



Greater Bridgeport Senior Community Cafe
Eisenhower, Black Rock, North End Bethany



June, 2016

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Orange Juice Stuffed Shells Meat Sauce Italian Blend Veggies</p> <p>Italian Bread Banana</p>	<p>2</p> <p>Meatloaf Mushroom Gravy Harvest Rice Chuck Wagon Veggies</p> <p>12 Grain Bread Fresh Orange</p>	<p>3</p> <p>LS Cream of Mushroom Unsalted Crackers Broccoli Bake Tater Tots Stewed Tomatoes</p> <p>Pumpnickel Bread Fresh Apple</p>
<p>6</p> <p>Knockwurst Au Jus Pastaroni Steamed Broccoli</p> <p>Sub Roll</p> <p>Tropical Fruit Cup</p>	<p>7</p> <p>Orange Juice Honey Roasted Chicken Breast Honey Au Jus Herbed Stuffing Coleslaw with Carrots 100% Whole Wheat Happy Birthday Birthday Cake</p>	<p>8</p> <p>Minestrone Soup Unsalted Crackers Crispy Fish with Lemon Tater Tots Coleslaw</p> <p>Rye Bread</p> <p>Fresh Tangerine</p>	<p>9</p> <p>Apple Juice Unbreaded, Boneless Pork Chop Au Jus Macaroni and Cheese Garden Salad Ranch Dressing W.W. Dinner Roll</p> <p>Cinnamon Applesauce</p>	<p>10</p> <p>Grape Juice Seafood Salad Lettuce Bed, Tomato Carrot Raisin Salad</p> <p>Multigrain Bread</p> <p>Banana</p>
<p>Father's Day Special 13</p> <p>Orange Juice Broccoli and Cheese Stuffed Chicken Breast Long Grain Rice Buttered Beets  12 Grain Bread</p> <p>Strawberry Sundae</p>	<p>14</p> <p>Hamburger Lettuce and Tomato Steak Fries Coleslaw</p> <p>W.W. Hamburger Roll</p> <p>Watermelon</p>	<p>15</p> <p>Orange Juice Chicken Caciatorre Buttered Noodles Capri Blend Veggies</p> <p>Oat Bread</p> <p>Banana</p>	<p>16</p> <p>Roast Beef Beef Gravy Mashed Potatoes Peas and Mushrooms</p> <p>Dinner Roll</p> <p>Pineapple Chunks</p>	<p>17</p> <p>Apple Juice Lite Crunch Fish Yams Corn and Diced Tomatoes Tartar Sauce Pumpnickel Bread  Peaches</p>
<p>20</p> <p>BBQ Grilled Chicken Potato Salad Broccoli, Mushrooms, Diced Pepper Salad  100% Whole Wheat Roll Fresh Pear</p>	<p>21</p> <p>Apple Juice Spaghetti w/ Meat Sauce Parmesan Cheese Garden Salad Italian Dressing</p> <p>Multigrain Bread Fruit Cocktail</p>	<p>22</p> <p>Cranberry Juice White Fish with Dill Sauce Rice Pilaf Green Beans</p> <p>12 Grain Bread Blondie Brownie</p>	<p>23</p> <p>Pasta Faggioli Unsalted Crackers Open Faced, Hot, Sliced Italian Beef Sandwich Au Jus Broccoli Multigrain Bread Grapes</p>	<p>24</p> <p>Seasoned Pork Loin Apple Au Jus Yellow Rice with Gandules Broccoli and Carrots</p> <p>Rye Bread Cantaloupe</p>
<p>27</p> <p>Grape Juice Garlic Baked Chicken with Spinach and Parmesan Cheese Sesame Noodles Meadow Blend Veggies Pumpnickel Bread Fresh Apple</p>	<p>28</p> <p>RibBQ with Sauce Sweet Potato Tots Cauliflower</p> <p>Corn Muffin Tropical Fruit Cup</p>	<p>29</p> <p>Apple Juice Beef Stroganoff Egg Noodles Carrots</p> <p>Whole Wheat Bread Oatmeal Raisin Cookies</p>	<p>30</p> <p>Wonton Soup Unsalted Crackers Pork Egg Rolls Fried Rice Oriental Blend Veggies</p> <p>Fortune Cookie Pineapple Chunks</p>	