

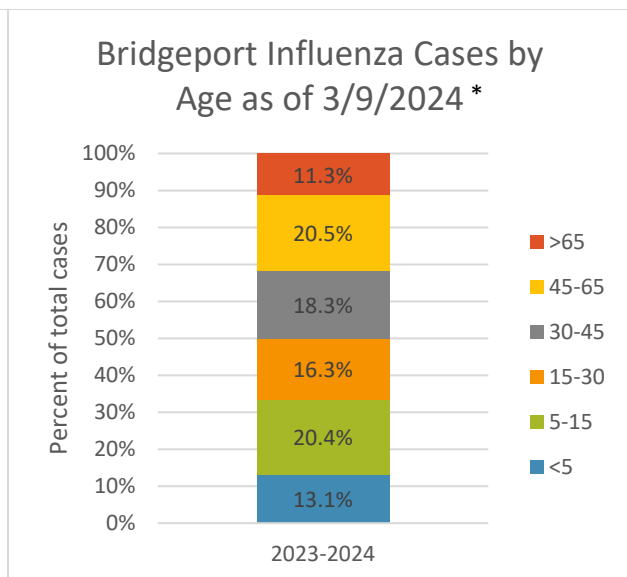
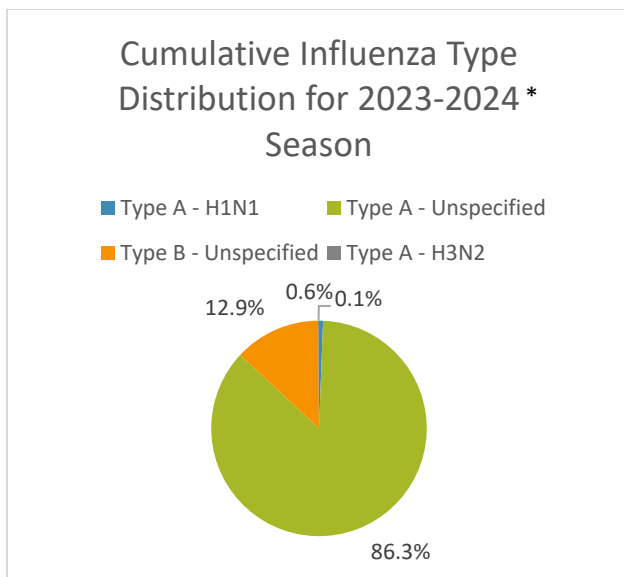
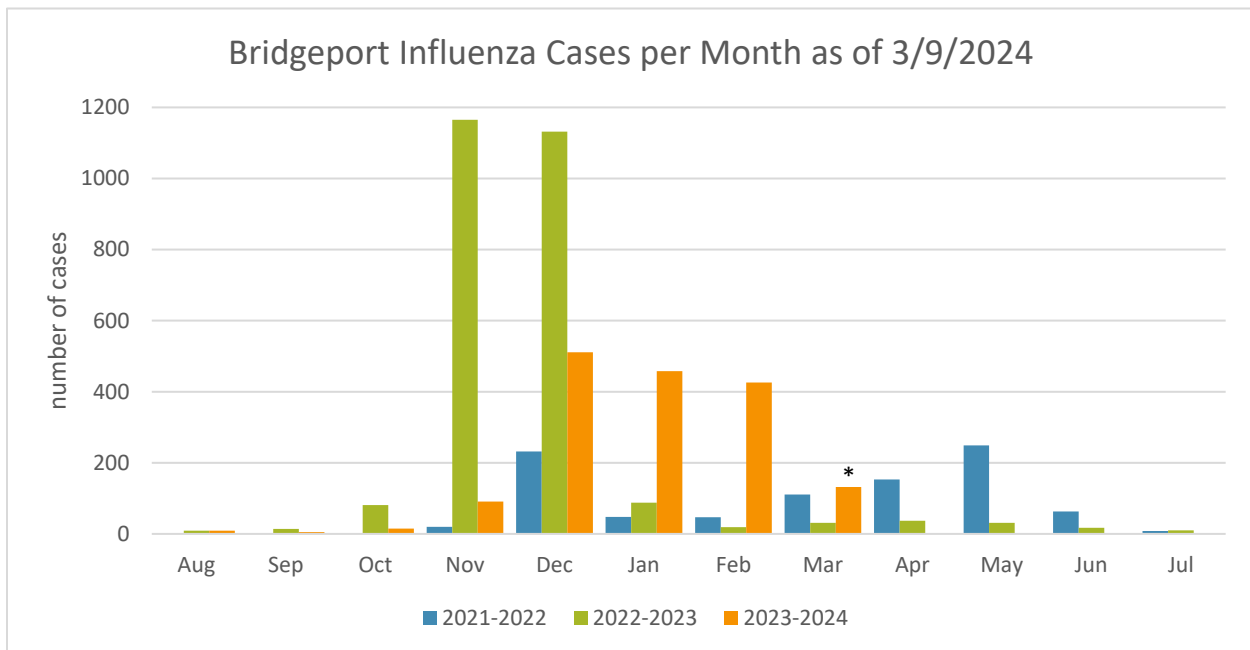


# INFLUENZA EPI REPORT: 2023-2024

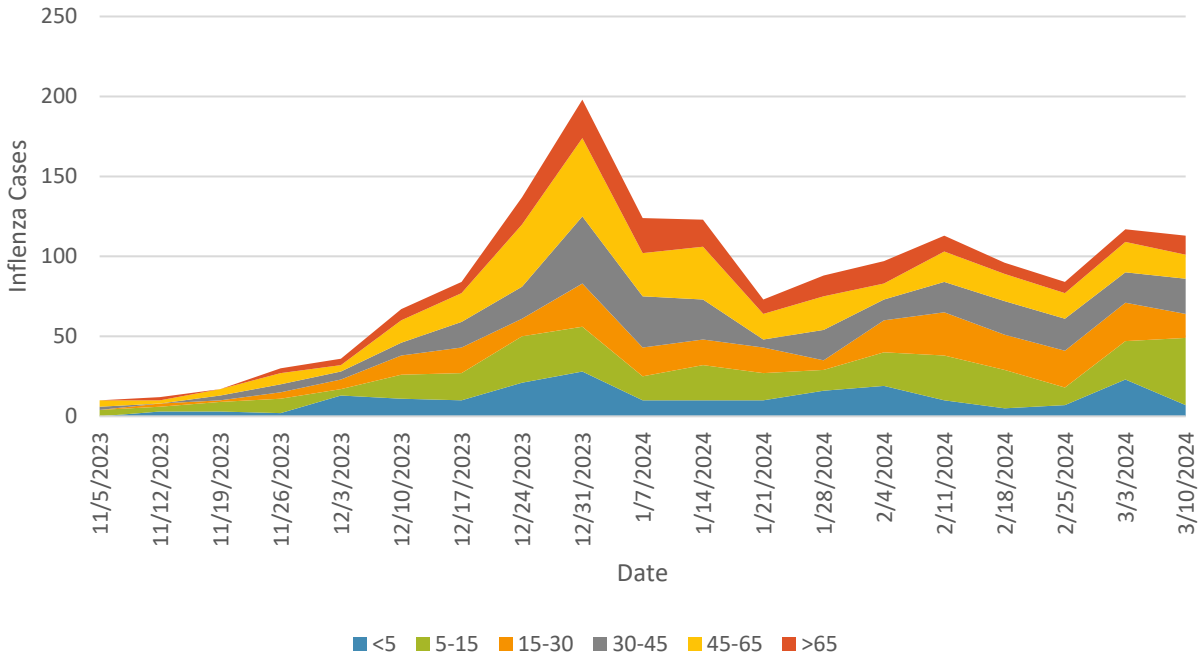
WEEK 10 – MARCH 9, 2024

## BRIDGEPORT – CASES REPORTED THROUGH MARCH 9, 2024

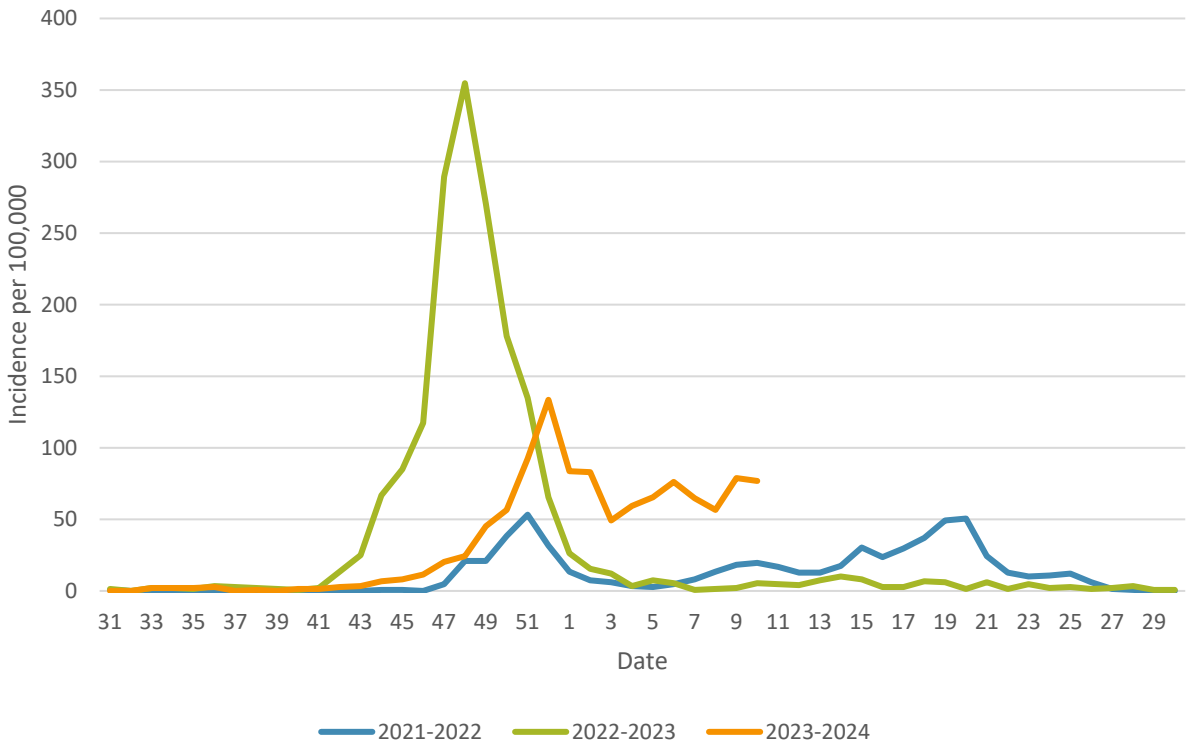
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
114	↓ 2.6%	1,633

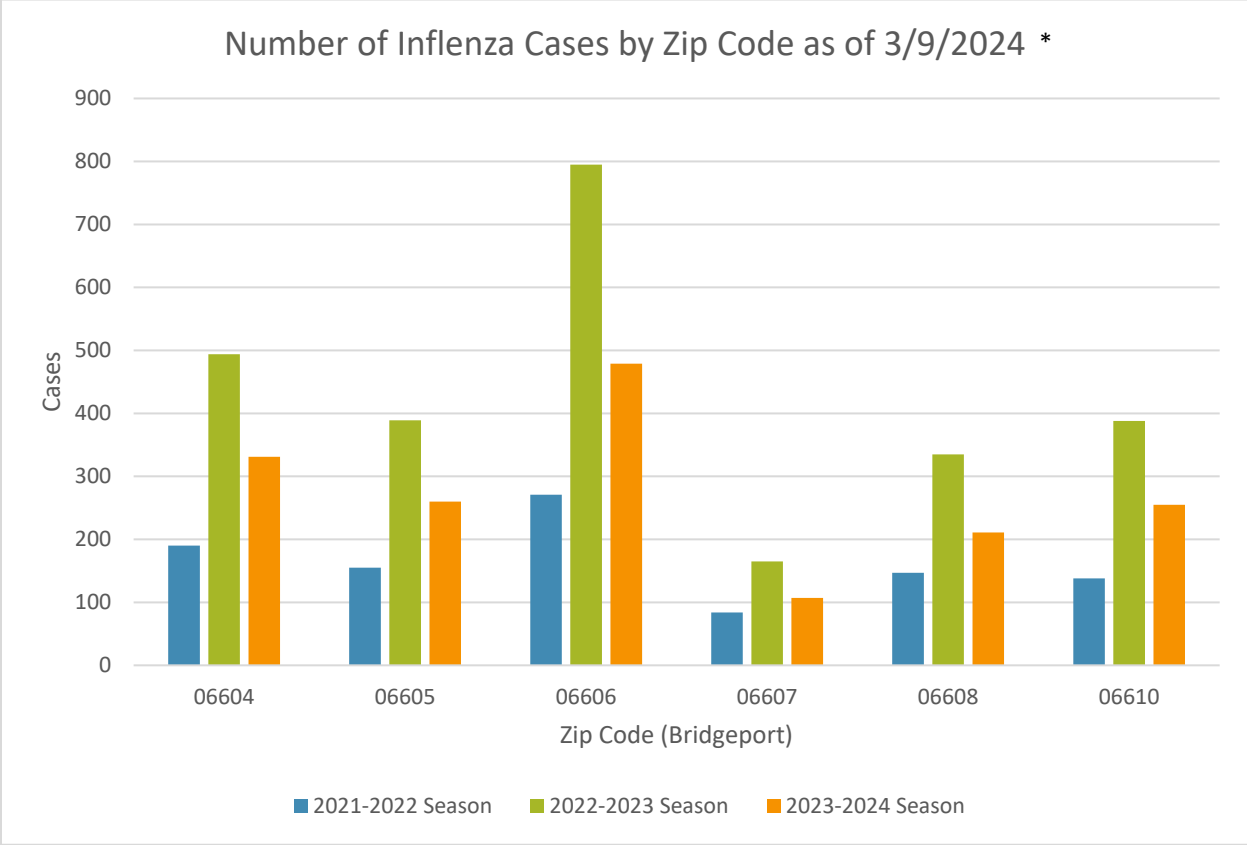
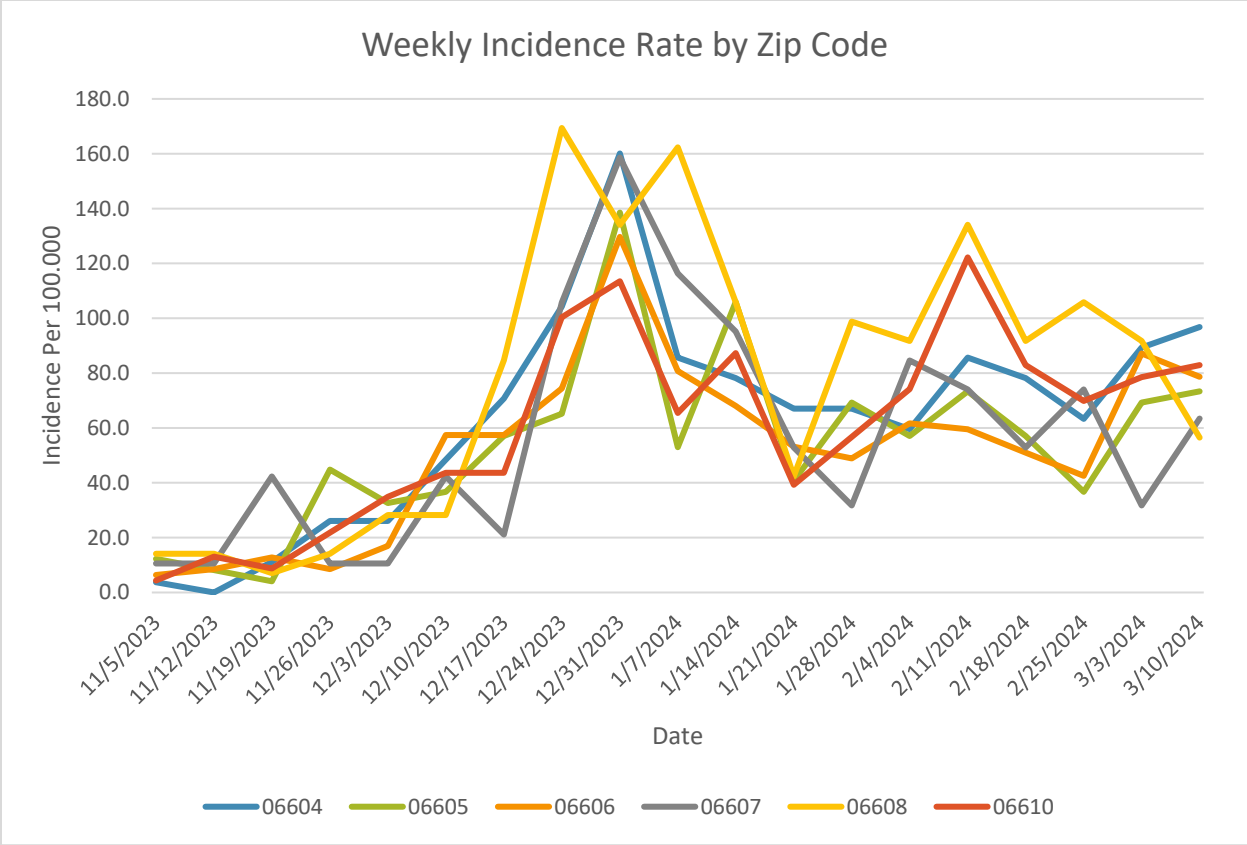


Weekly Number of New Influenza Cases by Age  
2022-2023 Season



Influenza Weekly Incidence Rate in Bridgeport as of 3/9/2024



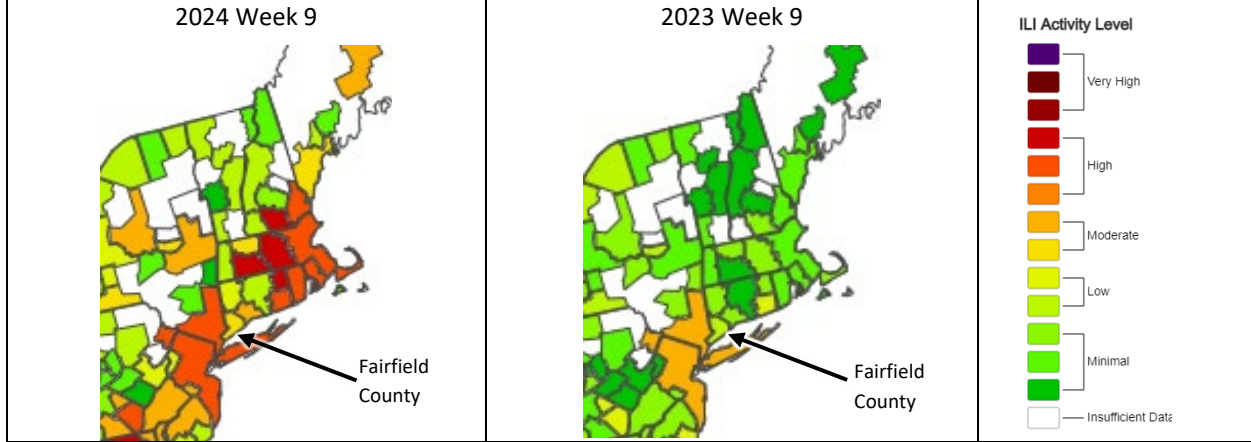




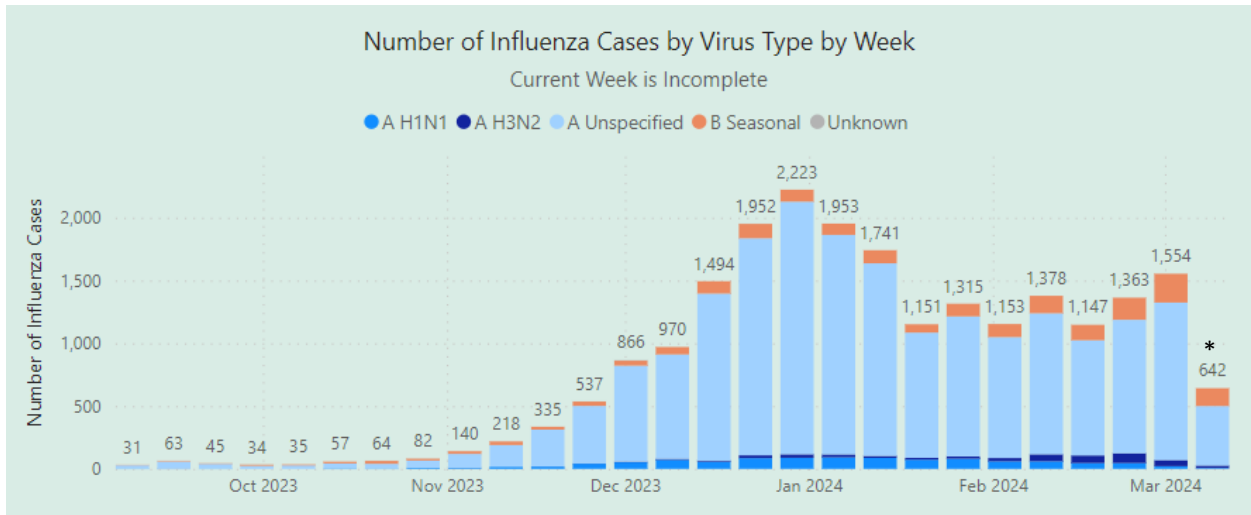
A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



	Week ending 3/2/2024	Total this season
CT Influenza Cases	1,554	21,739
CT Influenza Hospitalizations	105	1,381
CT Influenza Deaths	2	69



NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2020-2024

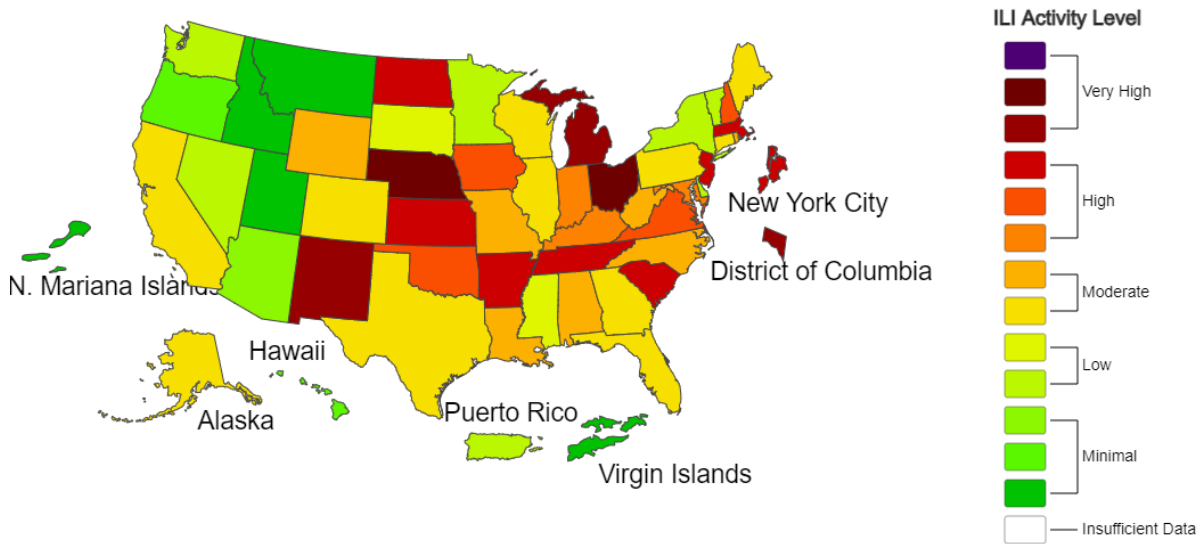


A Weekly Influenza Surveillance Report Prepared by the Influenza Division

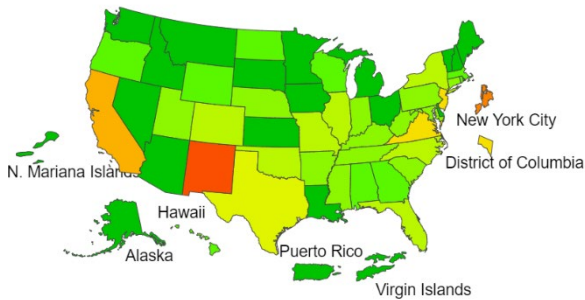
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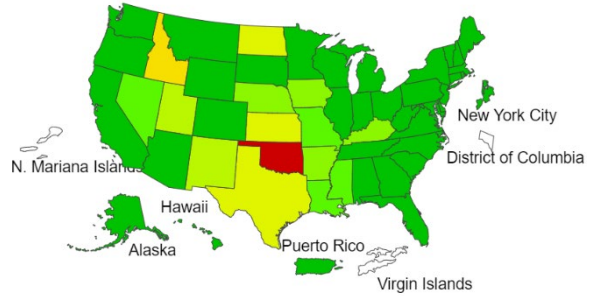
2023-24 Influenza Season Week 9 ending Mar 02, 2024



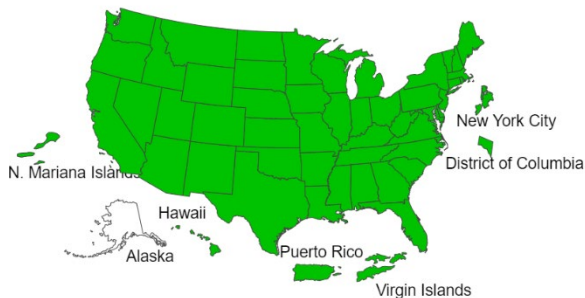
2022-23 Influenza Season Week 9 ending Mar 04, 2023



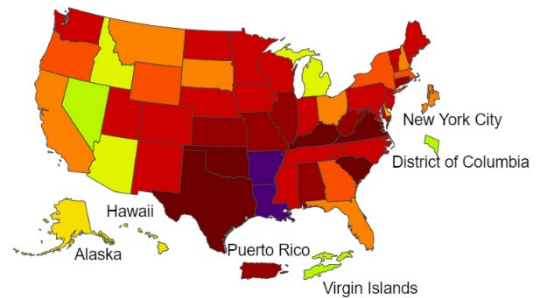
2021-22 Influenza Season Week 9 ending Mar 05, 2022



2020-21 Influenza Season Week 9 ending Mar 06, 2021



2019-20 Influenza Season Week 9 ending Feb 29, 2020



\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## SUMMARY

114 new laboratory confirmed cases of influenza were reported in Bridgeport for the week ending 03/09/2024. This represents a 2.6% decrease in new cases compared to the previous week and brings the seasonal total to 1,633 cases in Bridgeport. In the first 9 days of March the number of influenza cases has surpassed what was seen in the entirety of March in 2023 and 2022. This flu season did not have the early and intense spike in cases that was seen last year, but we are seeing a slower decline in cases than is typical. The majority of cases continue to be influenza type A without a subtype identified. This is likely due to the cost of subtype identification testing and that the rapid influenza tests commonly used in medical offices do not indicate a subtype. This week there were more new cases in 5-15 year olds (42 cases) representing 37% of the new cases. The weekly incidence rate in Bridgeport continues to hover between 50-85 cases per 100,000 since the start of 2024. All zip codes in Bridgeport have incidence rates hovering in that range as well.

In Connecticut there were 1,554 new influenza cases, 105 hospitalizations, and 2 deaths for the week ending 3/2/2024. Fairfield County was at moderate levels of Influenza Like Illness (ILI) activity. Higher levels of ILI activity were seen in Northeastern Connecticut and lower levels were seen in Northwestern Connecticut. The New York City Metro region was at high levels of ILI activity.

Connecticut was at moderate levels of ILI activity, as was a large portion of the US. 5 states were at very high ILI activity levels, 14 at high levels, and 17 at moderate levels. While influenza cases continue at higher rates than seen in previous years, we are not seeing the early spring spike in cases that would be expected. It is unclear if the second spike will eventually present itself or if these continuing levels of new cases will increase the immunity in our population and prevent the spring spike from occurring. No matter what happens, flu is still around and washing your hands is still important.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)



## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Weekly Viral Respiratory Disease Update](#)
- [CDC FluView – Weekly Influenza Summary](#)