

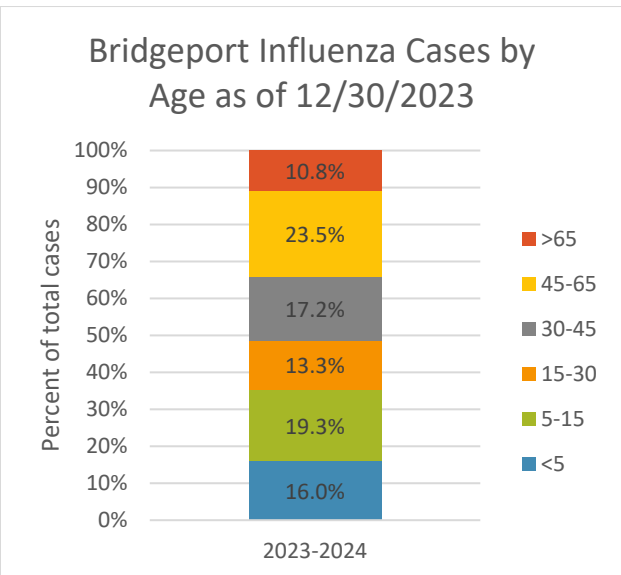
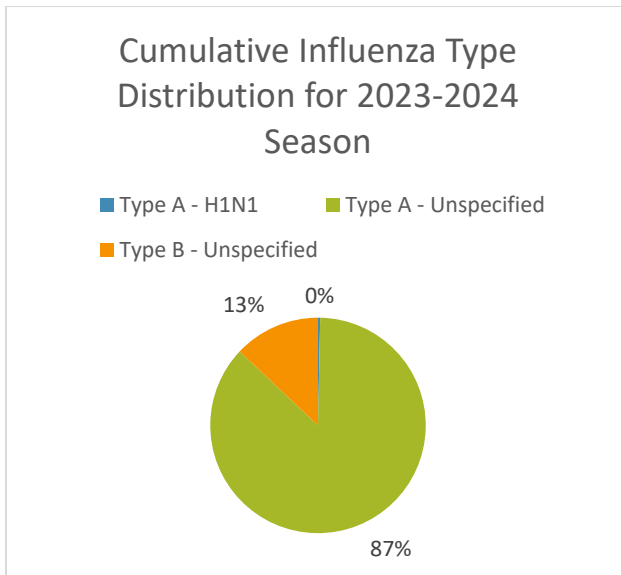
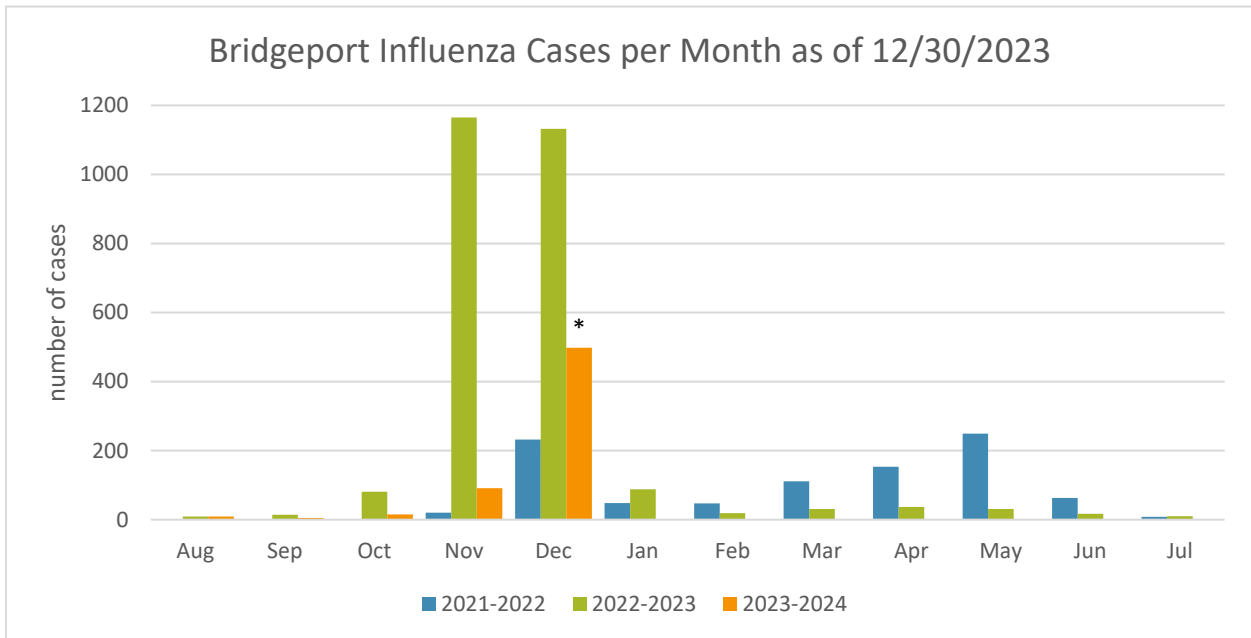


# INFLUENZA EPI REPORT: 2023-2024

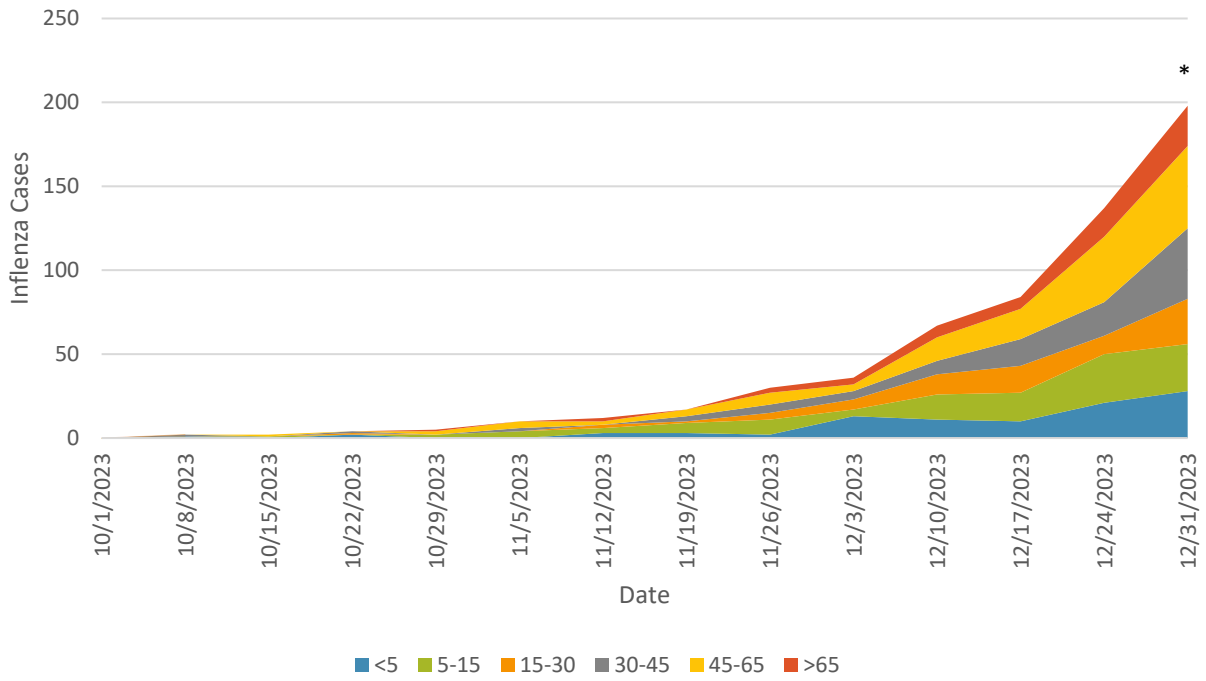
WEEK 52 – DECEMBER 30, 2023

## BRIDGEPORT – CASES REPORTED THROUGH DECEMBER 30, 2023

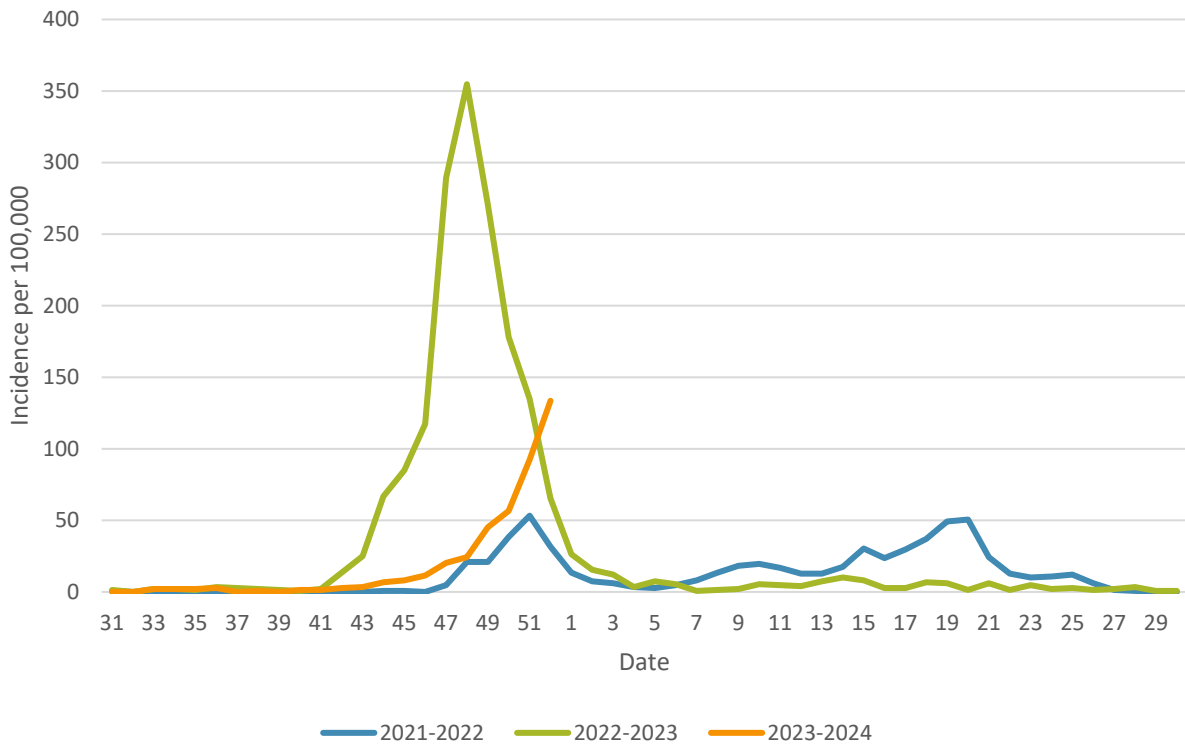
NEW CASES THIS WEEK	PERCENT CHANGE SINCE PREVIOUS WEEK	TOTAL CASES (SINCE 10/01/2023)
198	↑ 44.5%	604

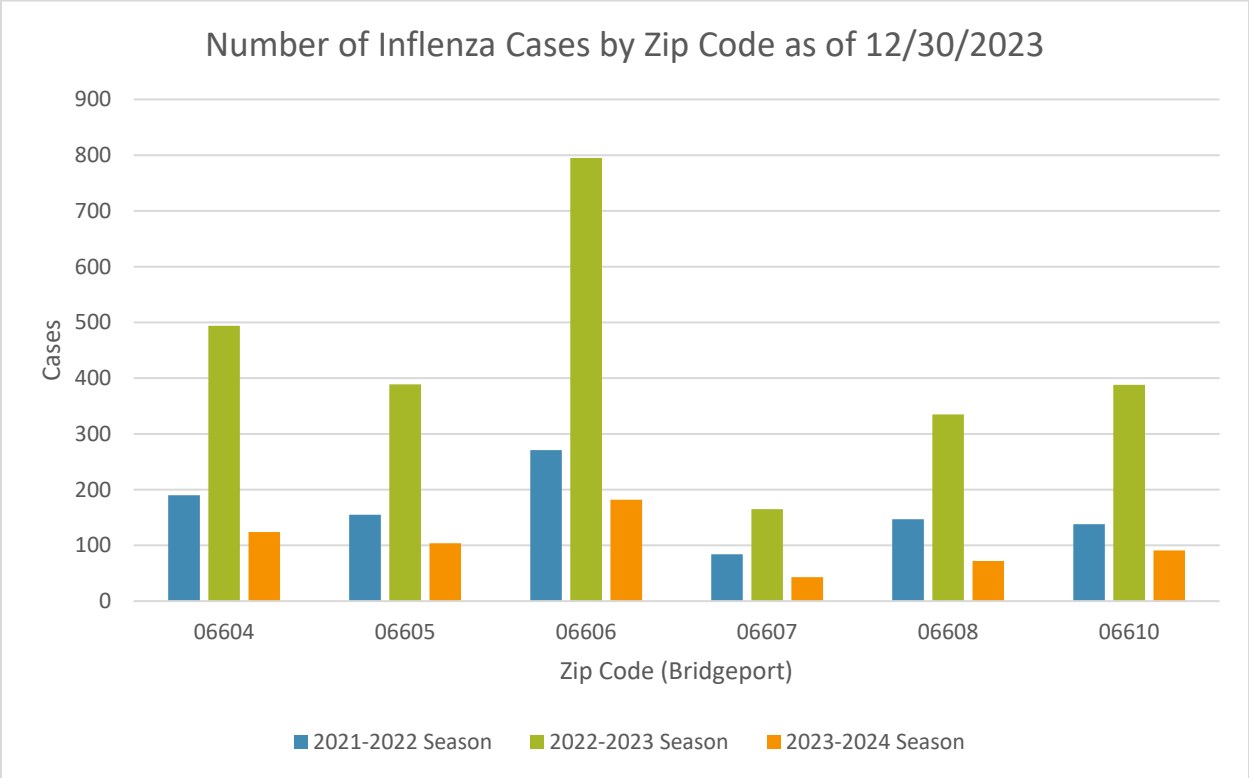
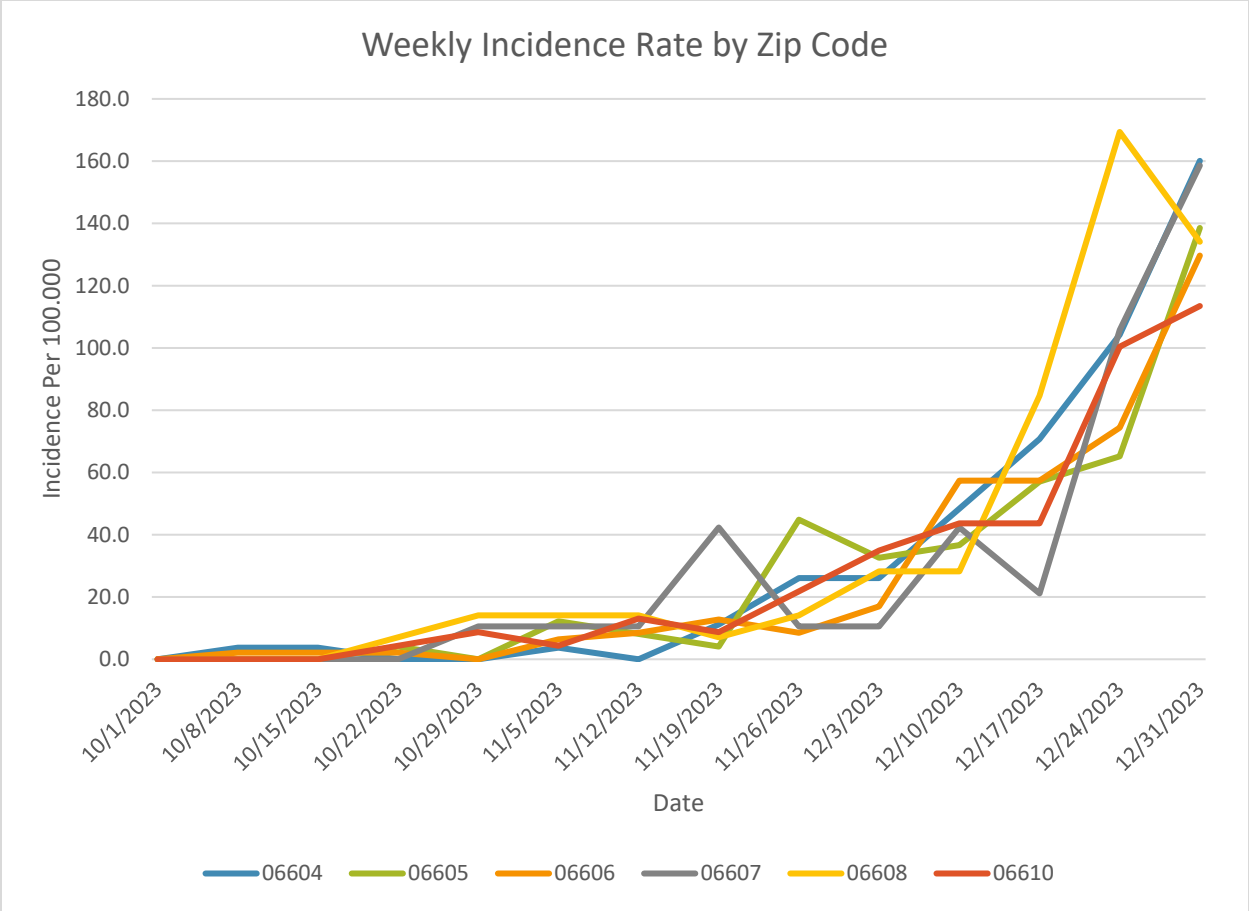


Weekly Number of New Influenza Cases by Age  
2022-2023 Season



Influenza Weekly Incidence Rate in Bridgeport as of 12/30/2023



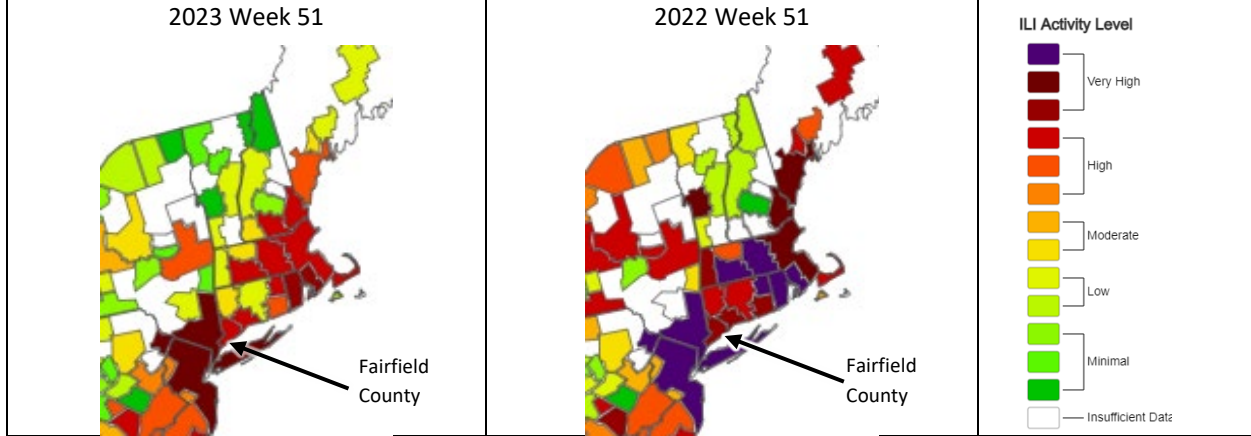




A Weekly Influenza Surveillance Report Prepared by the Influenza Division

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



	<b>Week ending 12/23/2023</b>	<b>Total this season</b>
<i>CT Influenza Cases</i>	1,284	5,178
<i>CT Influenza Hospitalizations</i>	58	295
<i>CT Influenza Deaths</i>	1	12

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2019-2023

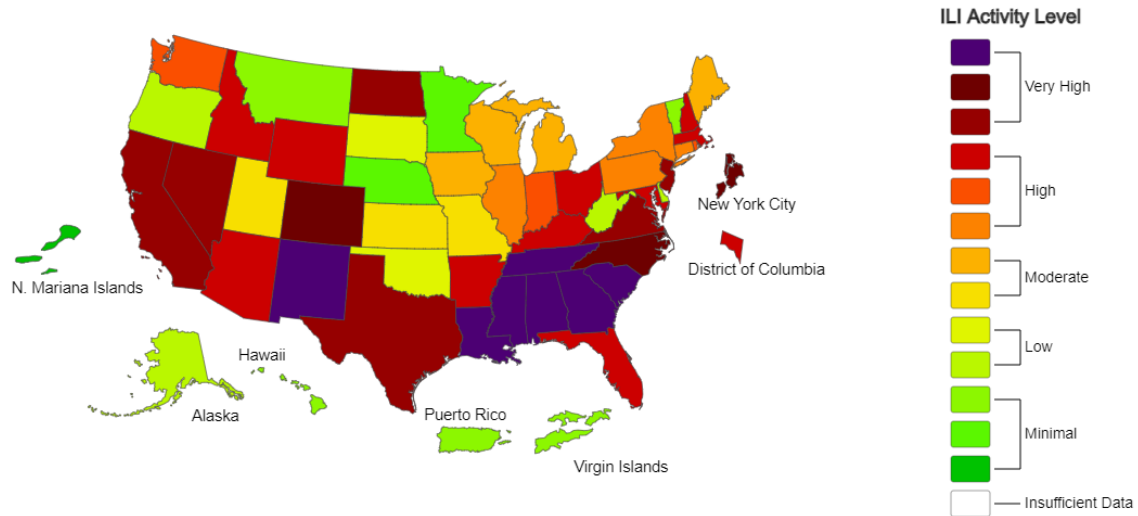


A Weekly Influenza Surveillance Report Prepared by the Influenza Division

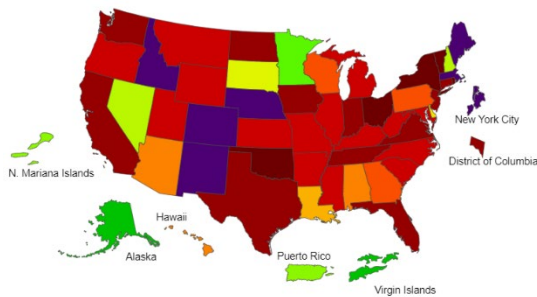
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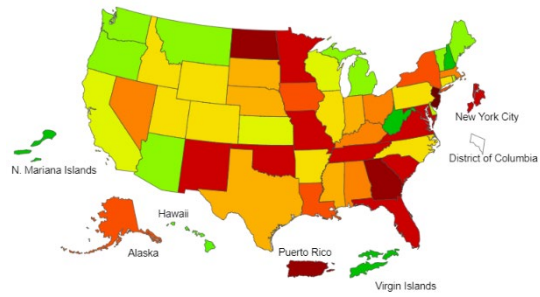
2023-24 Influenza Season Week 51 ending Dec 23, 2023



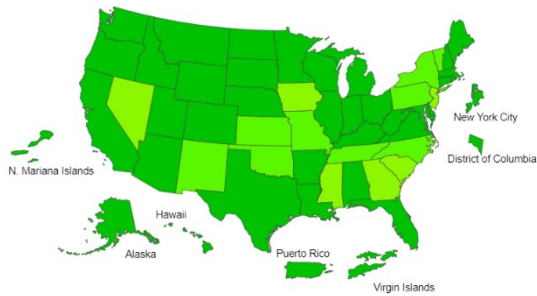
2022-23 Influenza Season Week 51 ending Dec 24, 2022



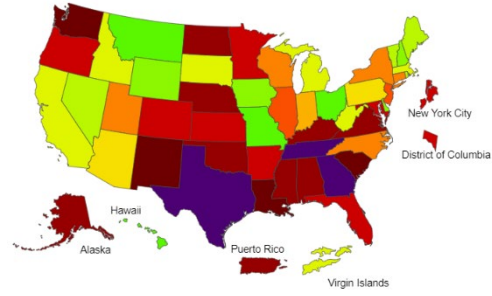
2021-22 Influenza Season Week 51 ending Dec 25, 2021



2020-21 Influenza Season Week 51 ending Dec 19, 2020



2019-20 Influenza Season Week 51 ending Dec 21, 2019



\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## SUMMARY

There were 198 new laboratory confirmed cases of influenza reported in Bridgeport for the week ending 12/30/2023; this is a 44.5% increase as compared to the previous week, bringing the total number of cases since 10/01/2023 to 604 for Bridgeport. Cases continue to impact the 45-65 year age group more heavily than any other (with 23.5% of the reported cases), with the 5-15 year age group as the second most impacted (with 19.3% of the reported cases). The incidence rate continues to increase (up to 133.5 per 100,000 this week), surpassing the peak incidence rate of the 2021-2022 flu season (53.3 per 100,000), but still far below the peak of the severe 2022-2023 season (354.8 per 100,000). With the exception of 06608, all zip codes in Bridgeport continue to see increasing incidence rates for the flu. 06608 experienced a decrease in incidence rate this week, but it maintains an incidence rate comparable to the other regions of Bridgeport. This indicates that the flu is spreading through Bridgeport and is not focused in a specific area or neighborhood.

There were approximately 1,284 new influenza cases in Connecticut this week, 58 hospitalizations, and 1 death. Fairfield County is at high levels of influenza like illness (ILI) activity along with New Haven County, while the NYC metro region is at very high levels of activity.

Connecticut is at high levels of ILI activity, as is New York State. The Southeastern US is at very high levels of ILI activity as are parts of the Southwestern US. ILI activity is increasing in the Northeast and upper Midwest, but these regions have yet to have the same very high levels of ILI activity as is seen in the Southern US.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)



## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Weekly Viral Respiratory Disease Update](#)
- [CDC FluView – Weekly Influenza Summary](#)