

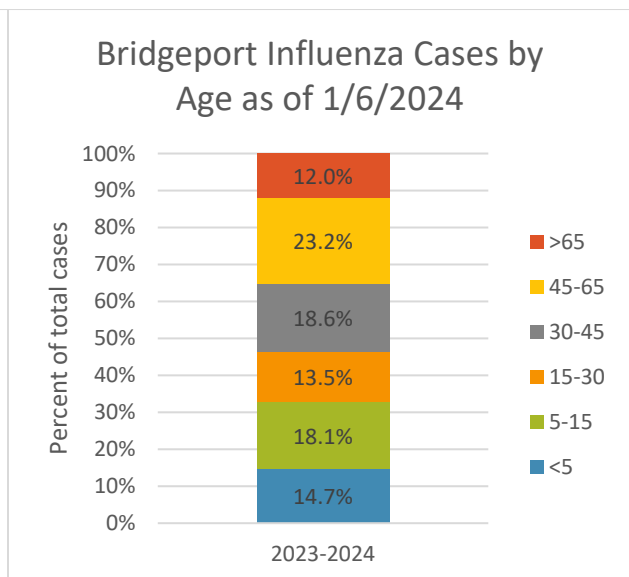
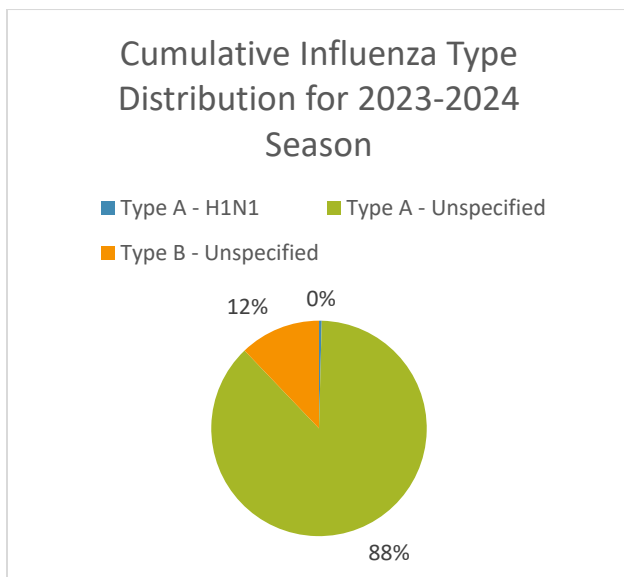
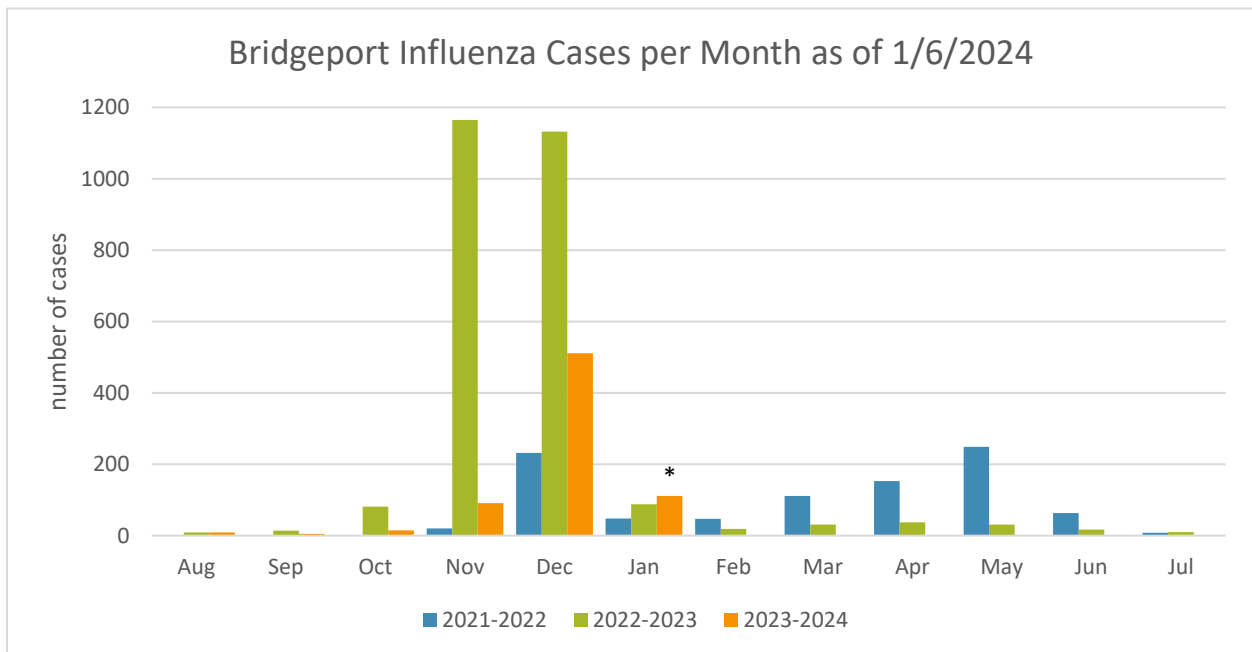


# INFLUENZA EPI REPORT: 2023-2024

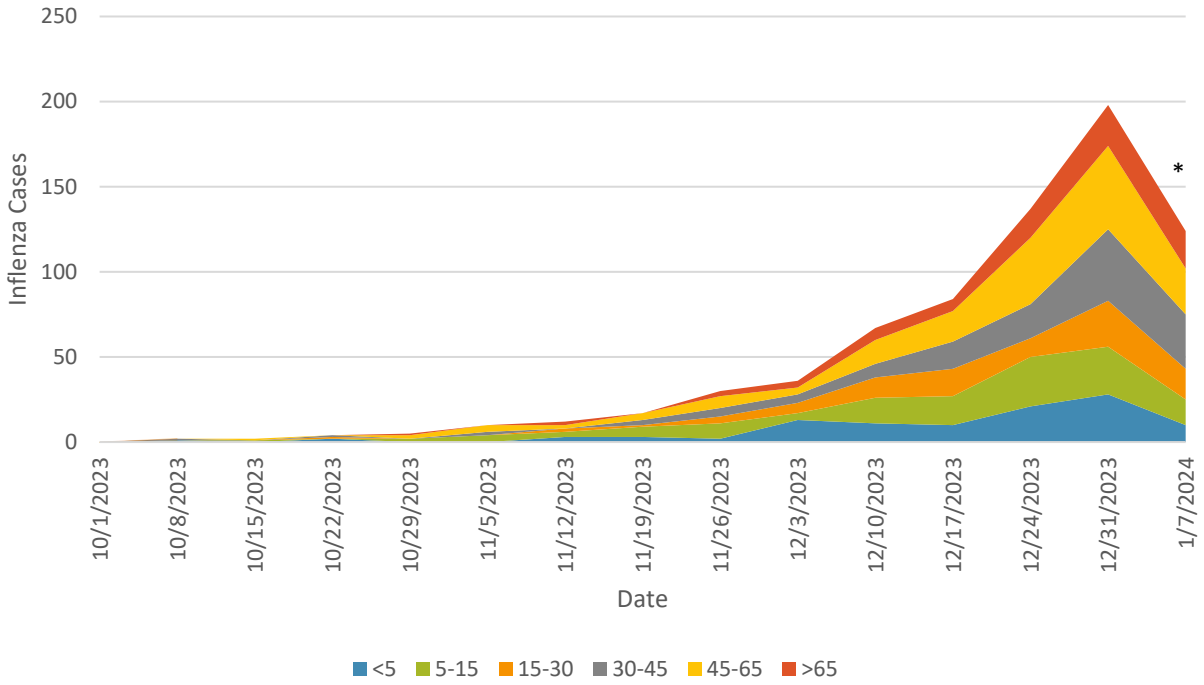
WEEK 1 – JANUARY 6, 2024

## BRIDGEPORT – CASES REPORTED THROUGH JANUARY 6, 2024

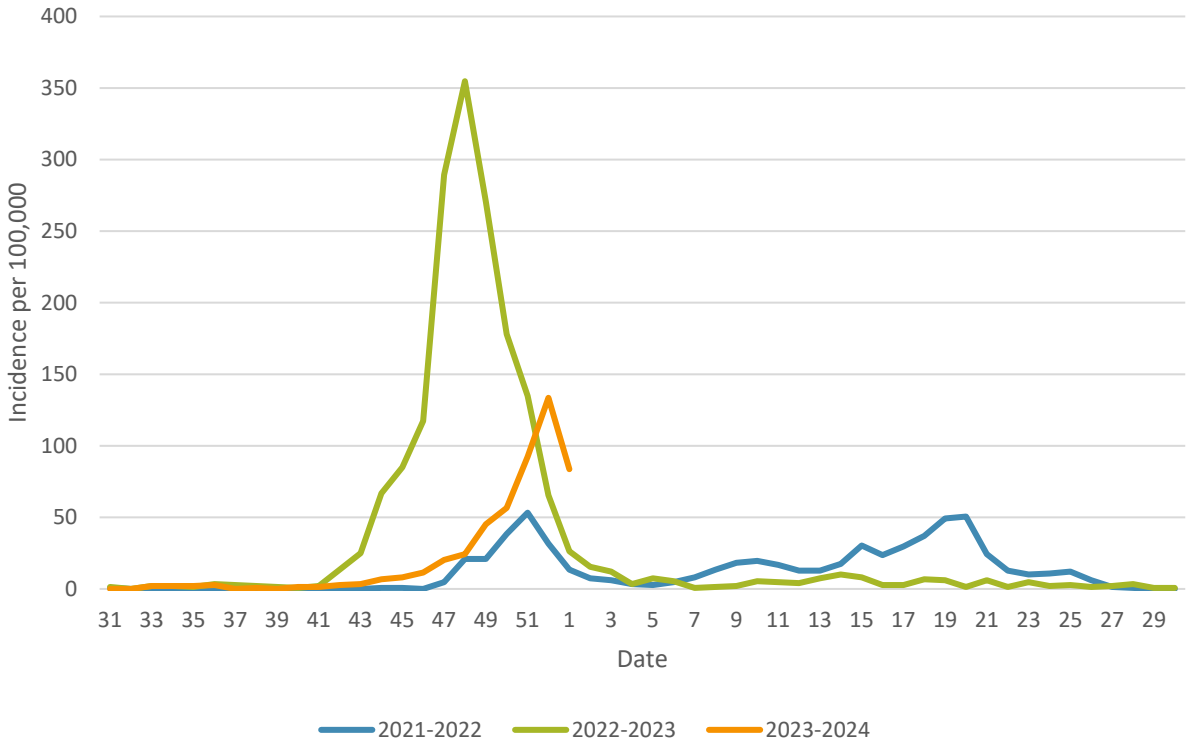
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
124	↓ 37.4%	728

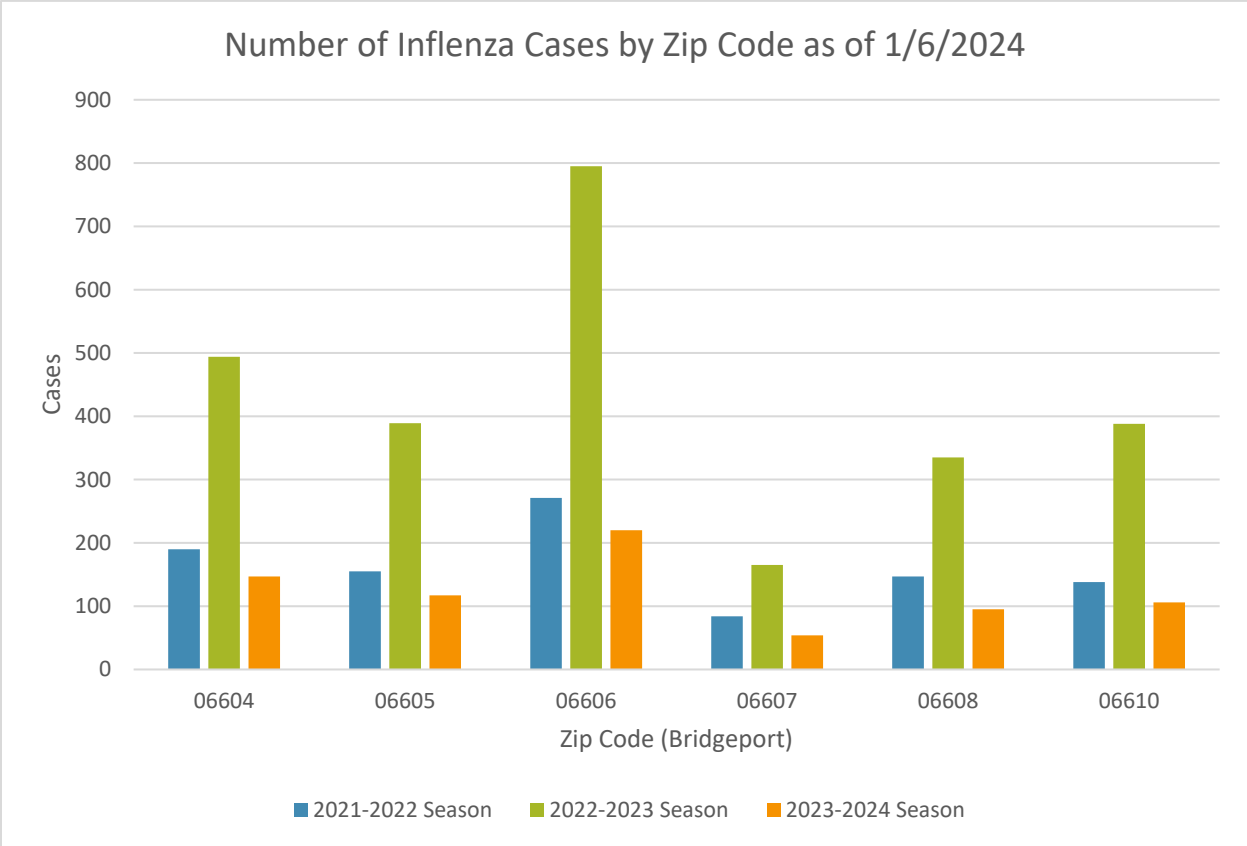
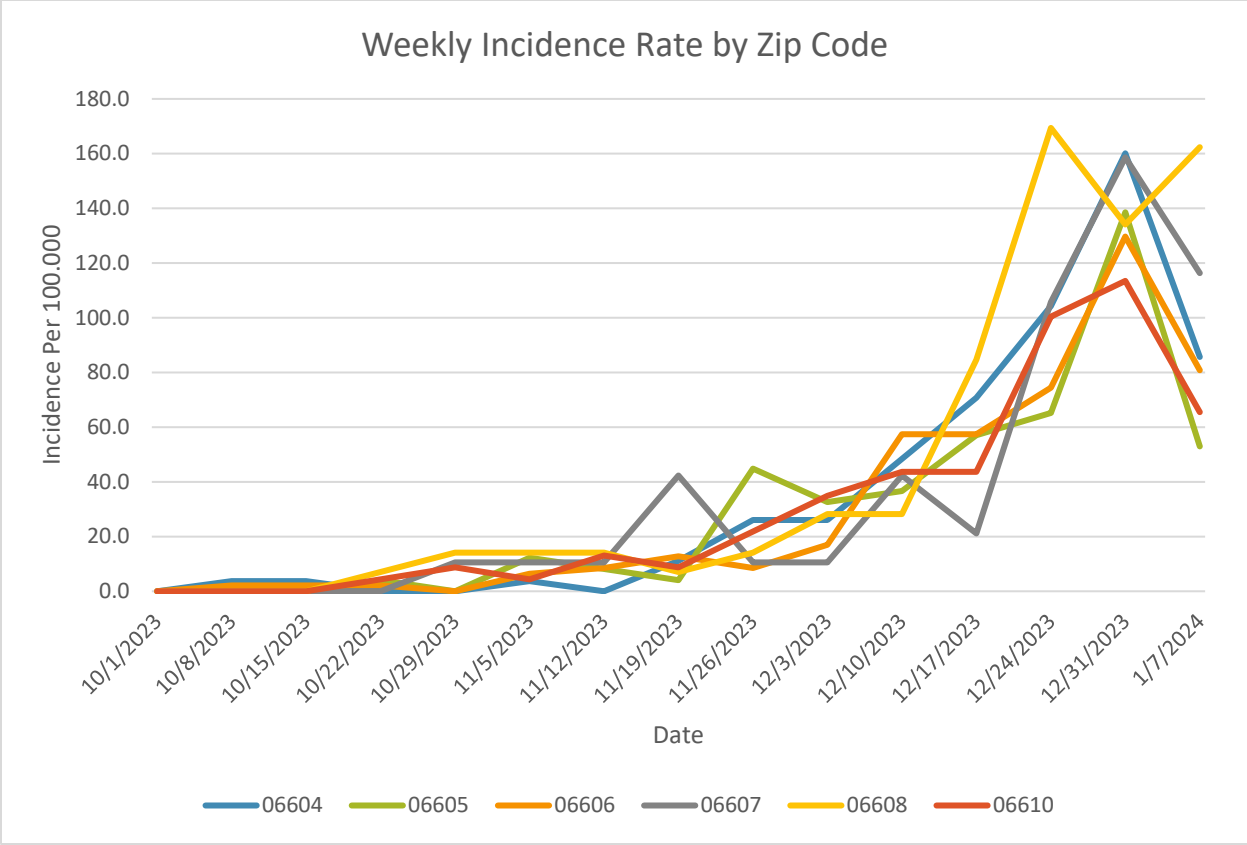


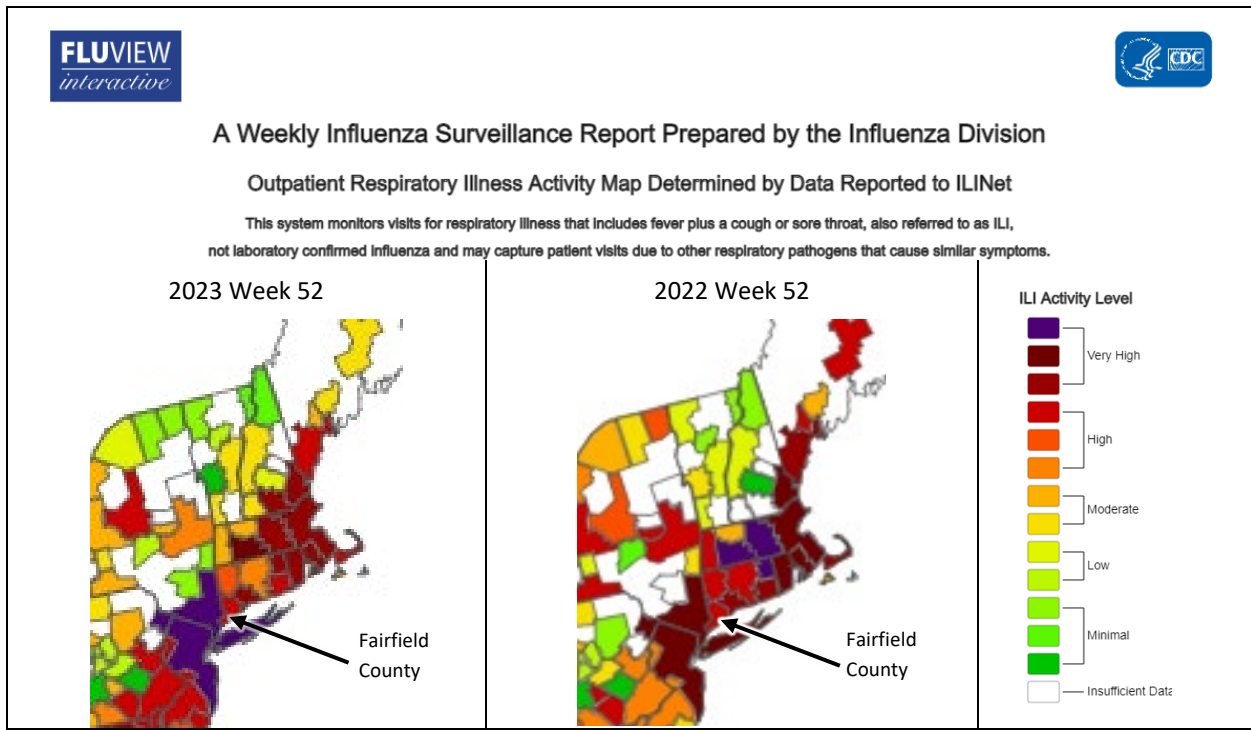
Weekly Number of New Influenza Cases by Age  
2022-2023 Season



Influenza Weekly Incidence Rate in Bridgeport as of 1/6/2024







	Week ending 12/30/2023	Total this season
<i>CT Influenza Cases</i>	1,891	7,069
<i>CT Influenza Hospitalizations</i>	88	385
<i>CT Influenza Deaths</i>	3	17

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2019-2023

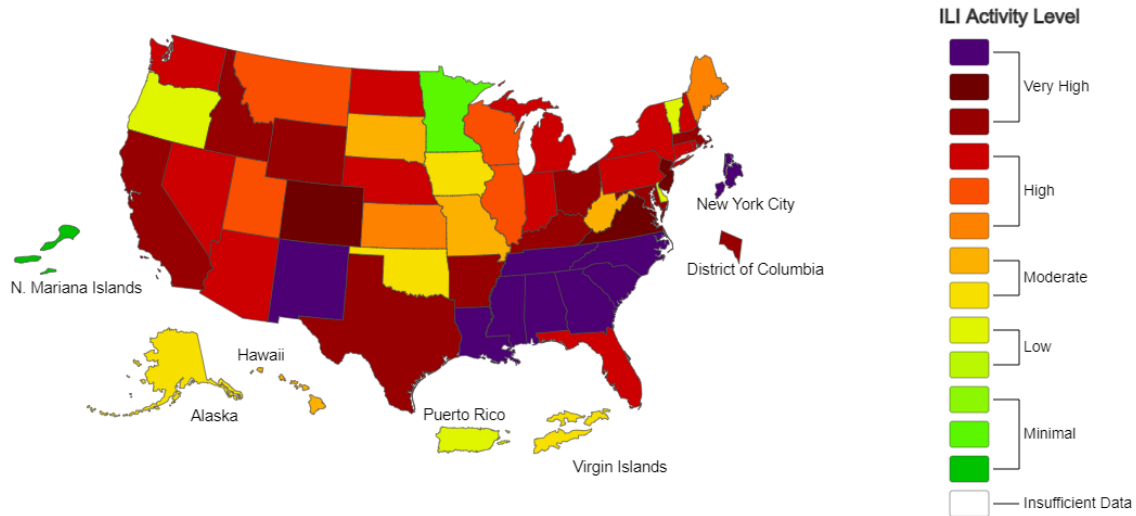


A Weekly Influenza Surveillance Report Prepared by the Influenza Division

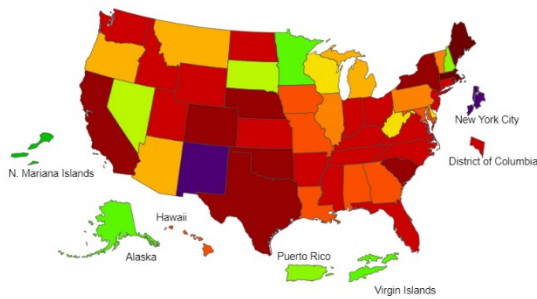
Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.

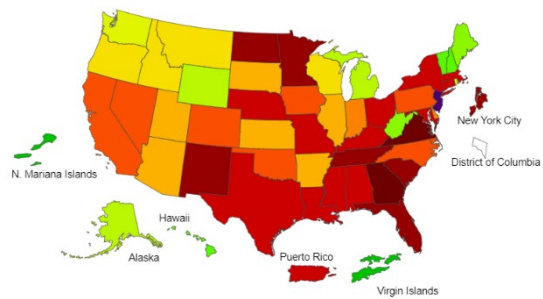
2023-24 Influenza Season Week 52 ending Dec 30, 2023



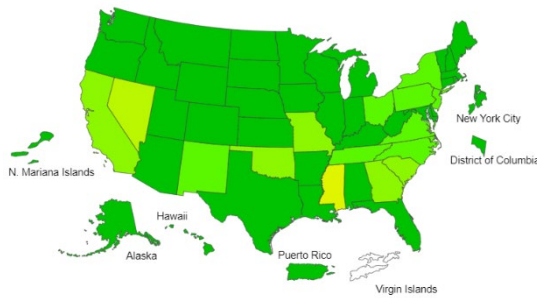
2022-23 Influenza Season Week 52 ending Dec 31, 2022



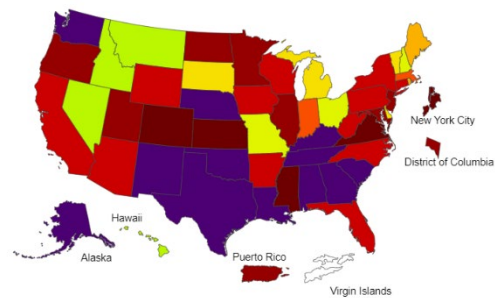
2021-22 Influenza Season Week 52 ending Jan 01, 2022



2020-21 Influenza Season Week 52 ending Dec 26, 2020



2019-20 Influenza Season Week 52 ending Dec 28, 2019



\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## SUMMARY

There were 124 new laboratory confirmed cases of influenza for the week ending 01/06/2024, representing a 37% decrease in new cases compared to the previous week. Despite this decrease, the number of new cases in the first 6 days of January this year has already surpassed the total for the whole month of January for each of the previous two years. 45-65 years olds continue to have the highest percentage of cases (23.2%), but as of this week the second highest percentage is now 30-45 year olds (18.6%) and followed by 5-15 year olds (18.1%). While all age groups saw a decrease in new cases compared to the previous week, the 30-45 year old age group saw the largest number of new cases this week (32 cases). The incidence rate for Bridgeport has decreased to 83.6 cases per 100,000 population from this seasons current high of 133.5 per 100,000 seen in the previous week. The incidence rate for this week is above the incidence rates seen after January 1 of the 2022-2023 season as well as above the highest incident rate seen in the entire 2021-2022 flu season. All zip codes in Bridgeport experienced a decrease in incidence rate with the exception of 06608, which increased to the level seen 2 weeks ago.

There were 1,891 new influenza cases in Connecticut for the week ending 12/30/2023 as well as 88 hospitalizations and 3 deaths. This brings the season to date totals to 7,609 cases, 385 hospitalizations, and 17 deaths. Fairfield County is at very high levels of ILI activity along with New Haven County and the NYC metro region. All counties in Connecticut are at high ILI activity levels or above for the week ending 12/30/2023.

2023 is ending with high and very high ILI activity levels across most of the country. 22 states/regions are at very high ILI activity levels and 20 (including Connecticut) are at high levels. The highest concentration of very high ILI activity is in the Southeastern US, but it is not exclusive to that region. Influenza is widespread across the country with only 8 states/regions at moderate, 4 at low, and 2 at minimal ILI activity levels. It is important to remember that the ILI activity levels include any respiratory disease that has similar symptoms to influenza, which can include COVID-19 and RSV infections.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

Updated January 11, 2024

\*data are incomplete

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)



## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Weekly Viral Respiratory Disease Update](#)
- [CDC FluView – Weekly Influenza Summary](#)