



BILL FINCH  
Mayor

OFFICE OF THE MAYOR  
**CITY OF BRIDGEPORT, CONNECTICUT**  
MARGARET E. MORTON GOVERNMENT CENTER  
999 BROAD STREET  
BRIDGEPORT, CONNECTICUT 06604  
TELEPHONE (203) 576-7201  
FAX (203) 576-3913

March 30, 2015

**TO THE CITIZEN ADVISORY COMMITTEE:**

There will be a Meeting of the City of Bridgeport's **CITIZENS' ADVISORY COMMITTEE**, to be held on **Wednesday, April 8, 2015, at 5:00 PM**, at the Margaret E. Morton Government Center, 999 Broad Street, Bridgeport, Connecticut in OPED A Conference Room located on the 2<sup>nd</sup> Floor.

**AGENDA**

1. Approval of Minutes of Previous Meeting
2. Consideration of South End NRZ Strategic Plan
3. Consideration of Health Department Initiatives compatible with Environmental Community Benefits Agreement
4. Adjourn

Very truly yours,

Elizabeth Torres  
Secretary  
Citizen Advisory Committee

cc: A. Nunn, CAO  
A. Wood, Chief of Staff  
R. Felipe, Deputy Chief of Staff  
L. Daniels, Director of Neighborhood Initiatives  
M. Anastasi, City Attorney  
Members of the Citizen Advisory Committee

**CALL TO ORDER:**

The meeting was called to order at 5:23 P.M. by Adrienne Houel, Committee Chair. A quorum was present:

**Present (8)**

Hon. Jack Banta 131 <sup>st</sup> District	Sharon Lewis (via phone)	Cathleen Simpson
Adrienne Houel, Chair	Rev. Carl McCluster	Elizabeth Torres, Secretary
Onte Johnson (via phone)	Hon. Denese Taylor-Moye, 131 <sup>st</sup> District	

**Absent (7)**

Hon. Howard Austin, Sr., 131 <sup>st</sup> District	Rep. Jack Hennessey	Hon. Mike Marella 138 <sup>th</sup> District
George Estrada, Vice Chair	Bill Malone	Chris Phelps Adam Wood

**Also Present:**

Steven G. Mednick,  
Counsel (via phone)

**PRESENTATION BY GREGG BRELAND, VICE PRESIDENT, SOUTH END NRZ:**

Highlights of the South End NRZ Plan include:

- Combined servers- separation expected multi
- Resilience
  - Use Seaside Park as off shore break water in the sand
  - Berm around Seaside Park
  - Swales to collect water to reduce impact
- Repair damaged sidewalk
- Afterschool program, educational component could be part of the community
- Urban beautification
- Vocational training program specifically for youth
- Rehabbing bath house
- Community gardens

**Denese Taylor-Moye** commented as follows:

- Not sure about bringing more gardens until the ones that exists are taken care of
- Need housing and maybe include gardens as part of larger housing developments

**Adrienne Houel** commented as follows:

- There are organizations like GVI and the Community Land Trust and we should consider partnering with and include a program that will engage youth a meaningful way.
- Consider youth program to include community garden and beautification

**Jack Banta:**

- Per the Yale Urban Design Workshop study, a bio swell was installed at Seaside Village and note working so well.

**Liz Torres:**

- Investments in major commercial corridor – Broad Street and Park Avenue
  - Complete streets, make pedestrian friendly, Bike trails
  - Landscaping
  - Lighting
  - Signage

**Cathleen Simpson:**

- Bike path from Captain's Cove to Seaside Park should be joined together

**Sharon Lewis:**

- Hartford is embarking on a sewer separation project and it is very expensive, \$100M. Not being managed well. Streets are being torn up and having a negative impact on business.
- In Bridgeport, why don't we approach Aquarian Water Co. to help with this type of project.

**PRESENTATION BY KRISTIN DUBAY HORTON, DIRECTOR OF THE HEALTH DEPARTMENT, CITY OF BRIDGEPORT:**

- Performed Health Assessment in 2011. Summary of major concerns included:
  - Cardiac/diabetes/obesity
  - Substance abuse and mental illness
  - Access to healthcare
  - Smoking
  - Asthma
  - Indoor Air quality
- 06608 16% Diabetes, Northern part of East Side
- 06605 13% Diabetes of those about 25% have been hospitalized. (South End, West End)

**Poor Health**

- Being poor is a market for poor health
- Obesity 70% of Bridgeport adults, #1 in State
- No grocery store, correlation between this issue and obesity and COPD
- In 2013 - 646 children, a child's palette is frumenty age 5, so if a child is used to eating junk food, that's what they will crave.
- 18% adults 06604 and 06605 47% (1/3) have been hospitalized in past year for asthma an indication the disease is being poorly managed.
- Asthma rate in the City is 19%
- As a result of indoor air quality and lack of access to health care

Smoking:

- Those with less than a high school education are likely to smoke, Hispanic, Black
- 1 in 5 kids using e-cigarettes. Huge problem. Worst for your health. Has more nicotine than regular cigarette and is highly addictive.

Indoor air quality

- Lead, mold, pest and rodents contribute to indoor air quality
- Less concerned about Coal Plant
- Indoor air quality live by highway and poor neighborhoods

Crime is falling but residents do not feel comfortable and safe

- Highest rates of assaults in South End and Downtown
- Major change from past has to do with programming, example, youth programming at Walkman Boy's and Girl's Club
- How to engage children in a meaningful way.
- 7<sup>th</sup> and 10<sup>th</sup> big shifts in how children feel about themselves.
- Teen pregnancy is growing in Bridgeport, only place in CT

Recommendations:

- Increase access to health and food security: \$3M for full service grocery store and \$15K for healthy "bodega"
- Community gardens
- Expand Farmer's Market
- Depression among kids
- Job for young people. Ned jobs that help shape future, social media to combat smoking
- Educate residents on concepts of a healthy homes
- Provide crime heat maps
- CT Well Being Survey will launch in June. Random digital dial survey but Citywide. Suggests PSEG to do it for specialties. Approx. \$20K
- Perform particulate monitoring to do air quality monitoring when coal planet is operational.
- Kristin will share date from CCES

Sharon:

- Concerned that comments about indoor air quality down plays issues
- Provide asthma maps

The Meeting adjourned at 6:40 P.M. (Motion by Jack Banta, Second by Carl McCluster)