



Joseph P. Ganim  
Mayor

City of Bridgeport  
**Department of Health & Social Services**  
**Department of Aging**

307 Golden Hill Street Bridgeport, CT 06604  
Telephone: 203-576-7993  
Fax: 203-576-7235  
[bridgeportct.gov/Aging](http://bridgeportct.gov/Aging)

Sumit Sharma, MPH, MDiv.  
Deputy Director  
of Health

Marie Heller  
Program Director for  
Department On Aging

**CITY OF BRIDGEPORT SENIOR CENTER  
REGISTRATION FORM**

Enrollment Date: \_\_\_\_\_

Senior Sites: Please check the site at which you want to participate:

Black Rock     Eisenhower     East Side     North End Bethany

**MEMBERSHIP IS OPEN TO SENIORS WHO ARE 55 YEARS OF AGE OR OLDER!**

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**PLEASE PRINT:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_  Female     Male    Telephone: \_\_\_\_\_

Address: \_\_\_\_\_ Apt #: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

First Time Member:  Yes     No

If no, at which location and in what year did your membership expire?

\_\_\_\_\_

Please indicate what Activities you are interested in:

\_\_\_\_\_

\_\_\_\_\_

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**EMERGENCY CONTACT:**  
**Please provide 2 Emergency contacts if possible**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Number: \_\_\_\_\_

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**Transportation: I will need transportation to and from the Center**

Yes  No

**(Please fill out Transportation form)**

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Allergies:  Yes  No

If yes, and if you would like to share this information, please describe below:

\_\_\_\_\_

\_\_\_\_\_

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**FEDERAL GRANT INFORMATION**

Every year we apply for Federal Grant money to offset the expense of different activities provided at the Centers. The below requested information is used for the Federal Grant applications. Please note, providing this information is entirely **VOLUNTARY AND OPTIONAL:**

Ethnicity:  Hispanic/Latino  Not Hispanic/Latino

Race:

White  Hispanic  Latino or Spanish Origin  Black or African American  
 Asian  American Indian or Alaska Native  Middle Eastern or Northern African  
 Native Hawaiian or Other Pacific Islander  Other

Other: \_\_\_\_\_

Name of head of household: \_\_\_\_\_  
Head of Household Age: \_\_\_\_\_  Under 62 Years  Over 62 years  
Number of persons in Household, including head of household: \_\_\_\_\_  
Age of Youngest person in Household: \_\_\_\_\_ years of age  
Gender of Head of Household:  Female  Male  
IS HEAD OF HOUSEHOLD DISABELD:  Yes  No

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### PHOTO RELEASE & DISCLAIMER

From time to time, the Senior Center captures photos and video for the City's Department on Aging for printed or electronic publications including by not limited tonews releases, publications, bulletin boards and the website related to Senior Centerfunctions and activities. Any photos, prints and digital reproductions shall be the property of the Center. If you do not wish to consent to the use of your likeness as described above, you may opt out by signing below.

I do **NOT** consent to use of my photograph and/or name in accordance with the above:  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### WAIVER AND RELEASE LIABILITY

In consideration of my use of the facilities, the exercise equipment and any other items utilized in connection with Senior Center programs, I hereby waive and release, on behalf of myself, my heirs, executors, administrators, successors and assigns, any and allclaims against the Senior Center, the City of Bridgeport and its Department on Aging, the City's elected officials, employees, officers, directors, and associates, for personal injuries (including death) or other damages sustained by me, or to any guest of mine, in, on, or about the premises, or as a result of the use of the equipment or facilities, regardless of whether such injuries result, in whole or in part, from the negligence of theSenior Center, the City of Bridgeport and/or its Department on Aging.

By executing this agreement, I hereby fully and forever release and discharge the SeniorCenter, the City of Bridgeport and its Department on Aging, the City of Bridgeport, its elected officials, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, resulting from or arising out the use of said equipment andfacilities and agree to defend, indemnify and hold harmless the

Senior Center, the City of Bridgeport and its Department on Aging, the City of Bridgeport, its elected officials, employees, officers, directors, and associates for any injuries, damages or losses described herein.

**I have read the foregoing Waiver and Release of Liability, understand it, and agree to its terms.**

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**ZERO TOLERANCE POLICY**

The City of Bridgeport Department on Aging Senior Centers maintain a “zero tolerance” policy with respect to harassment of any kind or nature, the use of obscene language, the making of real or perceived threats, the making of disparaging comments, and the causing or threat of causing physical injury to other members, staff, or visitors. Members understand, acknowledge, and agree that they will at all times act in a manner consistent with this policy and that anyone determined to have engaged in any of the foregoing conduct may be immediately suspended and/or their membership terminated, in the sole and complete discretion of the Senior Center, and in accordance with the Senior Center’s Rules, Regulations and Standards of Conduct regarding same. All members agree to conduct themselves in accordance with the Rules, Regulations and Standards of Conduct of the Department on Aging’s Senior Center.

***I have read the foregoing application in its entirety and agree to all of its terms and conditions.***

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Form 5 - Consumer Registration Form

Information provided on this form is important for the State of Connecticut to receive federal funds and to continue to provide services to older adults. Please take the time to answer all the questions on this form.

Your personal privacy is very important to us. The law prohibits sharing any information you give without a court order or without permission from you or your personal representative EXCEPT for the following: state, federal and local monitoring relative to program reporting requirements; program management, public safety and research. Be assured that your information will only be used as necessary under those provisions.

**Consumer Signature:** \_\_\_\_\_

Registration:  New  Update  NFCSP/Statewide Respite  Caregiver  Includes Service Data  
(Caregivers complete sections I, III, IVc,d, IVf [grandparents]) (Complete section VIII)

### I. Add Consumer

a.) Consumer Name:			
First:	MI:	Last:	
b.) Today's Date: / /	c.) Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Non-Binary <input type="checkbox"/> Other	d.) Birth Date: / /	e.) SSN (Social Security): 000 - 00 - _____
f.) Home Telephone: ( )		g.) Cell Telephone: ( )	
h.) Email Address:			
i.) Provider Name:			
j.) Home Street Address 1:			
k.) Home Street Address 2:			l.) County:
m.) Town:		n.) State (if not CT)	o.) Zip Code:
p.) Care Enrollment: <small>(office use only)</small>	Level of Care:	Service/Care Program:	

### II. Details - Basic Information

a.) Marital Status:	<input type="checkbox"/> Currently Married	<input type="checkbox"/> Divorced	<input type="checkbox"/> Separated	<input type="checkbox"/> Single (Never Married)	<input type="checkbox"/> Widowed
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### II. Details - NAPIS

a.) NSIP Eligible:	<input type="checkbox"/> Yes <input type="checkbox"/> No
b.) NSIP Eligibility Type:	<input type="checkbox"/> Age 60 and Older <input type="checkbox"/> Disabled in Elderly Housing <input type="checkbox"/> Disabled Living with an Elderly Person <input type="checkbox"/> Spouse of Person Age 60+ <input type="checkbox"/> Volunteer

### II. Details - Other Characteristics

a.) Cognitive Impairment:	Has Alzheimer's disease or a related dementia: <input type="checkbox"/> No - None <input type="checkbox"/> Yes - Early Onset Dementia <input type="checkbox"/> Yes - Mild <input type="checkbox"/> Yes - Moderate <input type="checkbox"/> Yes - Severe
b.) Disabled:	<b>ONLY FOR NFCSP CARE RECIPIENTS</b> Care recipient is between the ages of 18 and 59 and has a disability. <input type="checkbox"/> Yes <input type="checkbox"/> No

### III. Caregiver Programs ONLY (NFCSP and CSRCP)

#### Details - Care Recipient/Caregiver - Add New (only for NFCSP and CT Statewide Respite Care)

a.) Care Status:	<input type="checkbox"/> Is Caregiver	Name of Care Recipient:
	<input type="checkbox"/> Is Care Recipient	Name of Caregiver:
b.) Relationship:	Relationship ALWAYS Means Caregiver's Relationship to the Care Recipient <input type="checkbox"/> Brother <input type="checkbox"/> Daughter <input type="checkbox"/> Daughter-in-Law <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Father* <input type="checkbox"/> Granddaughter <input type="checkbox"/> Grandfather* <input type="checkbox"/> Grandmother* <input type="checkbox"/> Grandson <input type="checkbox"/> Husband <input type="checkbox"/> Mother* <input type="checkbox"/> Non-Relative <input type="checkbox"/> Other Relative <input type="checkbox"/> Sister <input type="checkbox"/> Son <input type="checkbox"/> Son-in-Law <input type="checkbox"/> Wife * Must only be checked if the caregiver is age 55 or older and is the primary caregiver for a child under age 18 or an adult child between age 18 - 59 with a disability. Non-relative and Other relative may be checked for these caregivers as well as caregivers of older adults.	

### IV. Assessment Form - Demographics

a.) Primary Language:	Primary language spoken at home: <input type="radio"/> American Sign Language <input type="radio"/> Arabic <input type="radio"/> Cambodian (Khmer) <input type="radio"/> Chinese <input type="radio"/> English <input type="radio"/> French <input type="radio"/> German <input type="radio"/> Greek <input type="radio"/> Gujarati <input type="radio"/> Haitian Creole <input type="radio"/> Italian <input type="radio"/> Korean <input type="radio"/> Polish <input type="radio"/> Portuguese <input type="radio"/> Russian <input type="radio"/> Spanish <input type="radio"/> Tactical Sign Language <input type="radio"/> Turkish <input type="radio"/> Urdu <input type="radio"/> Vietnamese <input type="radio"/> Other _____ Please Specify
b.) Speaks English:	<input type="radio"/> Very Well <input type="radio"/> Well <input type="radio"/> Not Well <input type="radio"/> Not At All
c.) Ethnicity:	<input type="radio"/> Hispanic/Latino <input type="radio"/> Not Hispanic/Latino
d.) Race: (check all that apply)	<input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Asian/Asian American <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> White
e.) Housing:	<input type="radio"/> Private Home <input type="radio"/> Private Apartment <input type="radio"/> Senior Housing <input type="radio"/> Congregate Housing <input type="radio"/> Public Housing <input type="radio"/> Residential Care Home <input type="radio"/> Nursing Home <input type="radio"/> Assisted Living <input type="radio"/> Other _____ Please Specify
f.) Income: (2/2021)	<b>I live alone or with someone other than a spouse and MY monthly income is about:</b> <input type="radio"/> At or Below \$1,073 (100%) <input type="radio"/> \$1,074 - \$1,342 (125%) <input type="radio"/> \$1,343 - \$1,610 (150%) <input type="radio"/> \$1,611 - \$1,878 (175%) <input type="radio"/> \$1,879 - \$2,147 (200%) <input type="radio"/> \$2,148 or over (over 200%)  <b>I live with my spouse and OUR monthly income is about:</b> <input type="radio"/> At or Below \$1,452 (100%) <input type="radio"/> \$1,453 - \$1,815 (125%) <input type="radio"/> \$1,816 - \$2,178 (150%) <input type="radio"/> \$2,179 - \$2,540 (175%) <input type="radio"/> \$2,541 - \$2,903 (200%) <input type="radio"/> \$2,904 or over (over 200%)
g.) In Poverty:	<input type="radio"/> Yes <input type="radio"/> No
h.) Living Arrangements:	<input type="radio"/> Alone <input type="radio"/> With Spouse <input type="radio"/> With Unmarried Partner <input type="radio"/> With Spouse/Partner and Child/ren <input type="radio"/> With Child/ren Only, No Spouse/Partner <input type="radio"/> With Grandchild/ren <input type="radio"/> With Other Relatives <input type="radio"/> With Others

## V. Assessment Form - Functional Status

a.) ADL/IADL:

**I need help with the following ADL activities:**

- |                       |                       |                       |                          |                       |                       |
|-----------------------|-----------------------|-----------------------|--------------------------|-----------------------|-----------------------|
| Yes                   | No                    | Yes                   | No                       | Yes                   | No                    |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> | <input type="radio"/> |
|                       | Eating                |                       | Dressing                 |                       | Bathing/Washing       |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> | <input type="radio"/> |
|                       | Using the Toilet      |                       | Getting Out of Bed/Chair |                       | Continence            |

**I need help with the following IADL activities:**

- |                       |                          |                       |                       |                       |                       |
|-----------------------|--------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Yes                   | No                       | Yes                   | No                    | Yes                   | No                    |
| <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                       | Planning/Preparing Meals |                       | Shopping              |                       | Managing Money        |
| <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                       | Using the Telephone      |                       | Housekeeping          |                       | Doing Laundry         |
| <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> | <input type="radio"/> |                       |                       |
|                       | Taking Medicine          |                       | Using Transportation  |                       |                       |

## VI. Assessment Form - Nutrition

a.) Nutritional Risk:

- |                       |                       |                       |  |
|-----------------------|-----------------------|-----------------------|--|
| Yes                   | No                    | Unknown               |  |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I have an illness or condition that made me change the kind or amount of food I eat. (2) |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I eat fewer than 2 meals per day. (3)  |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I eat few fruits and vegetables or milk products. (2)                                    |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I have problems chewing/swallowing that make it hard for me to eat. (2)                  |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I do not always have enough money or food stamps to buy the food I need. (4)             |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I take 3 or more different prescription or over-the-counter drugs each day. (1)          |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I eat alone most of the time. (1)  |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I have 3 or more drinks of beer, liquor or wine almost every day. (2)                    |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Without wanting to, I have lost or gained 10 pounds in the last 6 months. (2)            |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | I am not always physically able to shop, cook or feed myself. (2)                        |

## VII. Assessment Form - Service Indicators

In the last 12 months:

1.) If I had groceries available, I was able to use them to prepare a meal:

- Yes (skip to question 2)  No (Please answer 1b below)

1b.) You had someone who could cook for you or helped you cook

- Yes  No

If you answered NO, did you experience this in the last:

- 1-3 months  4-6 months  7 months or more

2.) In the last 12 months have you experienced the following situations because you did not have enough money

a.) Did you or other adults in your household ever skip meals?

- Yes  No

b.) Did you eat less food than you felt you needed?

- Yes  No

c.) Were you ever hungry?

- Yes  No

If you answered YES to ANY of these questions, did you experience this in the last:

- 1-3 months  4-6 months  7 months or more

3.) Have you recently lost weight without trying?

- Yes  No

If YES, how much weight have you lost?

- 1-13 lbs.  14-23 lbs.  24-33 lbs.  34 or more lbs.  Unsure

4.) Have you been eating poorly because of a decreased appetite?

Yes       No

5.) Have you been hospitalized in the last 12 months?

Yes       No

If YES, when were you last in the hospital?

In the last 3 months     In the last 4-6 month     In the last 7-12 months

### VIII. Service Delivery

a.) Site Name (if applicable): \_\_\_\_\_

b.) Service Category (if applicable)	c.) Service (sub-service)	d.) Fund Identifier	e.) Number of Units
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_____ /	_____ /	_____ /	_____
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_____ /	_____ /	_____ /	_____
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_____ /	_____ /	_____ /	_____
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_____ /	_____ /	_____ /	_____
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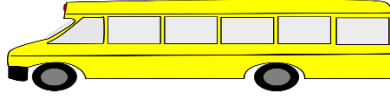
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**TRANSPORTATION FORM FOR THE DEPARTMENT ON AGING**



**PLEASE CHECK FOR WHICH CENTER:**

EISENHOWER     BLACK ROCK     EAST SIDE     NORTH BETHANY

PICK UP STARTING DAY: \_\_\_\_\_ PICK-UP TIME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TELEPHONE #: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ MALE  FEMALE:

REQUESTED PICK-UP DAYS: \_\_\_\_\_

INTERESTED ACTIVITIES: \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_

PLEASE BE AWARE THAT THE BUS WILL PICK UP AS CLOSE TO YOUR TIME AS POSSIBLE. THERE ARE CIRCUMSTANCES DUE TO WEATHER OR TRAFFIC THAT THE BUS WILL BE LATE. PLEASE DO NOT CALL THE DRIVER UNLESS 20 MINUTES HAS PASSED BEFORE YOUR SCHEDULED PICK UP TIME. IF YOU ARE NOT COMING TO THE CENTER ON YOUR DESIGNATED DAY, PLEASE CALL THE BUS DRIVER EITHER EARLY THE MORNING OF OR THE NIGHT BEFORE. THANK YOU.

**BUS NUMBER: (203) 650-1075**