

### Your health care team will:

- Listen to your questions and concerns
- Help you understand your medical condition and treatment
- Respect your right to privacy and confidentiality
- Assist you with referrals to a specialist and other needs

### You the patient will:

- Provide a clear health history and notify your team of changes in your health
- Ask questions about your care
- Call your team first for non-emergency needs before going to the Emergency Department
- Understand your health condition and treatment goals



### About the Primary Care Action Group

The Primary Care Action Group (PCAG) includes:

- Two community hospitals
- Five health departments/districts
- Three community health centers
- State agencies, physicians
- Community organizations.

Working together, these organizations help improve the health of those living within the Greater Bridgeport region.

Since 2004, the PCAG's broad base of members in the health community have collaborated on projects to enhance access to care, medication, quality food and physical activity, especially for those in the region who are most vulnerable.

*Sponsored by the*

**Primary Care Action Group**

# Get to know your health care team



**Your health care team is here  
to help you stay healthy and  
prevent future problems.  
Learn more inside.**

## Who is your health care team?

Your health care team focuses on your health and well-being. It includes:

- You
- Your doctor
- Nurse
- Social worker
- Financial counselor
- Community health care worker and other individuals

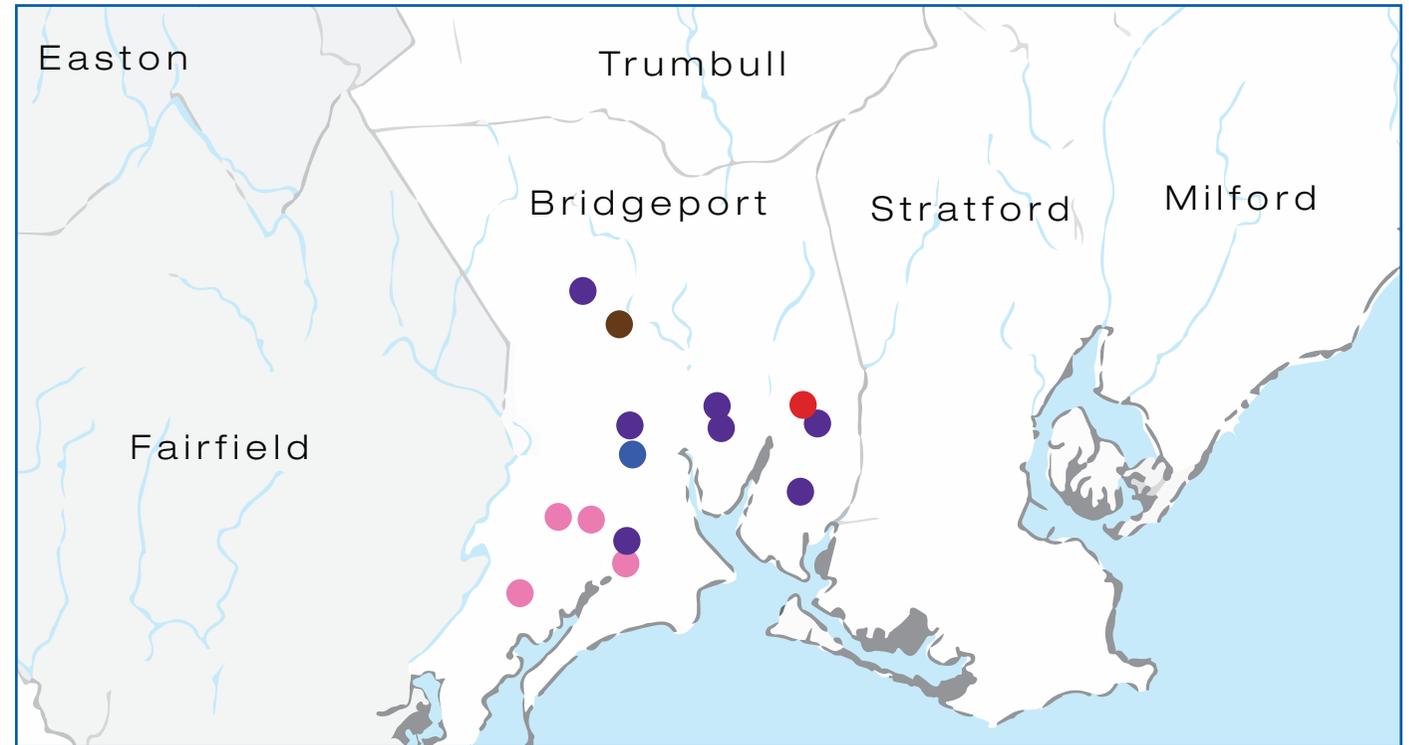
They are all trained to help you stay healthy and prevent future health problems.

This team can be located at a private doctor's office, hospital-based clinic or community health center.

Within this health care team is your Personal Health Care Provider (PHCP) who can be a doctor, nurse practitioner or physician's assistant. You and your PHCP are on the same team to focus on you and make the best decisions for your health care. Your PHCP will know your health needs and provide safe, trusted care.



If you need a personal health care provider, one of the sites noted below will welcome you.



- **AmeriCares Free Clinic** - 115 Highland Avenue, Bridgeport, CT (203) 333-9175
- **Bridgeport Hospital Primary Care Center** - 226 Mill Hill Avenue, Bridgeport, CT (203) 384-3079
- **Optimus Health Centers** - In Bridgeport, CT at 982 Main Street, 471 Barnum Avenue, 1071 East Main Street, 64 Black Rock Avenue, 3180 Main Street, 790 Central Avenue, 82 George Street, 1450 Barnum Avenue (203) 696-3260
- **Saint Vincent's Family Health Center** - 762 Lindley Street, Bridgeport, CT (203) 576-5131
- **Southwest Community Health Center** - In Bridgeport, CT at 968 Fairfield Avenue, 46 Albion Street, 1046 Fairfield Avenue, 510 Clinton Avenue, 743 South Avenue, 1020 Fairfield Avenue (203) 330-6000
- **Veterans Administration Clinics (not pictured)** - 950 Campbell Avenue, West Haven, CT; 95 Scovill Street, Waterbury, CT; 1275 Summer Street, Stamford, CT; 7 Germantown Road, Danbury, CT (203) 932-5711