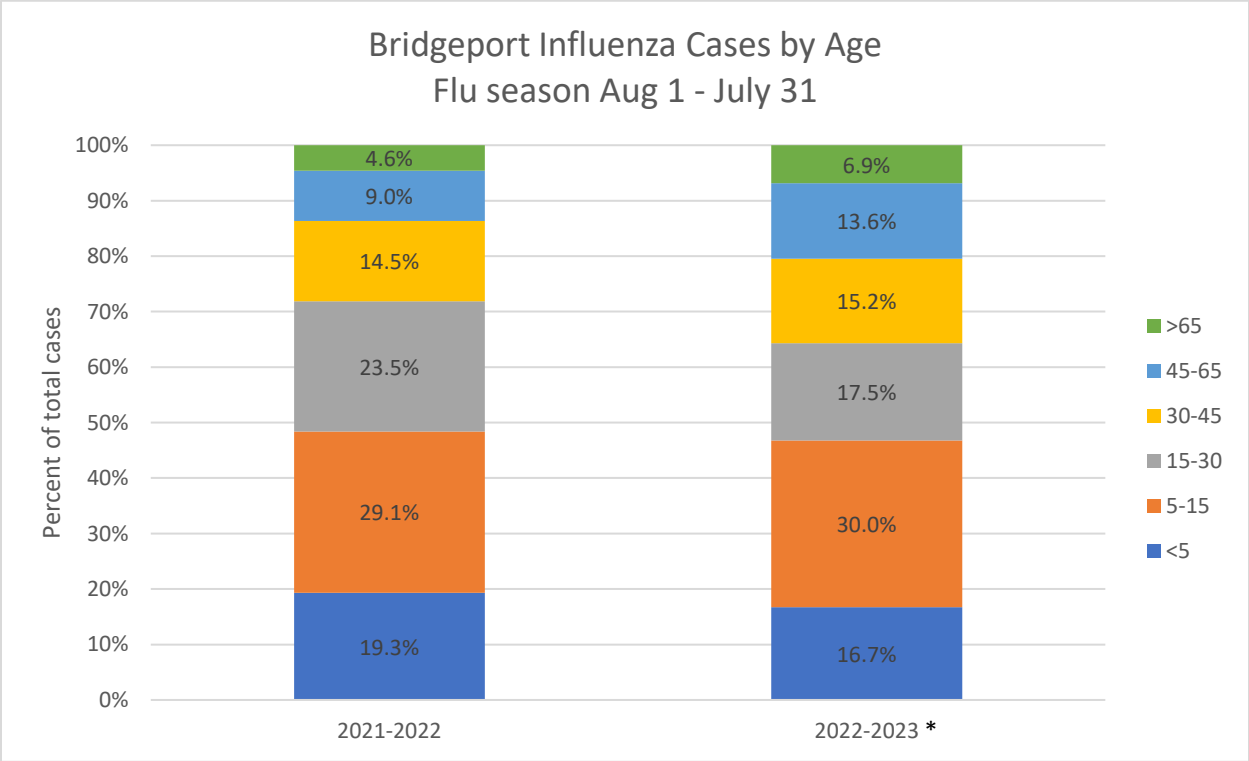
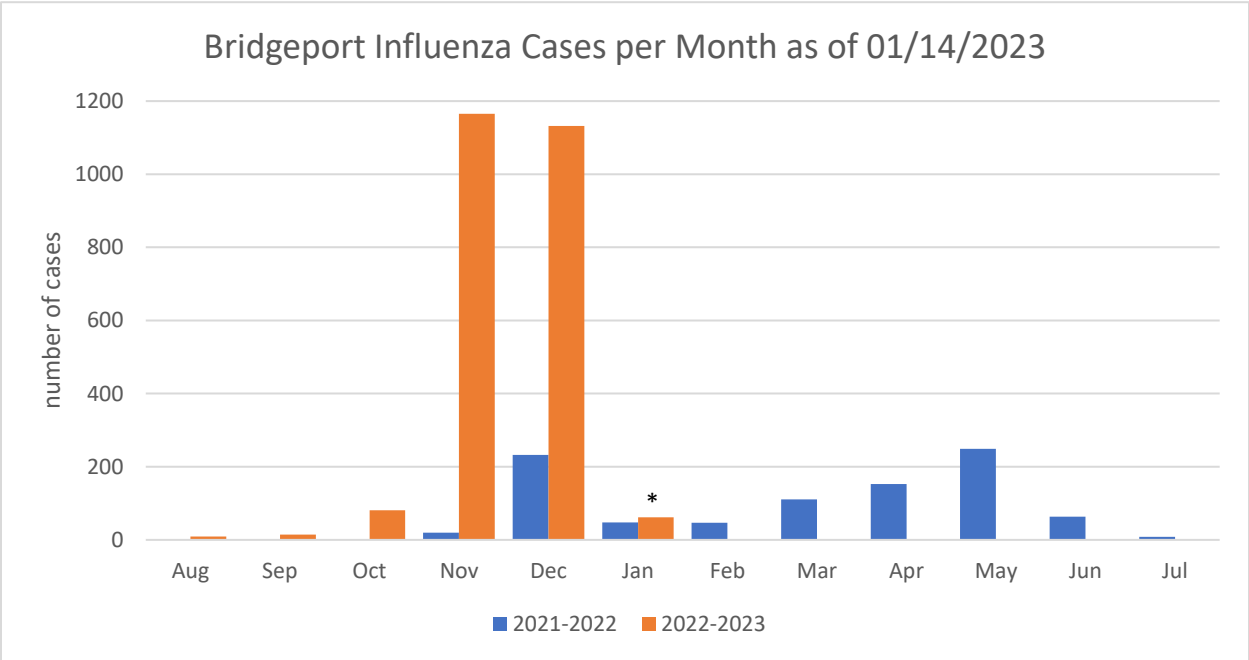


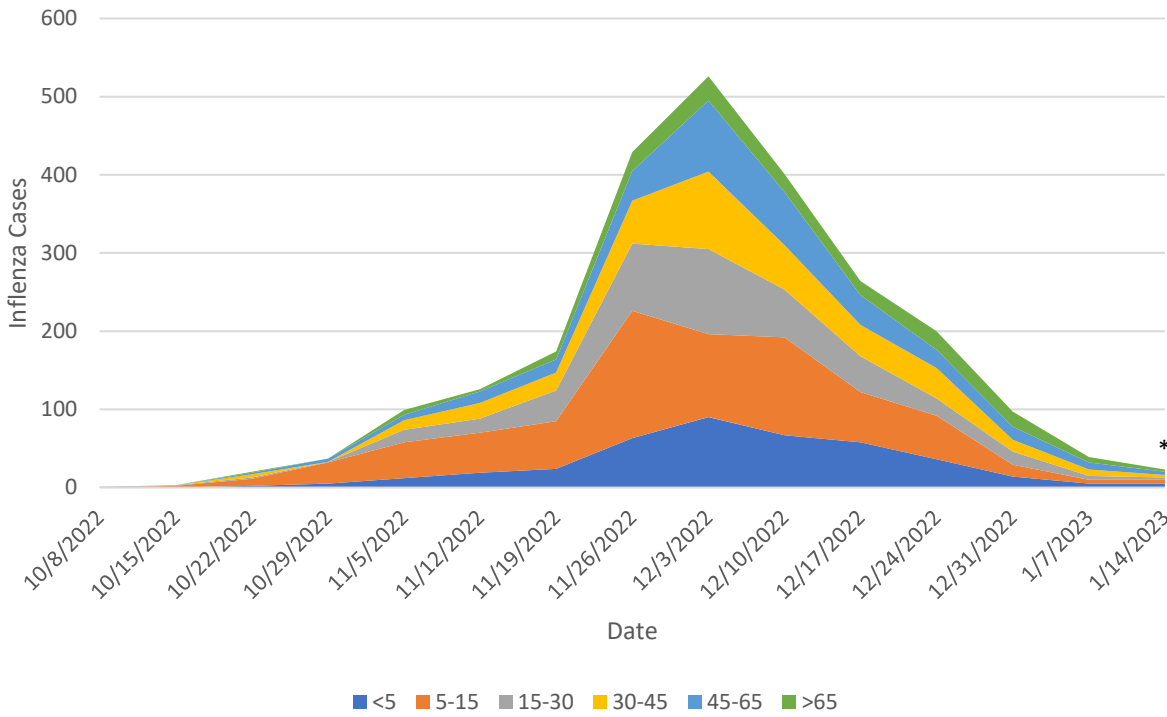
INFLUENZA EPI REPORT: 2022-2023 SEASON

WEEK 2 – ENDING JANUARY 14, 2023

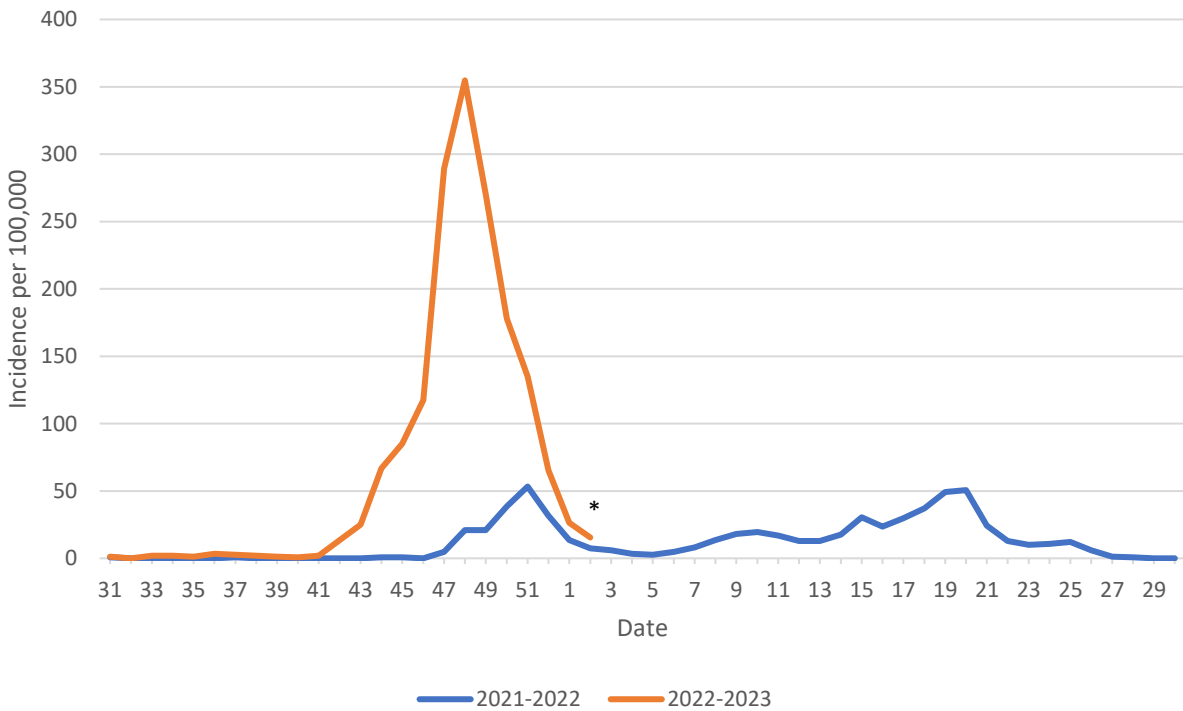
BRIDGEPORT – CASES REPORTED THROUGH JANUARY 14, 2023



Weekly Number of New Influenza Cases by Age 2022-2023 Season

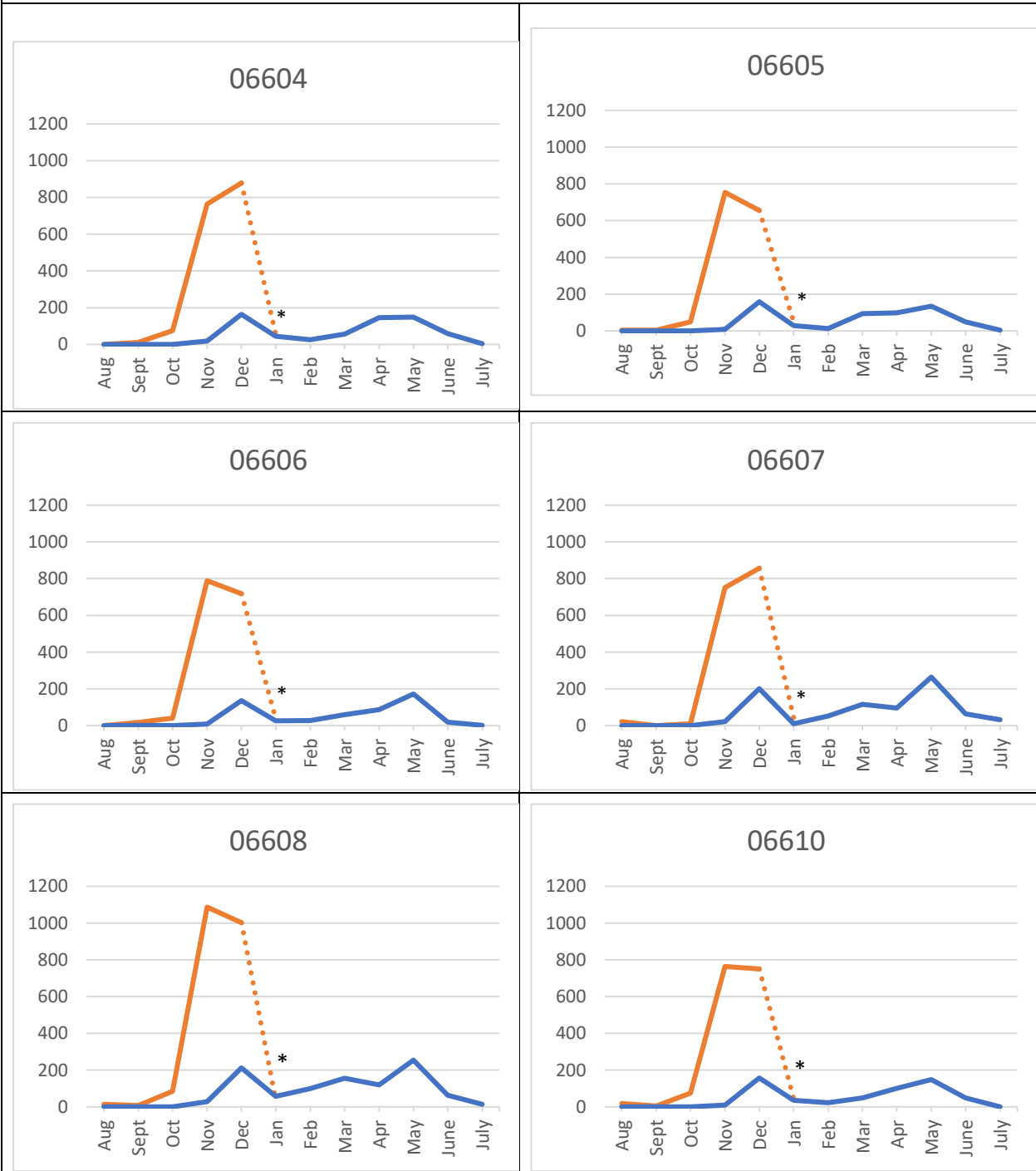


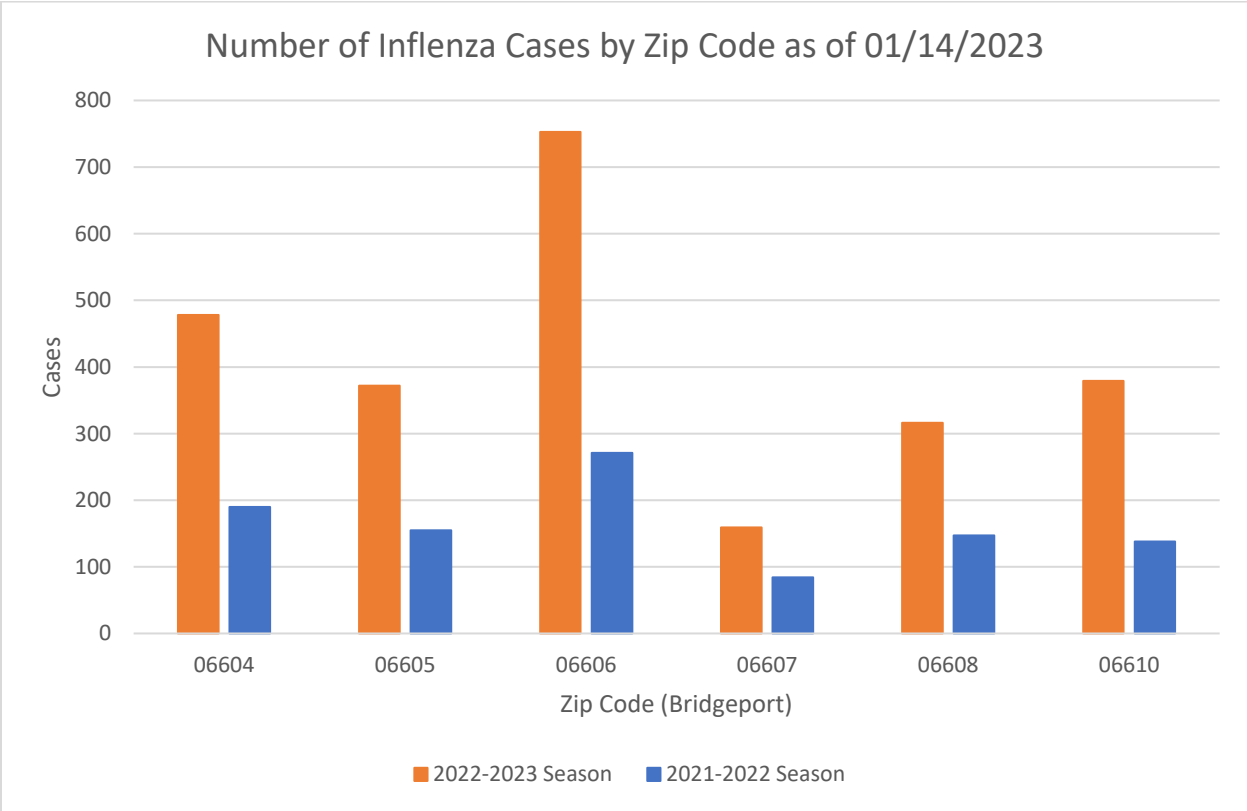
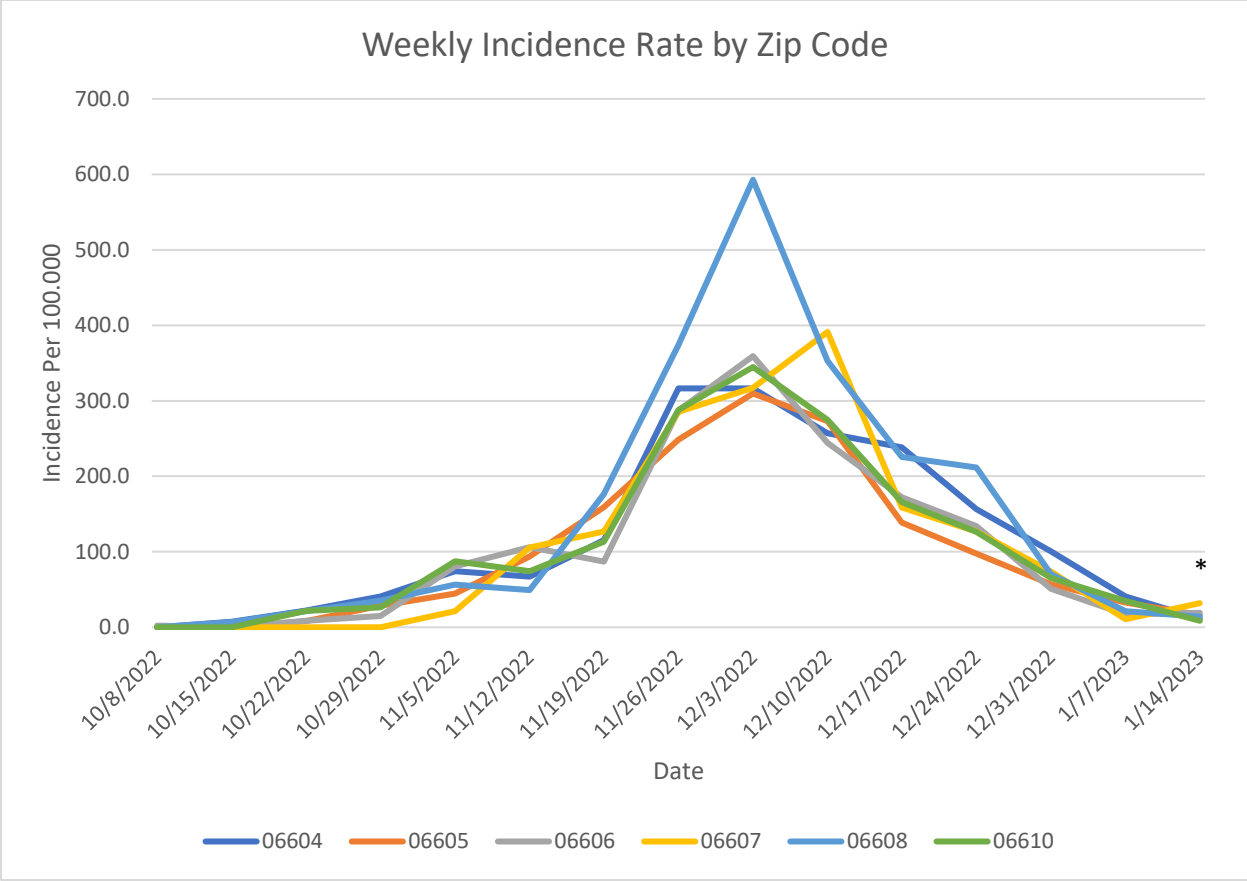
Influenza Weekly Incidence Rate in Bridgeport

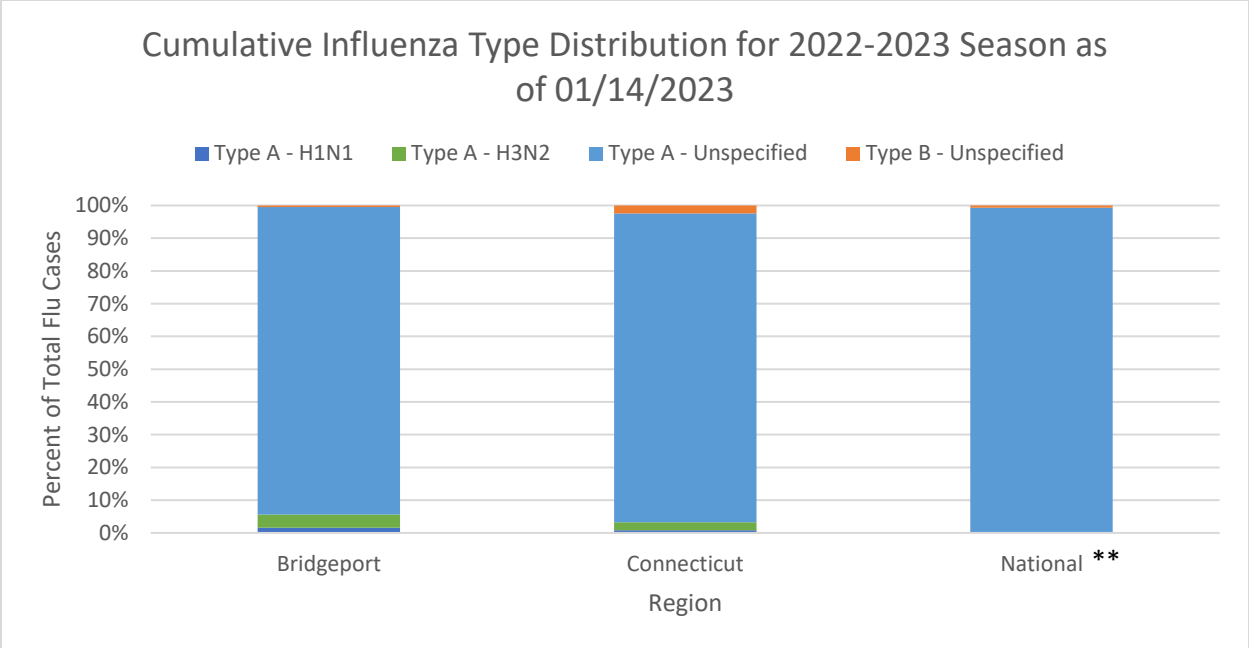


Influenza Monthly Incidence Rate per 100,000 by Zip Code as of 01/14/2023

— 2021-2022 — 2022-2023

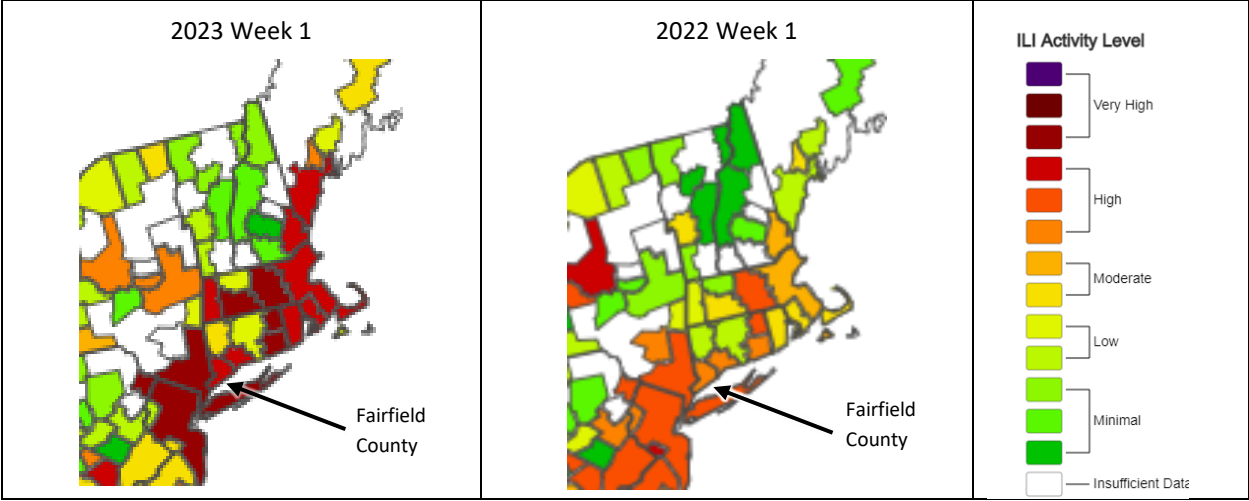






**National data does not include subtyping of influenza viruses

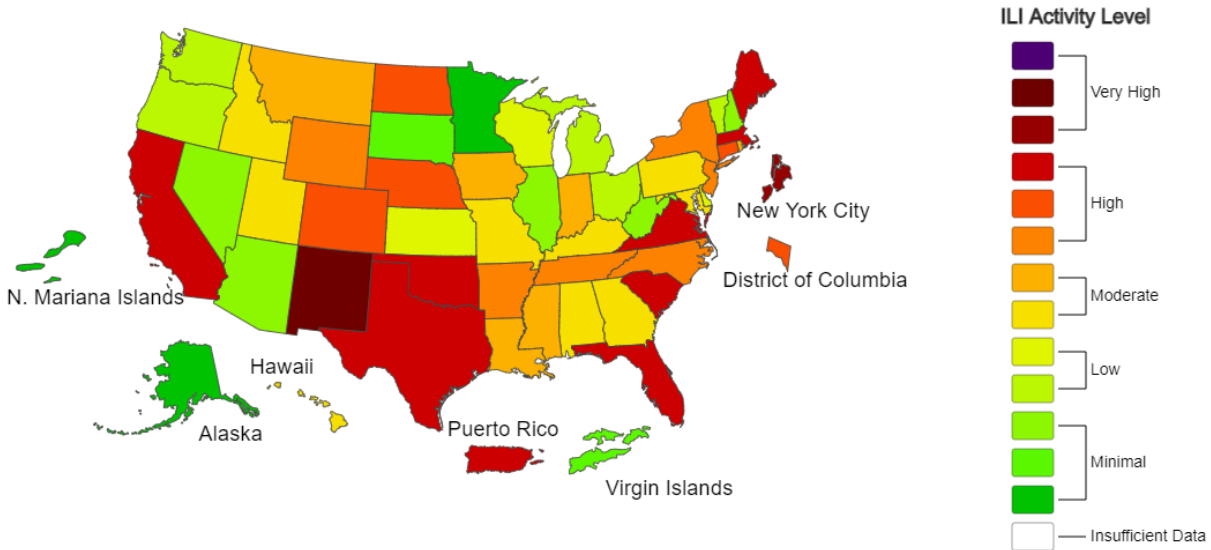
CONNECTICUT – WEEK 1 ENDING JANUARY 7, 2023



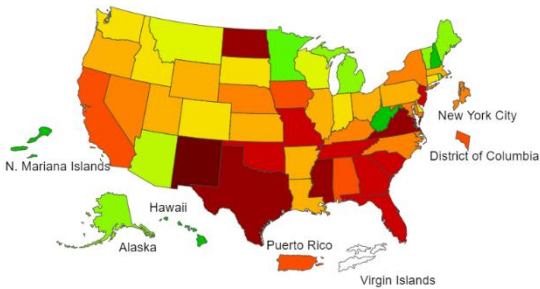
UNITED STATES – WEEK 1 ENDING JANUARY 7, 2023

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2018-2022

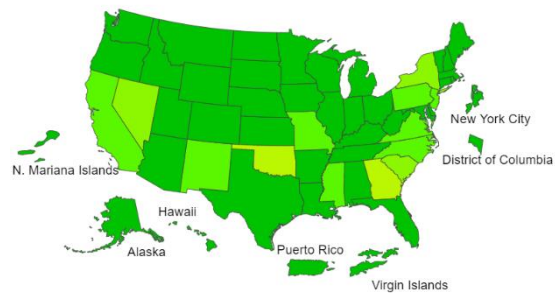
2022-23 Influenza Season Week 1 ending Jan 07, 2023



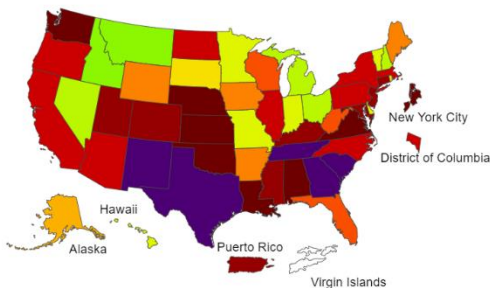
2021-22 Influenza Season Week 1 ending Jan 08, 2022



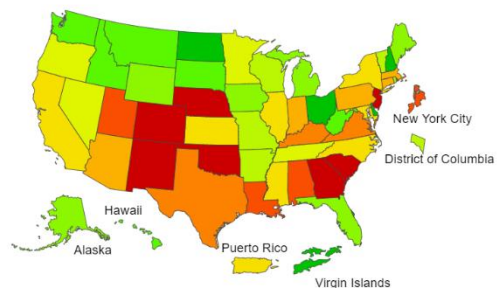
2020-21 Influenza Season Week 1 ending Jan 09, 2021



2019-20 Influenza Season Week 1 ending Jan 04, 2020



2018-19 Influenza Season Week 1 ending Jan 05, 2019



SUMMARY

New influenza cases in Bridgeport during the first two weeks of January (62 cases) have surpassed the total number of cases seen in January of 2022 (48 cases). There have not been any significant shifts in the age distribution of cases for the 202-2023 season, with the highest percentage of cases being among 5-15 year olds and the next highest percentage being among 15-30 year olds. The weekly number of new cases continues to reduce, week over week, for all age groups since a peak seen the week ending 12/03/2022. Weekly incidence rate

Updated January 18, 2023

*data are incomplete

has also lowered (15.5 per 100,000) and is approaching the rate seen in the 2021-2022 influenza season (7.4 per 100,000). Monthly and weekly Incidence rates for all Bridgeport zip codes remain significantly lower than the rates seen in December 2022. 06607 has had a slight uptick in incidence rate for week 2 of 2023 while the remaining zip codes continued the downward trend in incidence rates. H3N2 continues to be the dominant subtype of influenza type A and the unspecified type A virus the largest proportion of influenza cases overall for Bridgeport, all of Connecticut, and nationally.

Fairfield County is in the high classification for influenza like illness activity level while the nearby regions of New York City and Newark remain in the very high classification. New Haven County is in the high classification as well. These levels of ILI activity are in the same classification category as was seen during week 1 of 2022, although the levels during that time period were at a lower sub-level within the high classification category.

Nationally, ILI activity continues to reduce with only New York City and New Mexico in the very high classification category and 19 states in the high classification category (Connecticut is included in this group). 8 states/regions have fallen to the minimal level of ILI activity over the past week as well. These national levels are similar to the levels seen in 2022, higher than what was seen in 2021, and lower than what was seen in 2019. Influenza cases are lowering in Bridgeport and across the nation, but the number of cases remains elevated compared to baseline flu activity. It continues to be important to wash your hands to reduce the spread of influenza virus, get vaccinated, and stay home when sick.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Flu Tracker](#)
- [CDC FluView – Weekly Influenza Summary](#)

Updated January 18, 2023

*data are incomplete