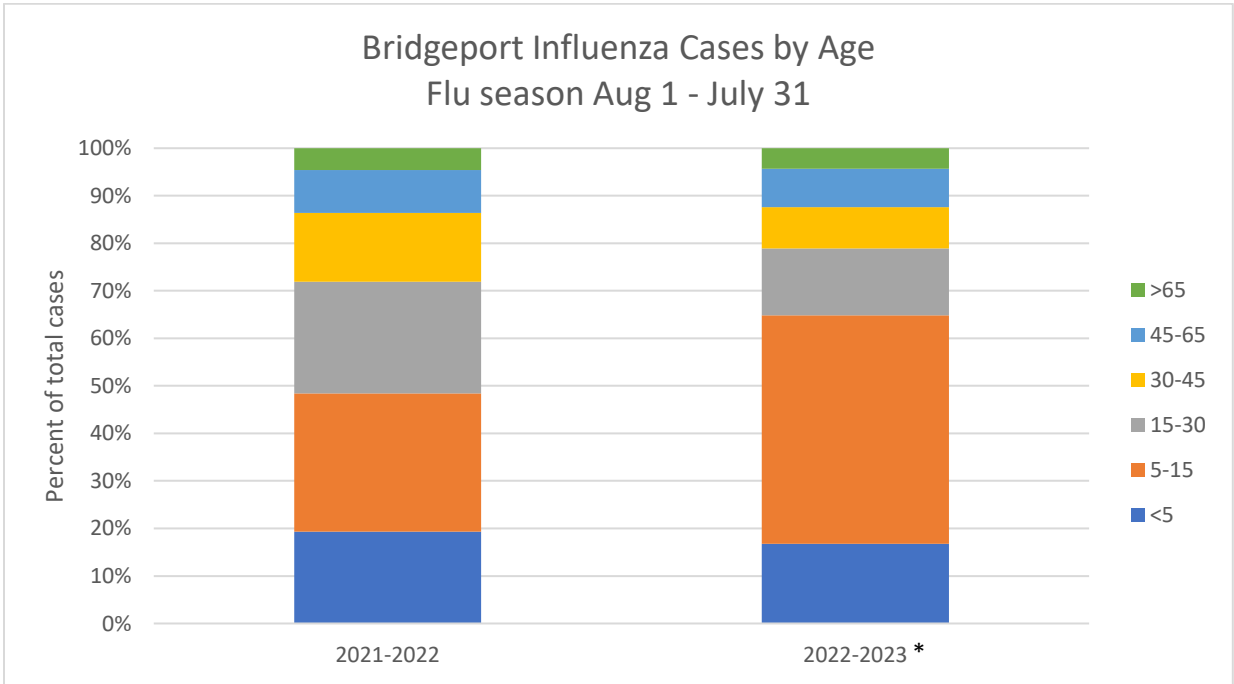
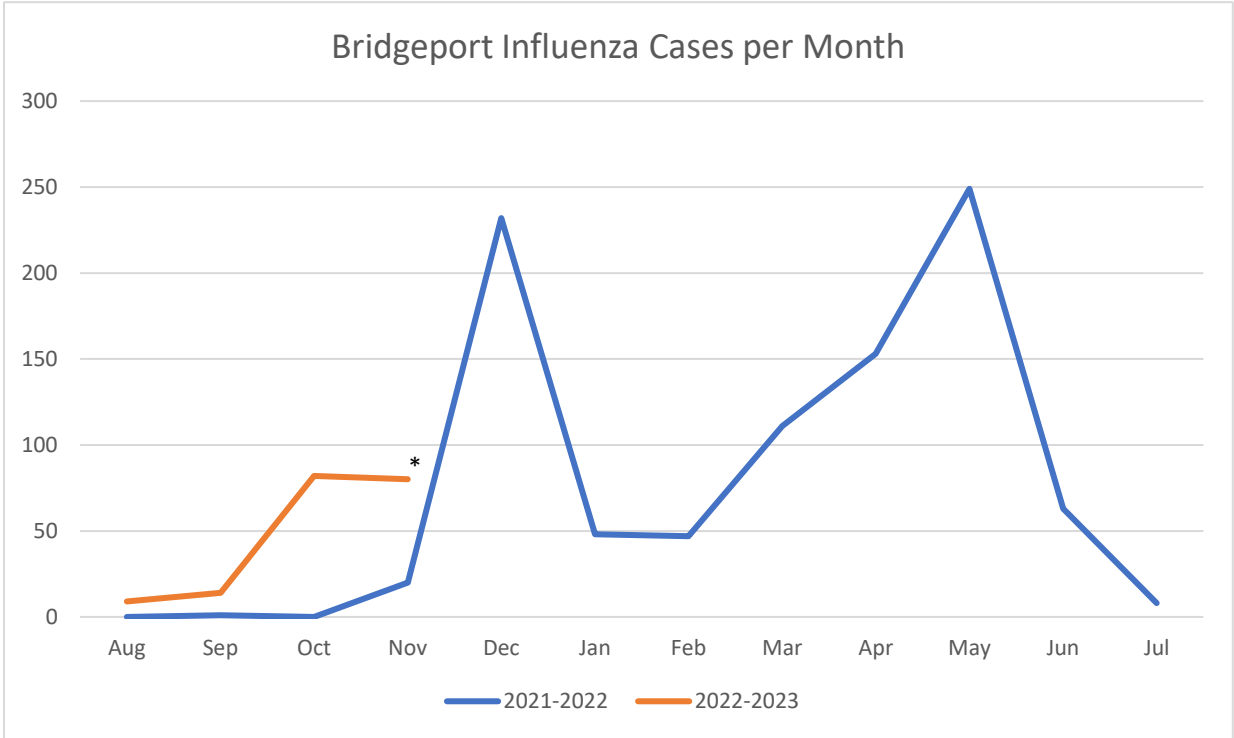


INFLUENZA EPI REPORT: 2022-2023 SEASON

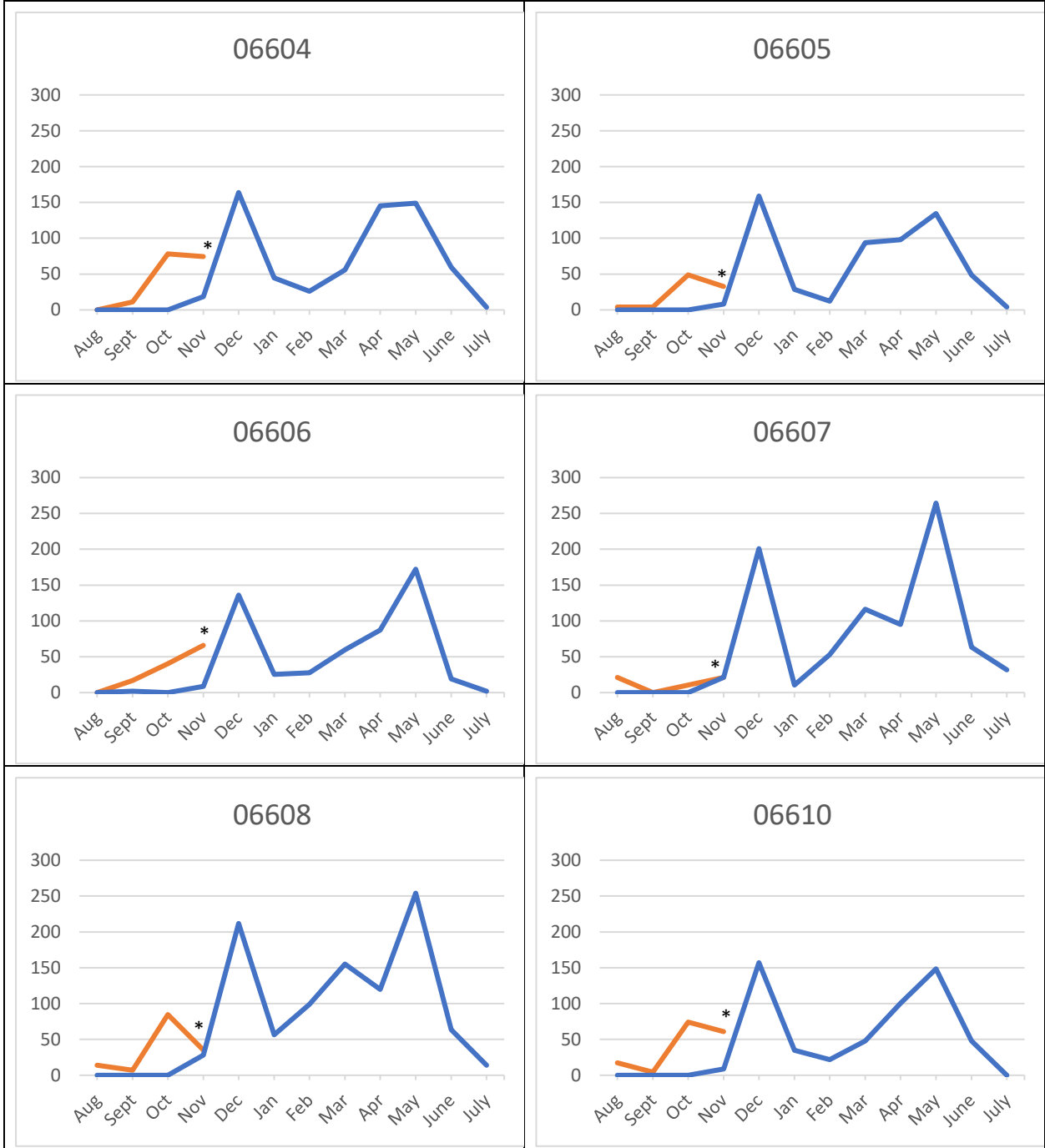
WEEK 44 – ENDING NOVEMBER 05, 2022

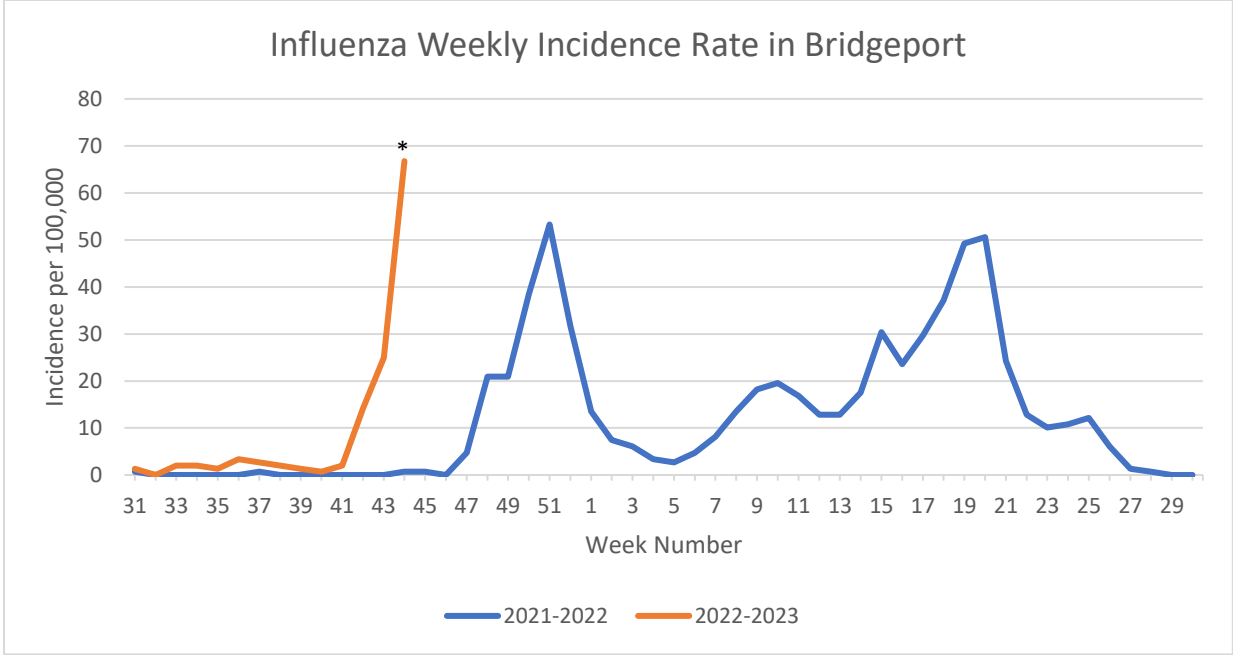
BRIDGEPORT – CASES REPORTED THROUGH NOVEMBER 05, 2022



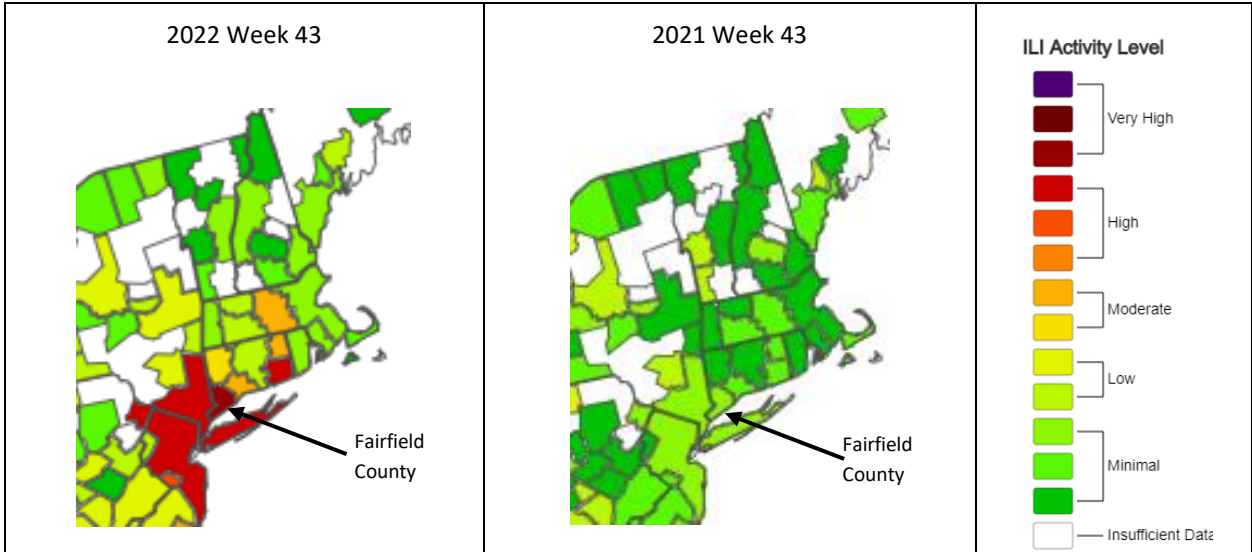
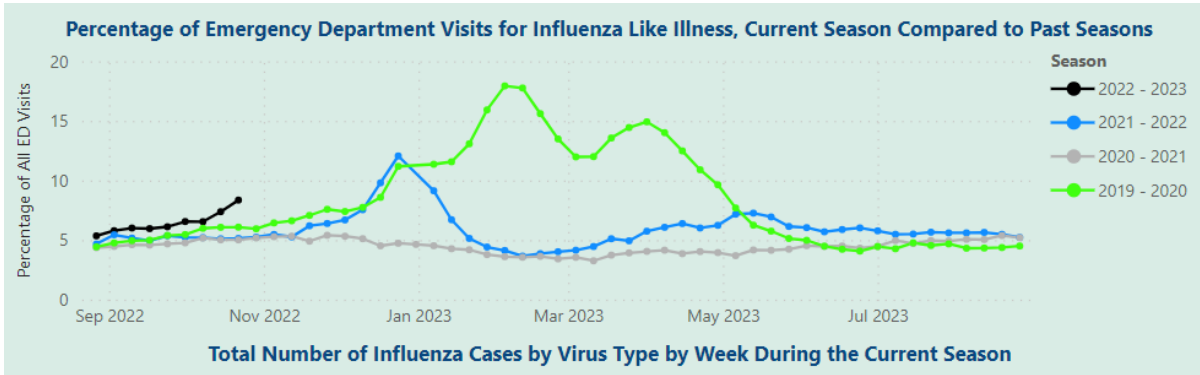
Influenza Monthly Incidence Rate per 100,000 by Zip Code

— 2021-2022 — 2022-2023





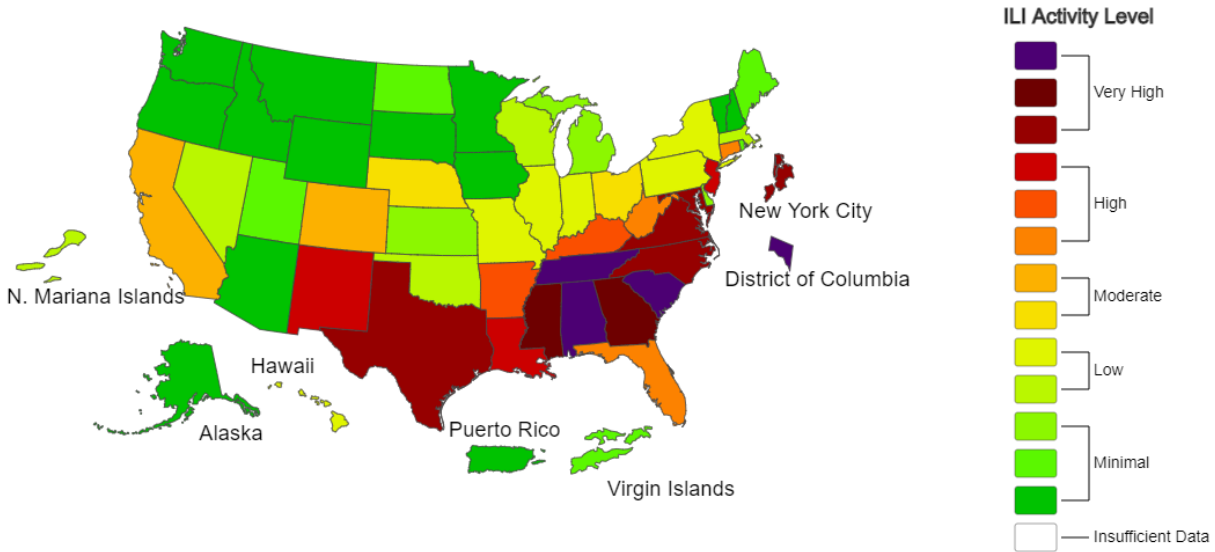
CONNECTICUT – WEEK 43 ENDING OCTOBER 29, 2022



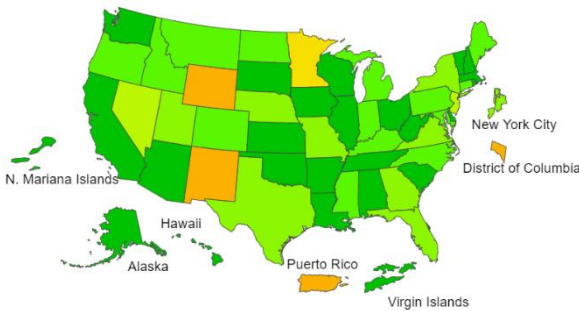
UNITED STATES – WEEK 43 ENDING OCTOBER 29, 2022

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2018-2022

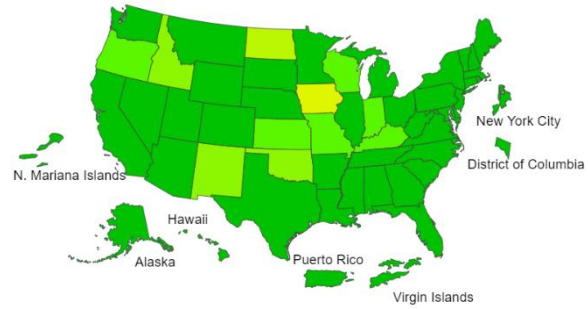
2022-23 Influenza Season Week 43 ending Oct 29, 2022



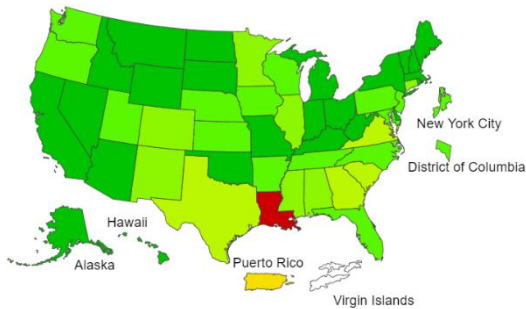
2021-22 Influenza Season Week 43 ending Oct 30, 2021



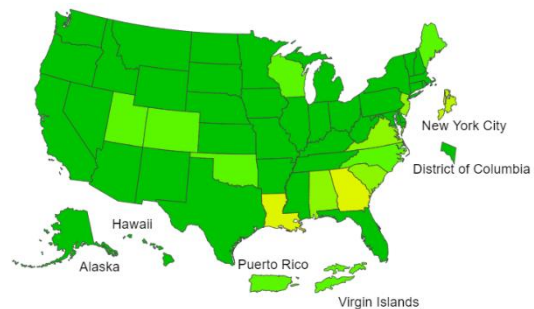
2020-21 Influenza Season Week 43 ending Oct 24, 2020



2019-20 Influenza Season Week 43 ending Oct 26, 2019



2018-19 Influenza Season Week 43 ending Oct 27, 2018



SUMMARY

Influenza cases continue to rise dramatically in Bridgeport with the first 5 days of November having the same number of cases as the entire month of October. By age, almost half of all influenza cases are in the 5-15 year old age group, suggesting a high level of viral spread at school settings. This is a much higher proportion of cases than

Updated November 07, 2022

*data are incomplete

the 2021-2022 season where this age group only accounted for 29% of total influenza cases in Bridgeport. The <5 years age group has 17% of influenza cases this season (compared to 19% last year) and the 15-30 years age group has 14% of cases (compared to 24% last year). We are only 5 days into November, but zip codes 06604 and 06606 are already seeing incidence rates of influenza close to or higher than in October. These rates will only continue to rise in November as more cases are reported. 06607 continues to have the lowest incidence rate of influenza for Bridgeport. For the entire city, the incidence rate of influenza has skyrocketed over the past 2 weeks. For week 44 (October 30 – November 5) the incidence rate of influenza has surpassed the highest weekly rates seen in the 2021-2022 season. It remains to be seen if this is an early peak to the flu season or if the numbers will continue to rise through the winter.

The percentage of emergency department visits for influenza like illness (ILI) in Connecticut have started to increase above the relatively stable levels seen in the previous weeks. These cases are higher than seen at this time during the previous three years. Fairfield County has gone up to very high levels of ILI activity and the surrounding regions of NYC, Long Island, and Newark/Jersey City remain at high levels of activity. New London County is also at high levels of ILI activity while New Haven, Litchfield, and Windham Counties are at moderate levels of activity. The overall level of ILI activity in CT is much higher than seen at this time last year.

Nationally, ILI activity is increasing dramatically in East Coast and Southern States while the Midwest and Eastern US has more moderate increases. 11 states/major metropolitan areas are classified as having very high levels of ILI (Alabama, D.C., South Carolina, Tennessee, Georgia, Mississippi, NYC, Maryland, Virginia, North Carolina, and Texas). 8 states (including Connecticut) are at high levels of ILI and 4 states are at moderate levels. At this time last year only 5 states/metropolitan areas were at moderate levels of ILI activity and the rest were at low or minimal levels.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

IS IT THE FLU OR COVID-19?



FLU VACCINE INFORMATION



DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- CT DPH Flu Tracker
- CDC FluView – Weekly Influenza Summary <https://www.cdc.gov/flu/weekly/usmap.htm>