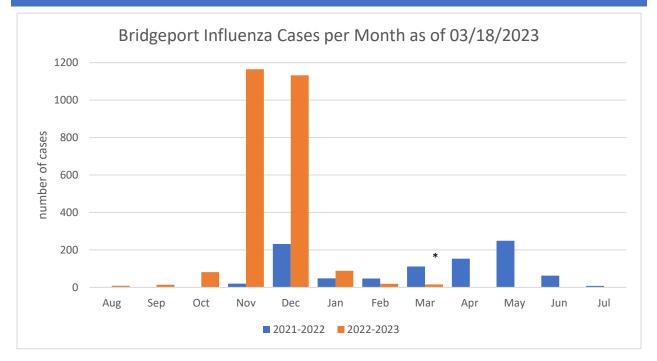
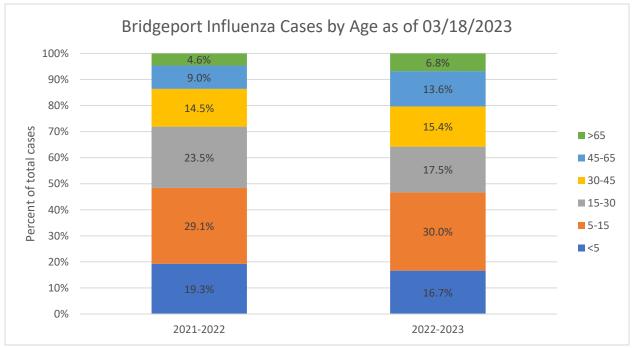


INFLUENZA EPI REPORT: 2022-2023

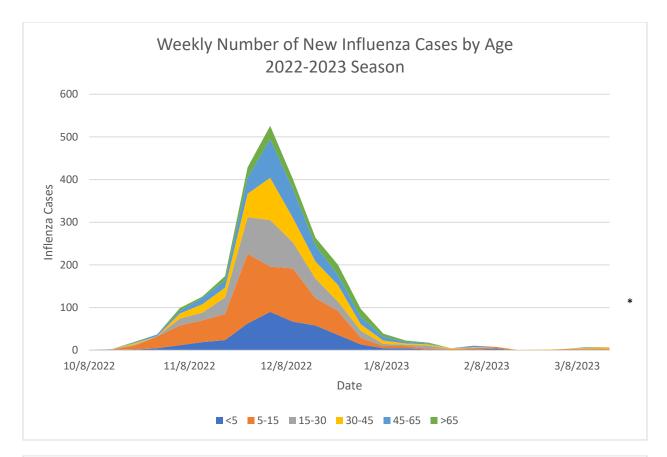
WEEK 11 - MARCH 18, 2023

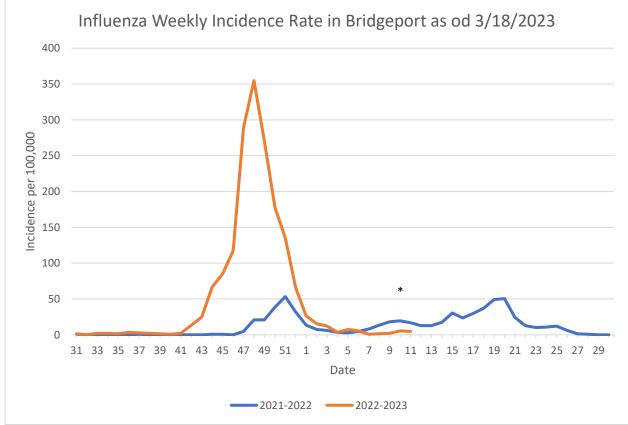
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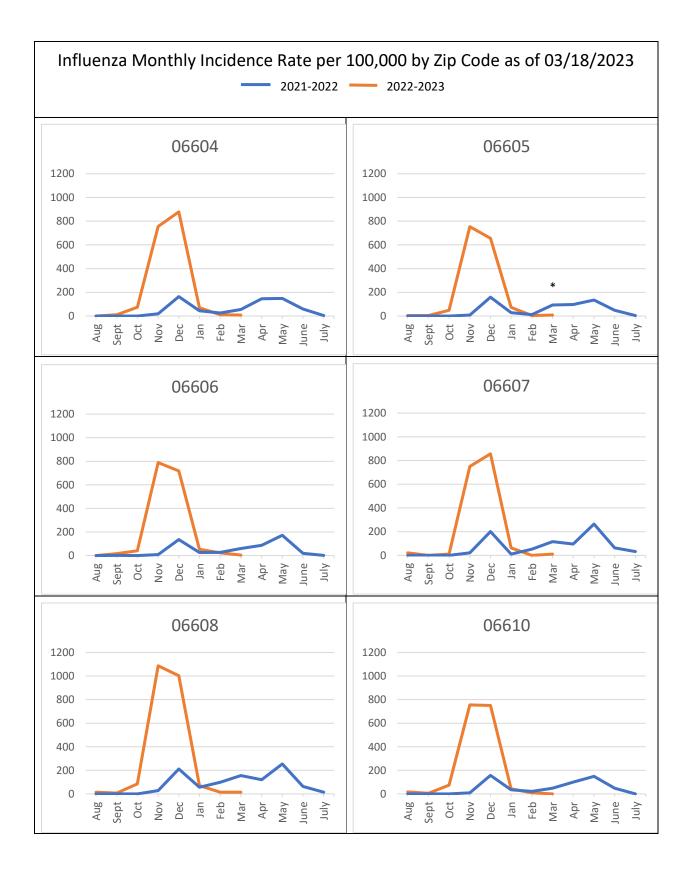


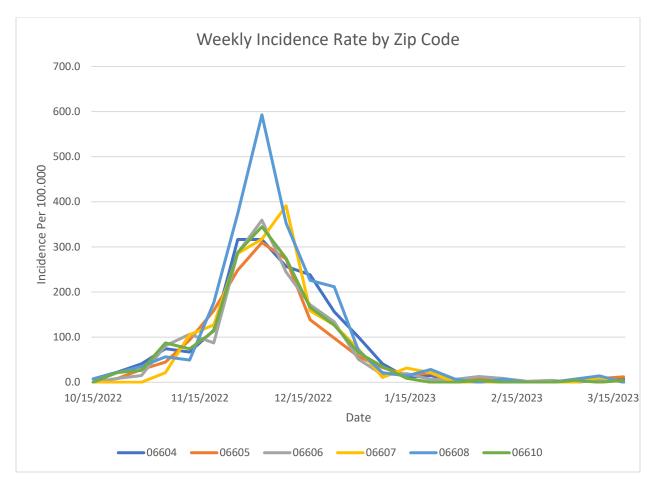


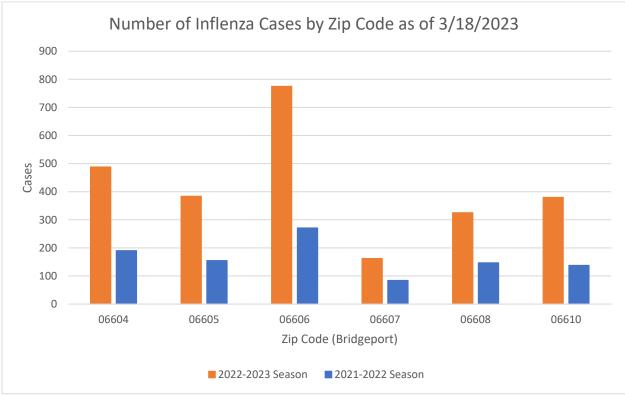
Updated April 3, 2023



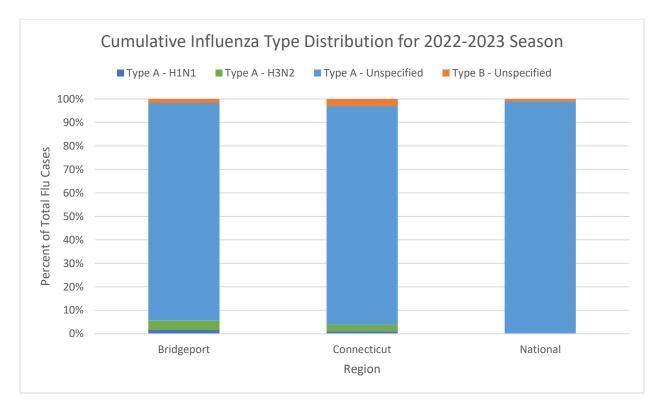






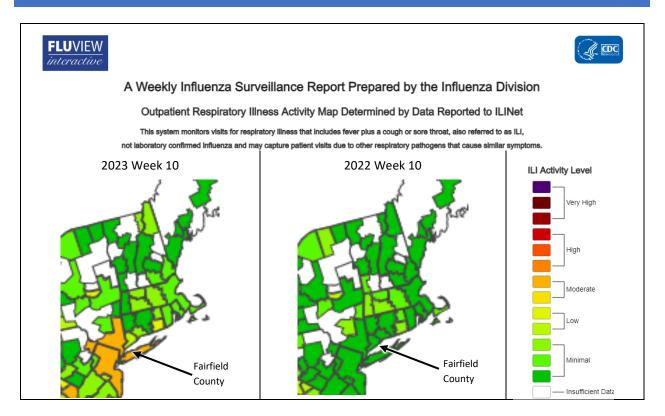


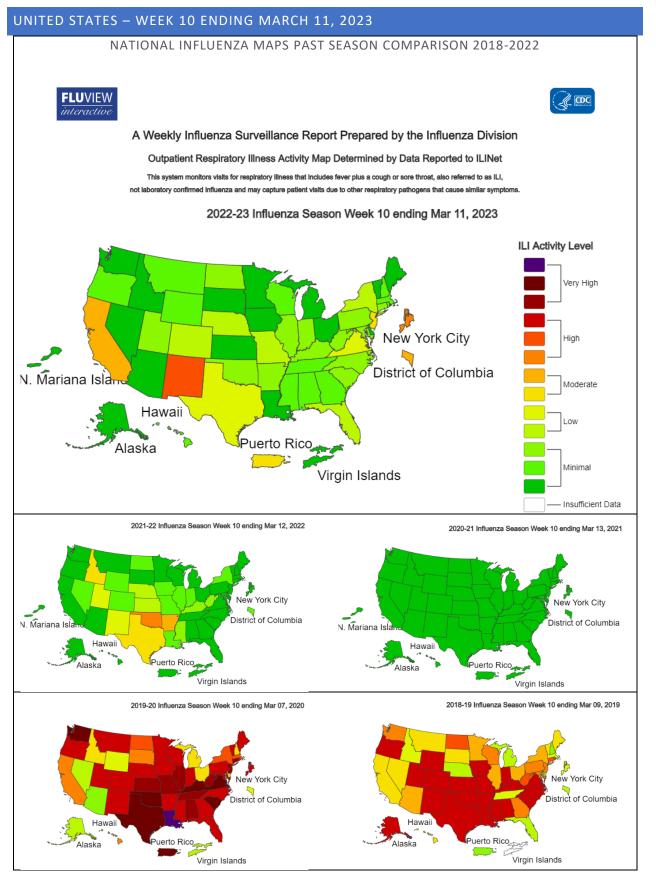
Updated April 3, 2023



**National data does not include subtyping of influenza viruses

CONNECTICUT - WEEK 10 ENDING MARCH 11, 2023





Updated April 3, 2023

*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

How does the flu make you sick? (video)

What should you do if you have the flu? (video)

Is it the flu or COVID-19? (website)

Flu Vaccine Information (website)

DATA SOURCES

- CTEDSS Bridgeport Influenza Cases
- <u>CT DPH Flu Tracker</u>
- <u>CDC FluView Weekly Influenza Summary</u>