



Food Policy Council

Name Fred Kaskowitz

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About yourself:

1976 graduate, Culinary Institute of America, with over twenty years experience in hospitality industry. Work including executive chef in over six hotels. Over seventeen years in private business in the city of Bridgeport. Interested in helping people to eat better through education and teaching then through instruction and example. My daughter Lindsey is second generation caterer in Washington D.C. She follows in her father's footsteps by catering for Michelle Obama. I had the pleasure for catering for President Bill Clinton and Jimmy Carter. My favorite food to eat is grilled salmon filet with garlic puree on Mediterranean lentil salad.