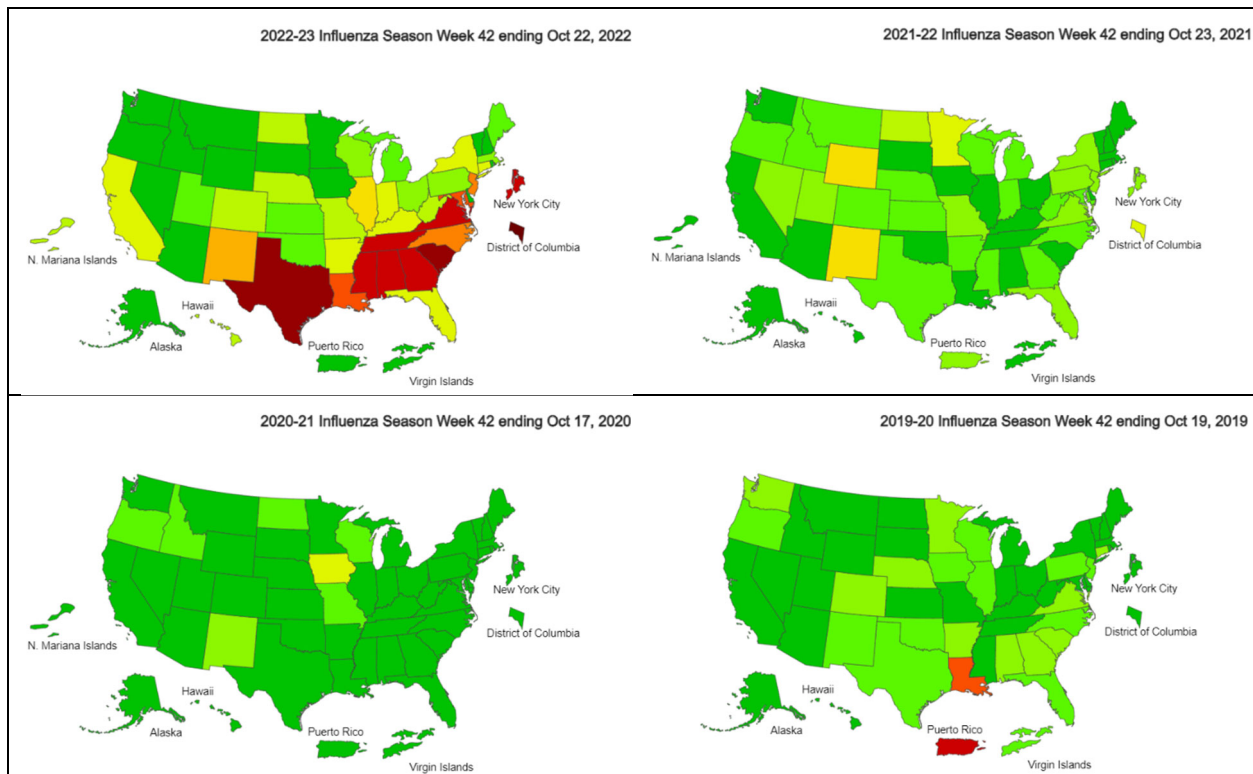
Influenza Monthly Incidence Rate per 100,000 by Zip Code as of 10/07/2023

— 2021-2022 — 2022-2023 — 2023-2024









*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

SUMMARY

There were 5 new reported cases of influenza in Bridgeport this week, but the number of infections remains well below the threshold to classify as an epidemic. These low numbers of infections through October are more typical for flu season, in contrast to the early intensity of cases seen last year. The burden of cases is primarily among young children, <5 years old, which is typical for the early flu season months. We expect that the distribution of cases among the different age groups will approach the number seen in previous years as the winter progresses. With only 5 new cases, the incidence rate per 100,000 for Bridgeport and all zip codes within it remains low.

Fairfield County has minimal levels of Influenza Like Illness (ILI) activity for the previous week, ending October 21st. All counties in Connecticut are a low or minimal levels of ILI activity, as well as the New York Metropolitan Region (NYMR). This contrasts with the previous year when Fairfield County was at moderate levels of ILI activity and the NYMR was at high levels.

Nationally, most of the country remains at minimal levels of ILI activity but cases are increasing in the Southeastern US. Florida, New Mexico, and D.C. are all at moderate levels of ILI activity. Alaska is an outlier at high levels of ILI activity, a start difference from the pattern of the previous 4 years for the state. Connecticut as a whole is at minimal levels of ILI activity, as is the New England region.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Flu Tracker](#)
- [CDC FluView – Weekly Influenza Summary](#)