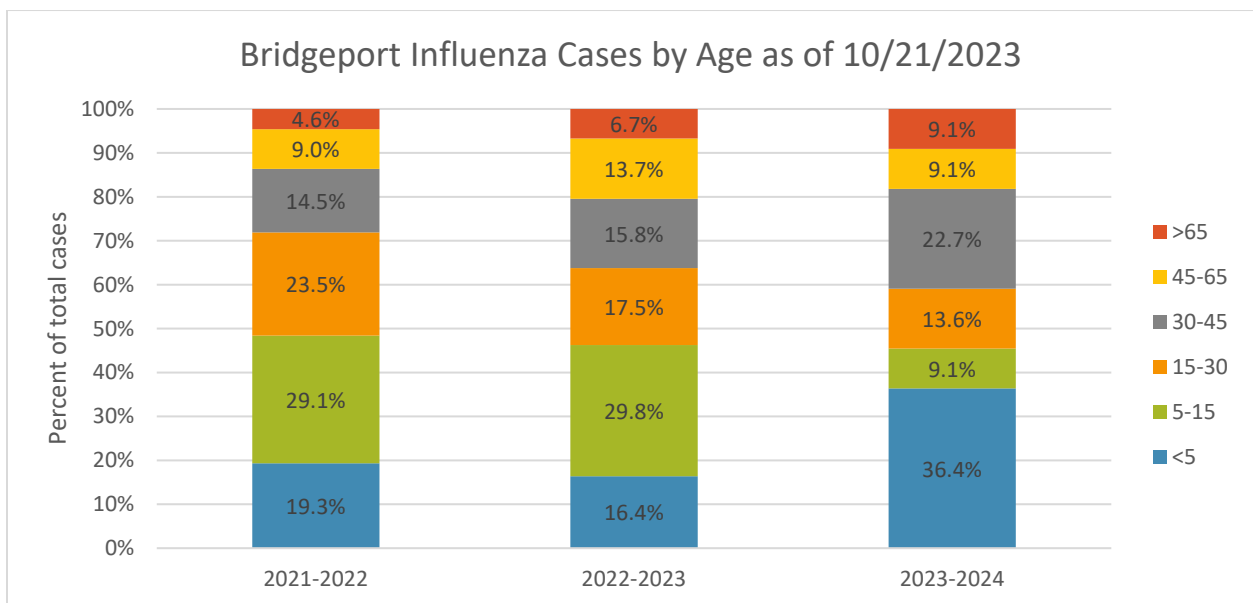
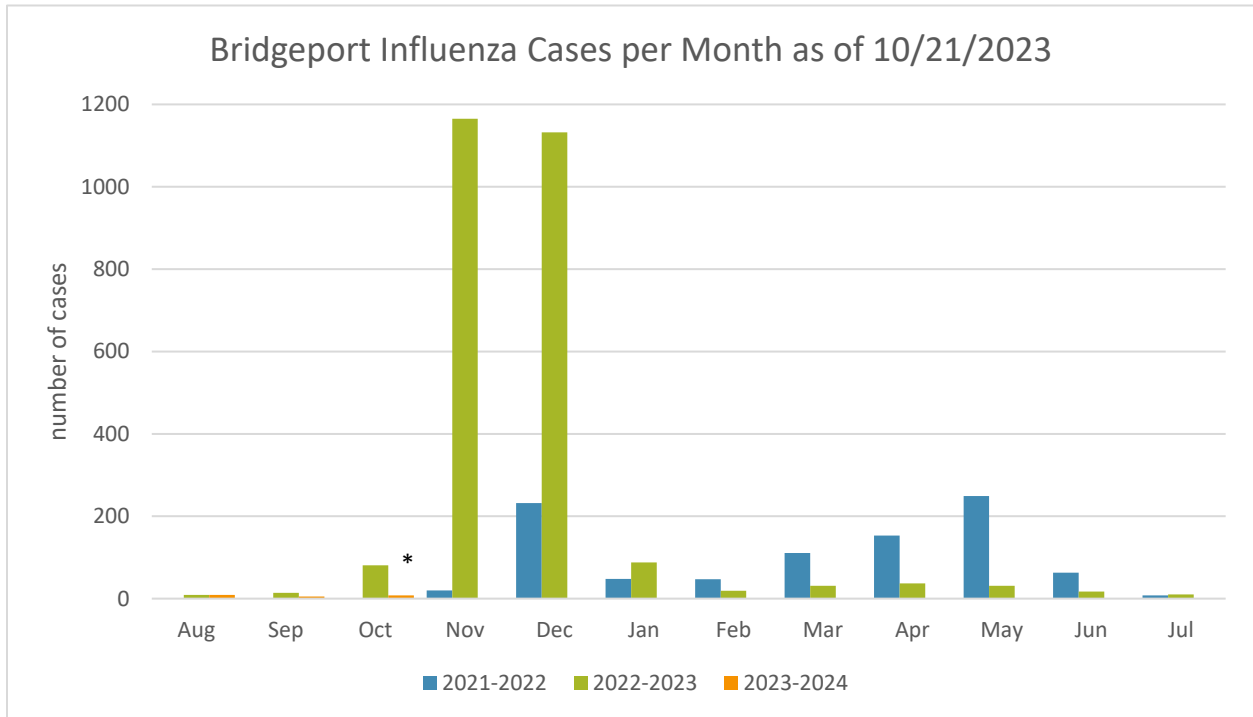


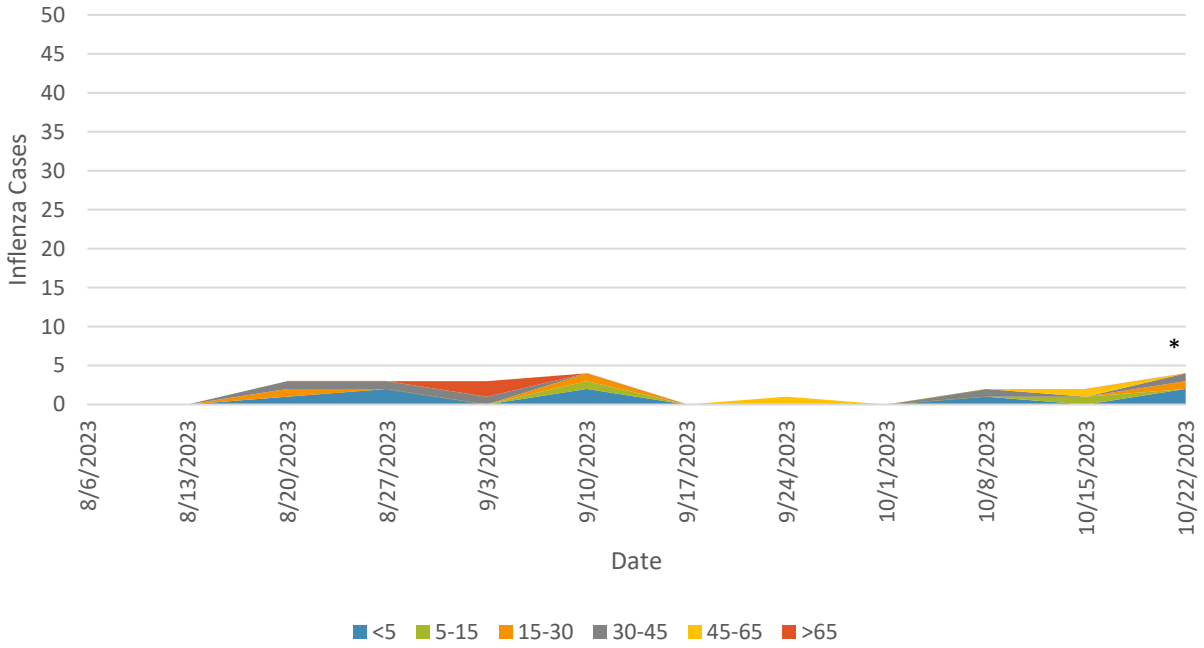
INFLUENZA EPI REPORT: 2022-2023

WEEK 42 – OCTOBER 21, 2023

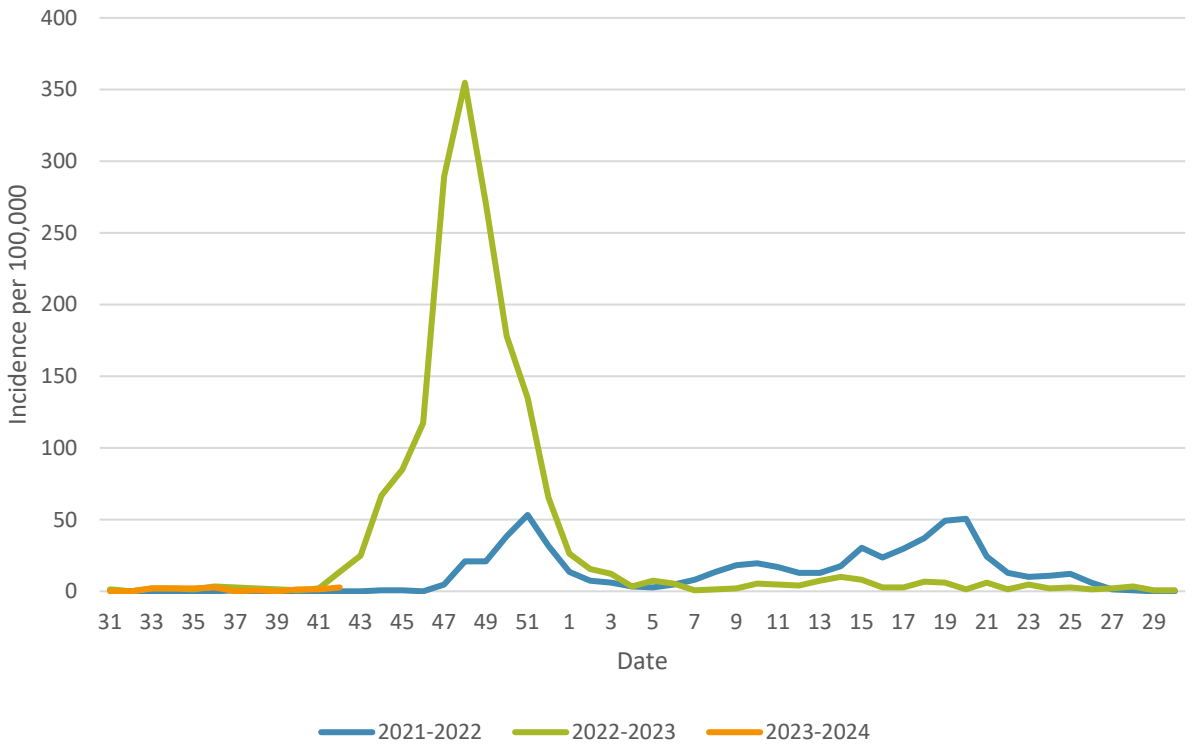
BRIDGEPORT – CASES REPORTED THROUGH OCTOBER 21, 2023



Weekly Number of New Influenza Cases by Age 2022-2023 Season

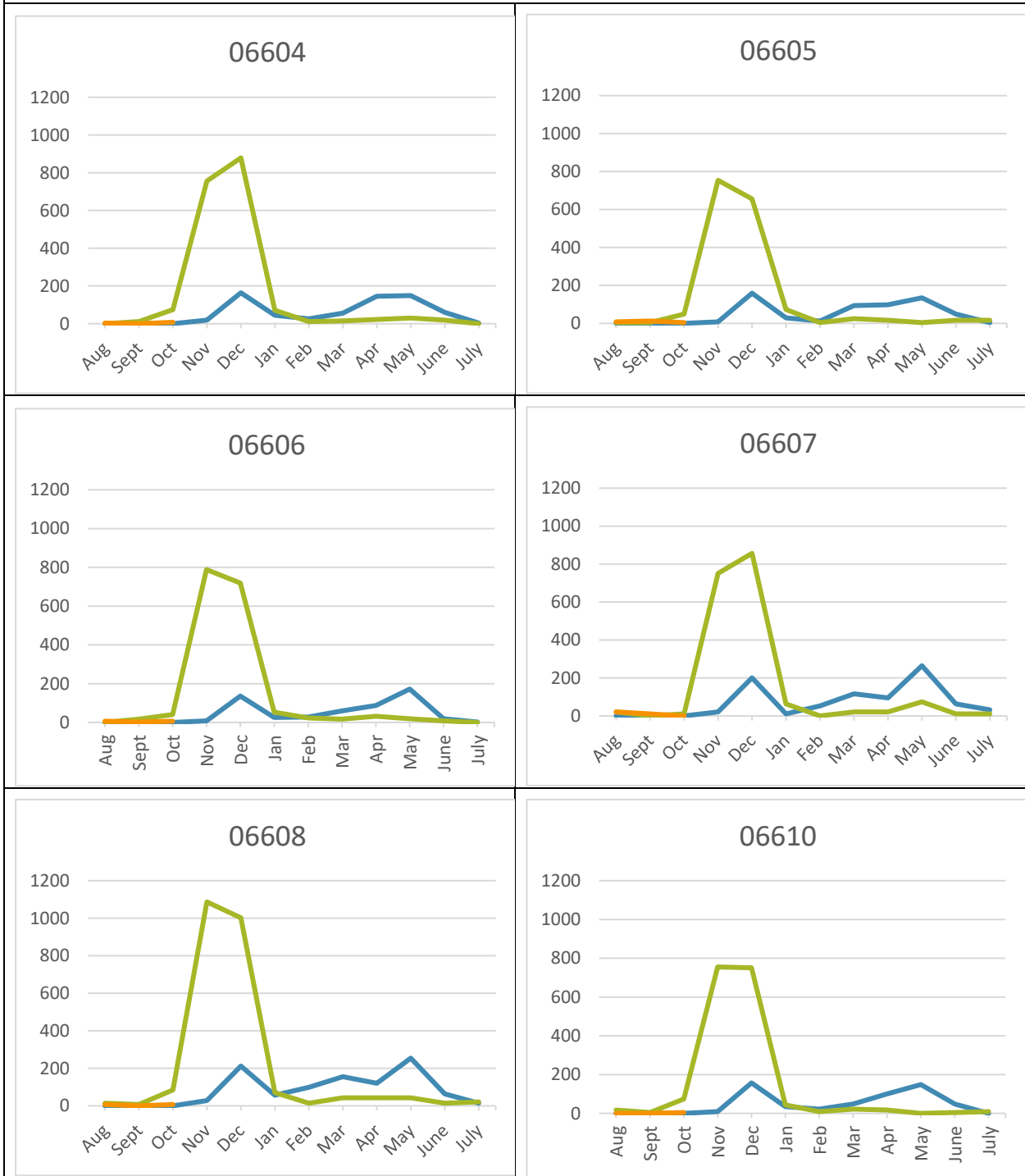


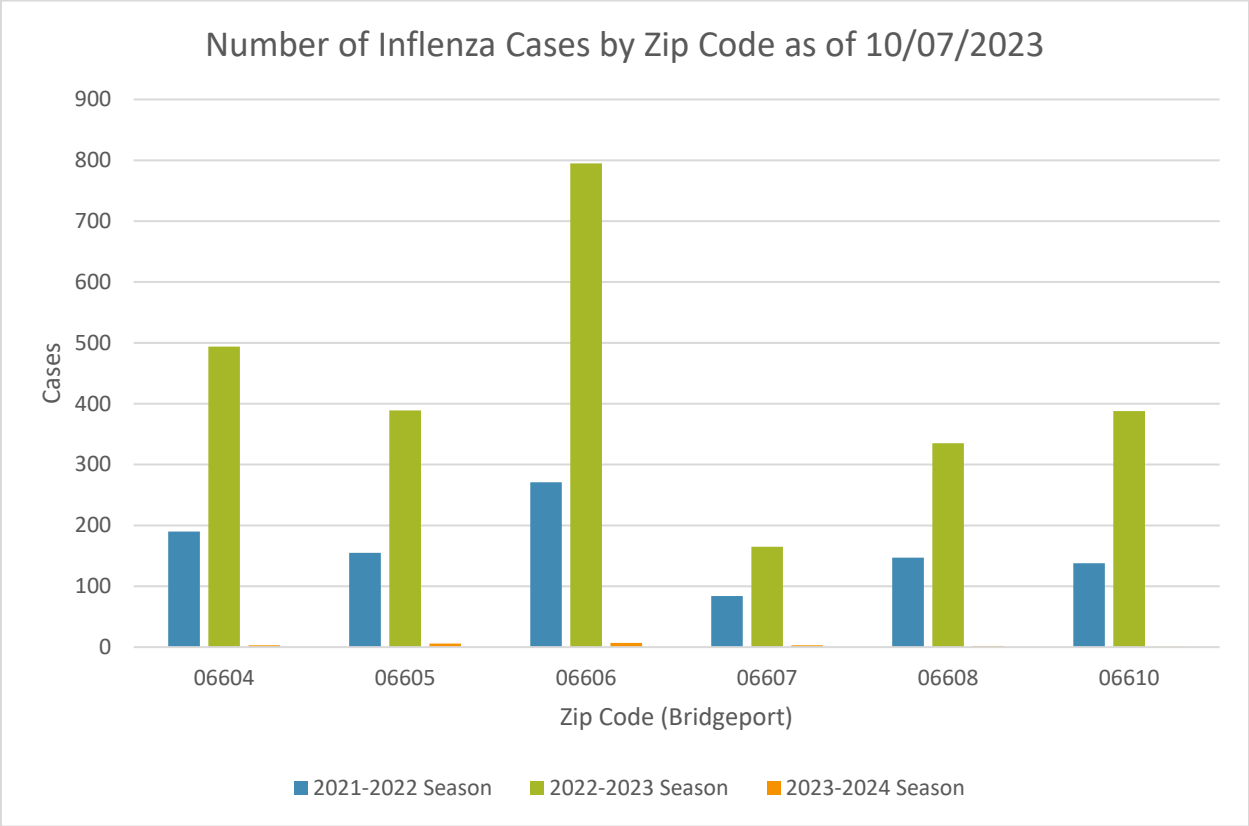
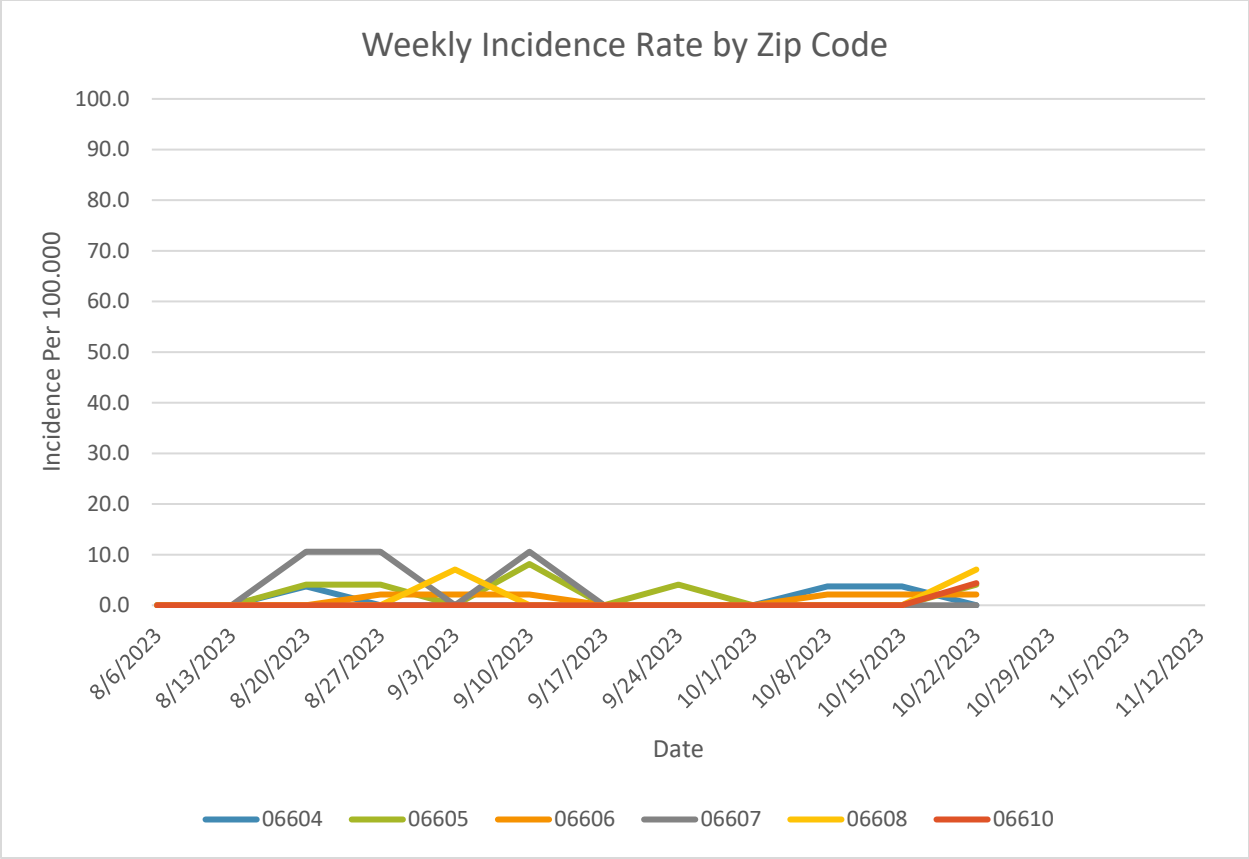
Influenza Weekly Incidence Rate in Bridgeport as of 10/07/2023

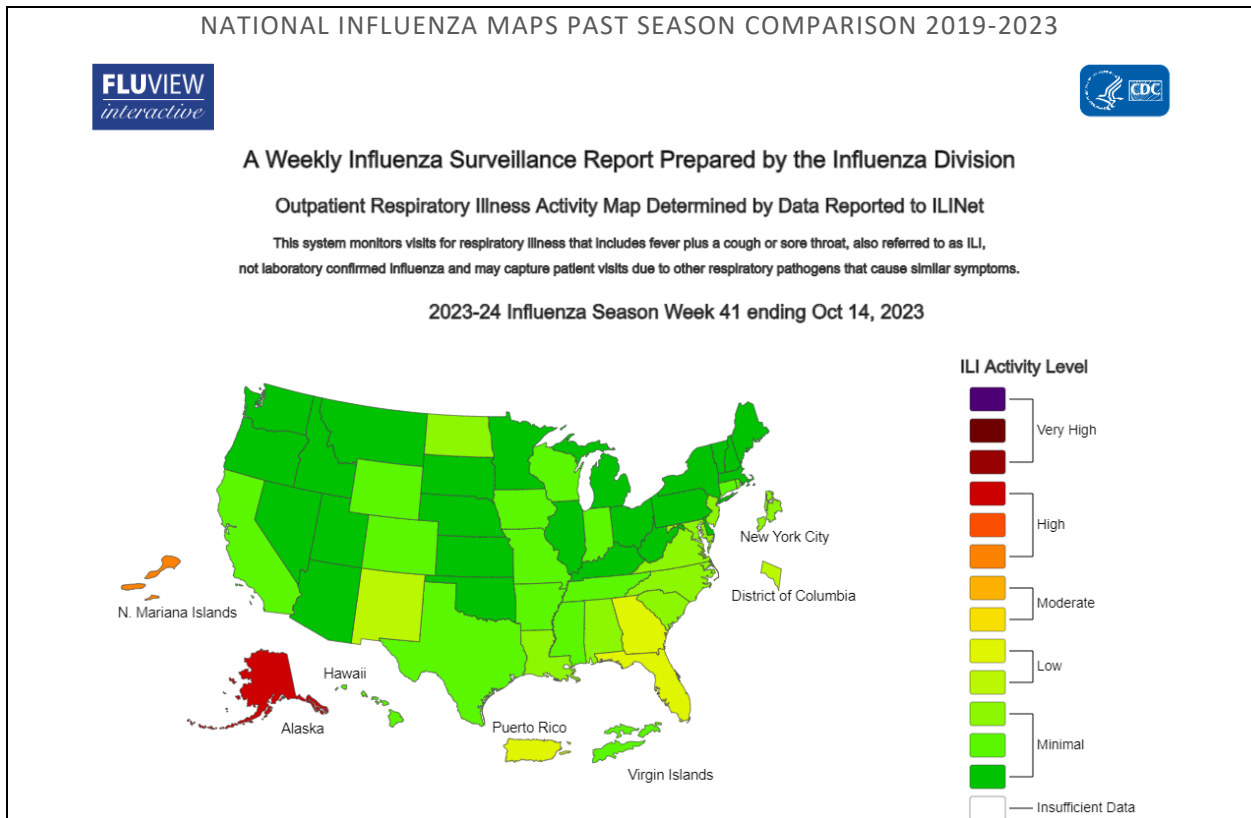
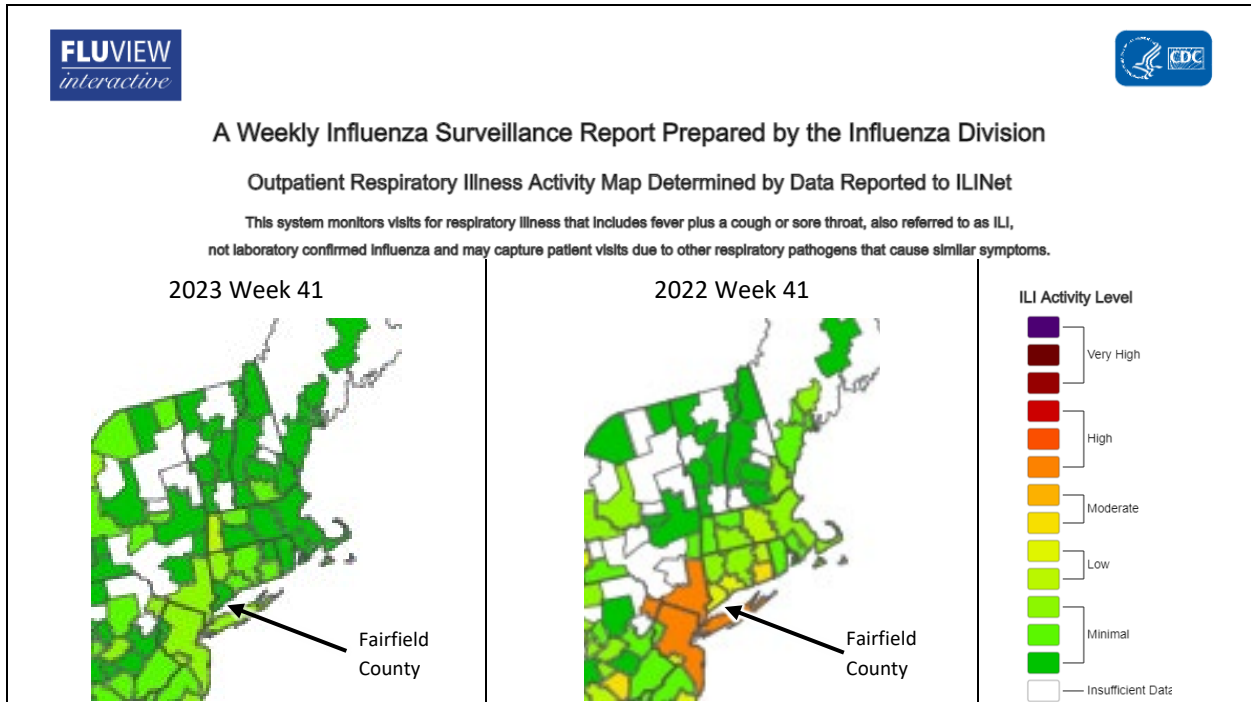


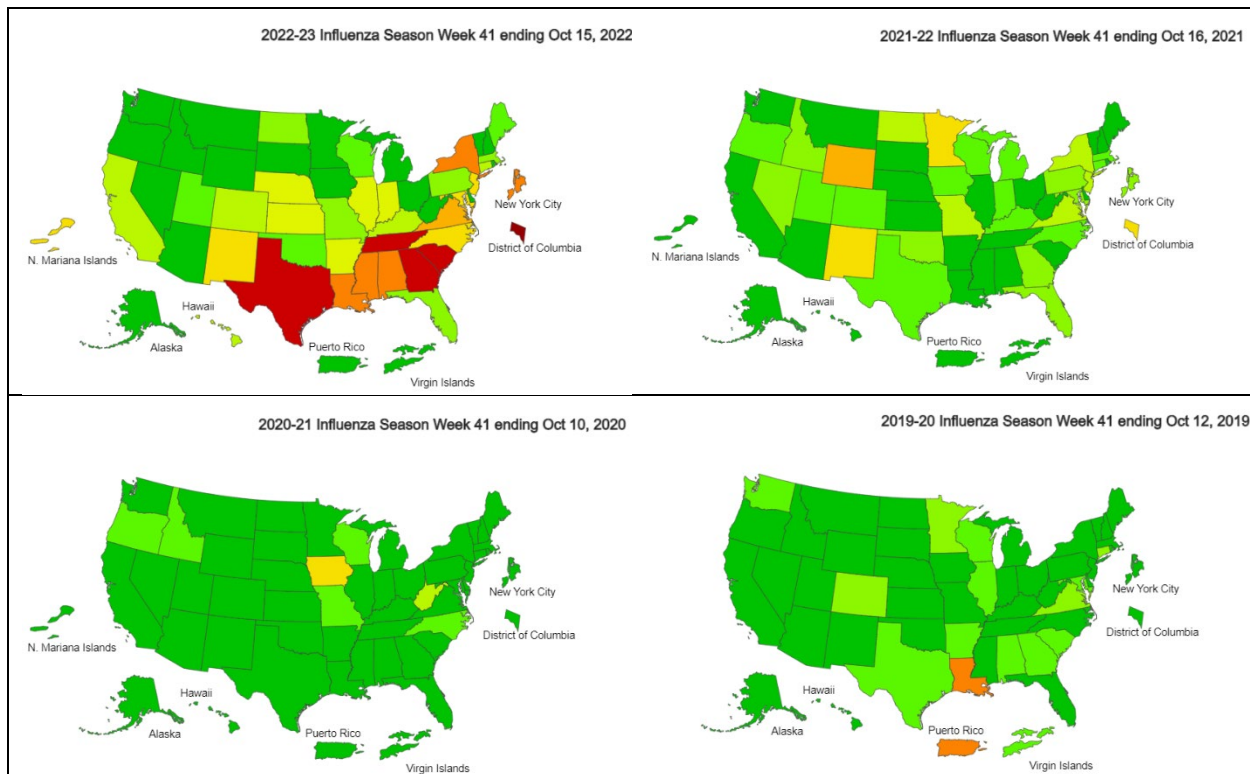
Influenza Monthly Incidence Rate per 100,000 by Zip Code as of 10/07/2023

— 2021-2022 — 2022-2023 — 2023-2024









*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

SUMMARY

There were 4 new reported cases of influenza in Bridgeport for the week ending October 21, 2023. This brings the total number of reported cases in Bridgeport to 8 for the month. It is predicted that this October will have a much lower number of cases than last year, where October had a total of 81 cases. Children <5 years old remain the highest percentage of cases so far for this flu season, at 36% of reported cases in Bridgeport. The incidence rates for Bridgeport and the zip codes within it remain low, aligning with the incident rates seen outside of the typical flu season. This indicates that the flu season case increases have yet to start, but based on previous years, this is a more typical pattern than the early increase seen last year.

Fairfield County has minimal levels of Influenza Like Illness (ILI) activity. The New York Metropolitan Region has low levels of ILI activity and the surrounding counties in Connecticut are at either minimal or low levels as well. At this time last year, Connecticut was already starting to see moderate levels of ILI activity.

Nationally, the Southeast continues to have higher levels of ILI activity with Georgia and Florida leading the increasing trend this week. Alaska is an outlier with high levels of ILI activity this week. Connecticut remains at minimal levels of ILI activity, as does the Northeastern US. Compared to this time last year, we are seeing much lower levels of ILI activity, closer to what was seen in 2021 and 2019.

PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Flu Tracker](#)
- [CDC FluView – Weekly Influenza Summary](#)