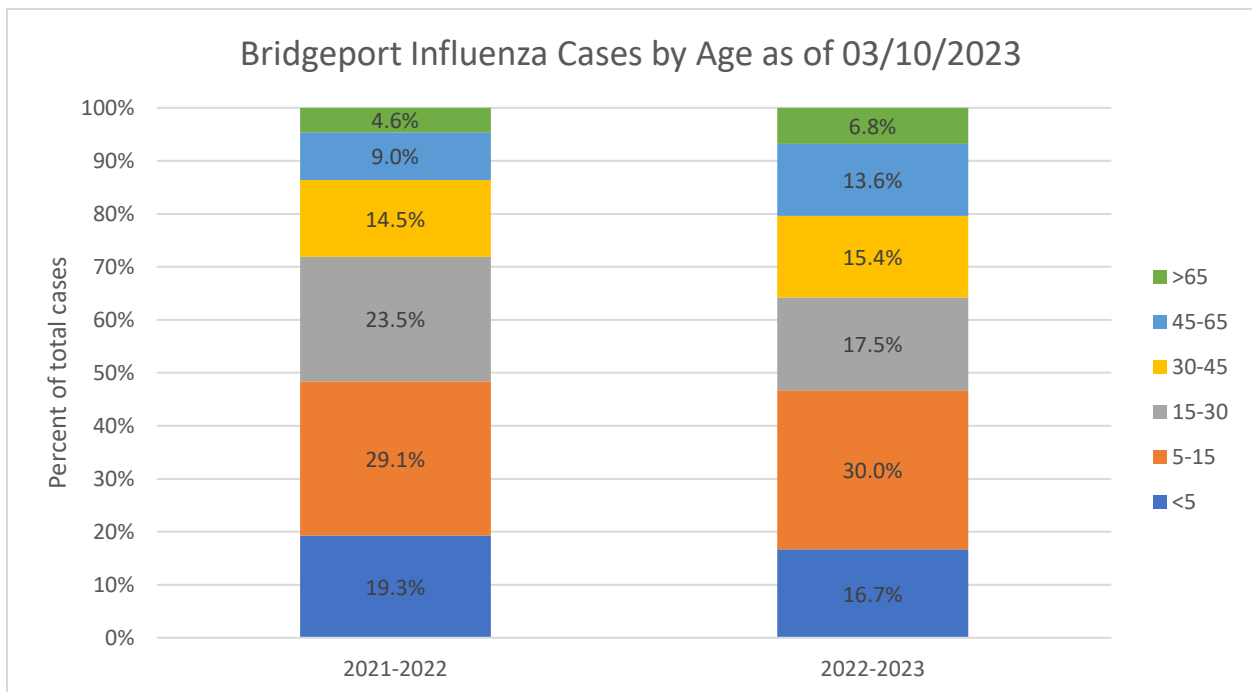
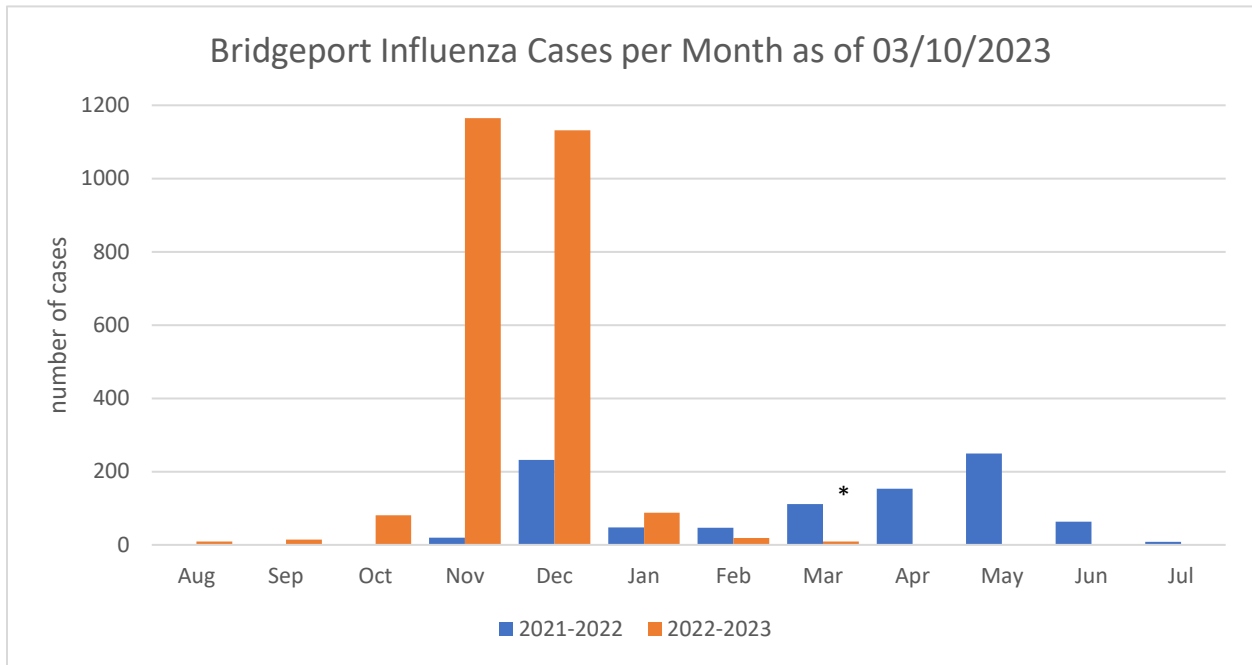




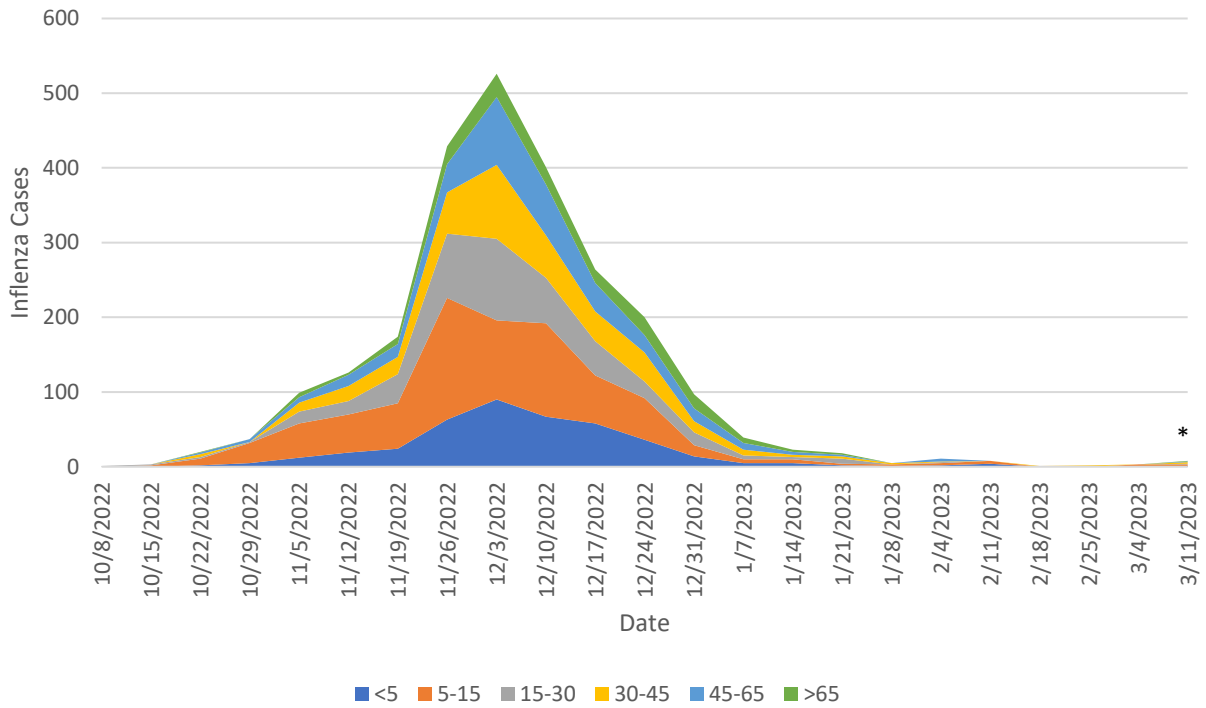
# INFLUENZA EPI REPORT: 2022-2023

WEEK 10 – MARCH 10, 2023

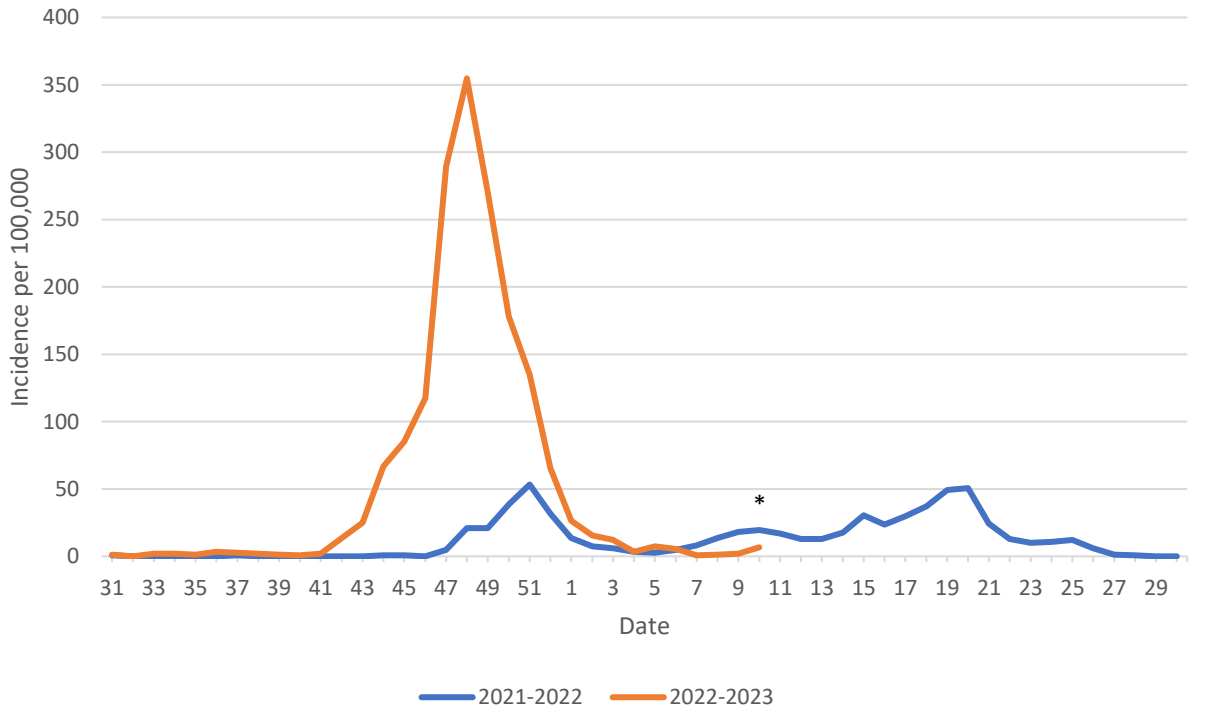
## BRIDGEPORT – CASES REPORTED THROUGH MARCH 10, 2023



Weekly Number of New Influenza Cases by Age  
2022-2023 Season

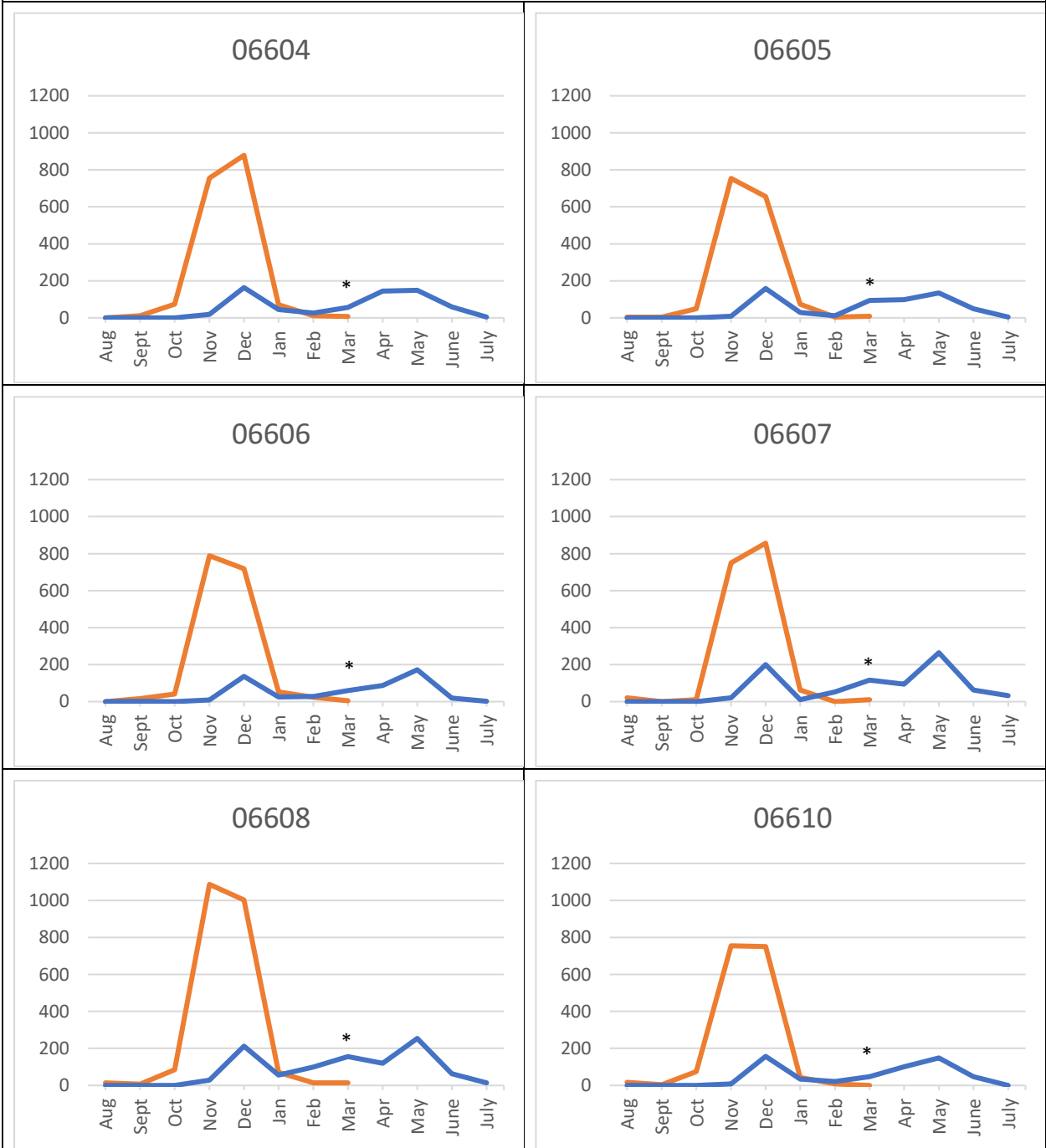


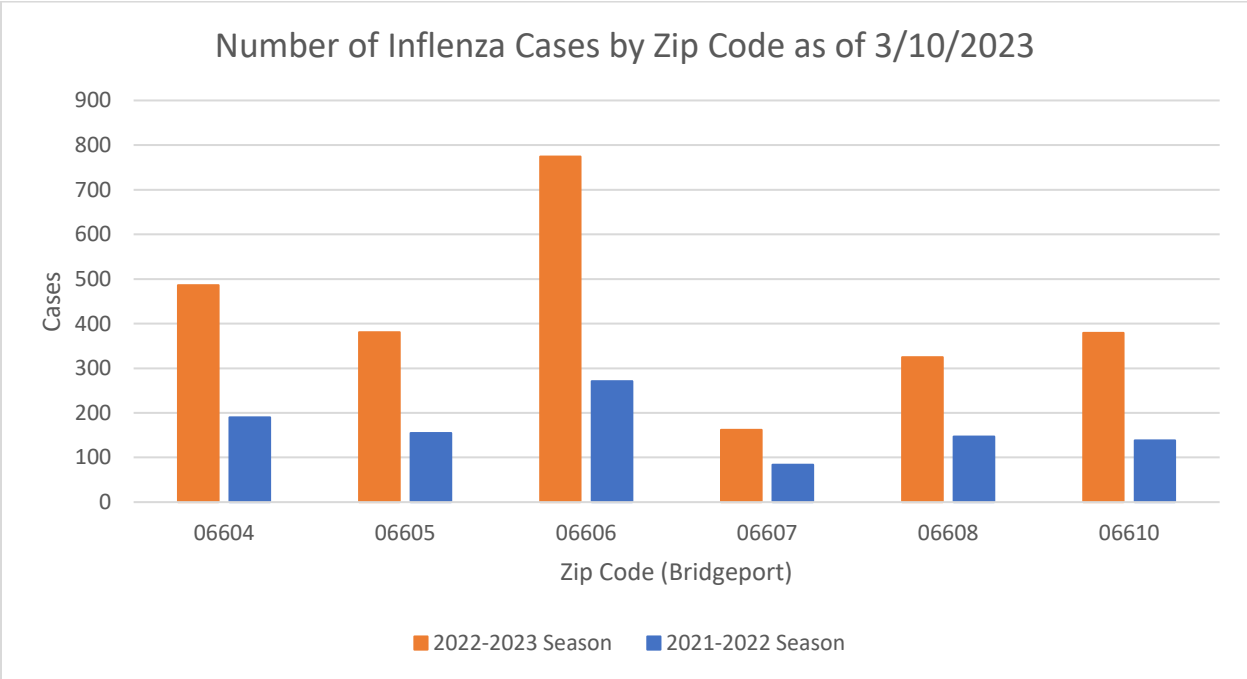
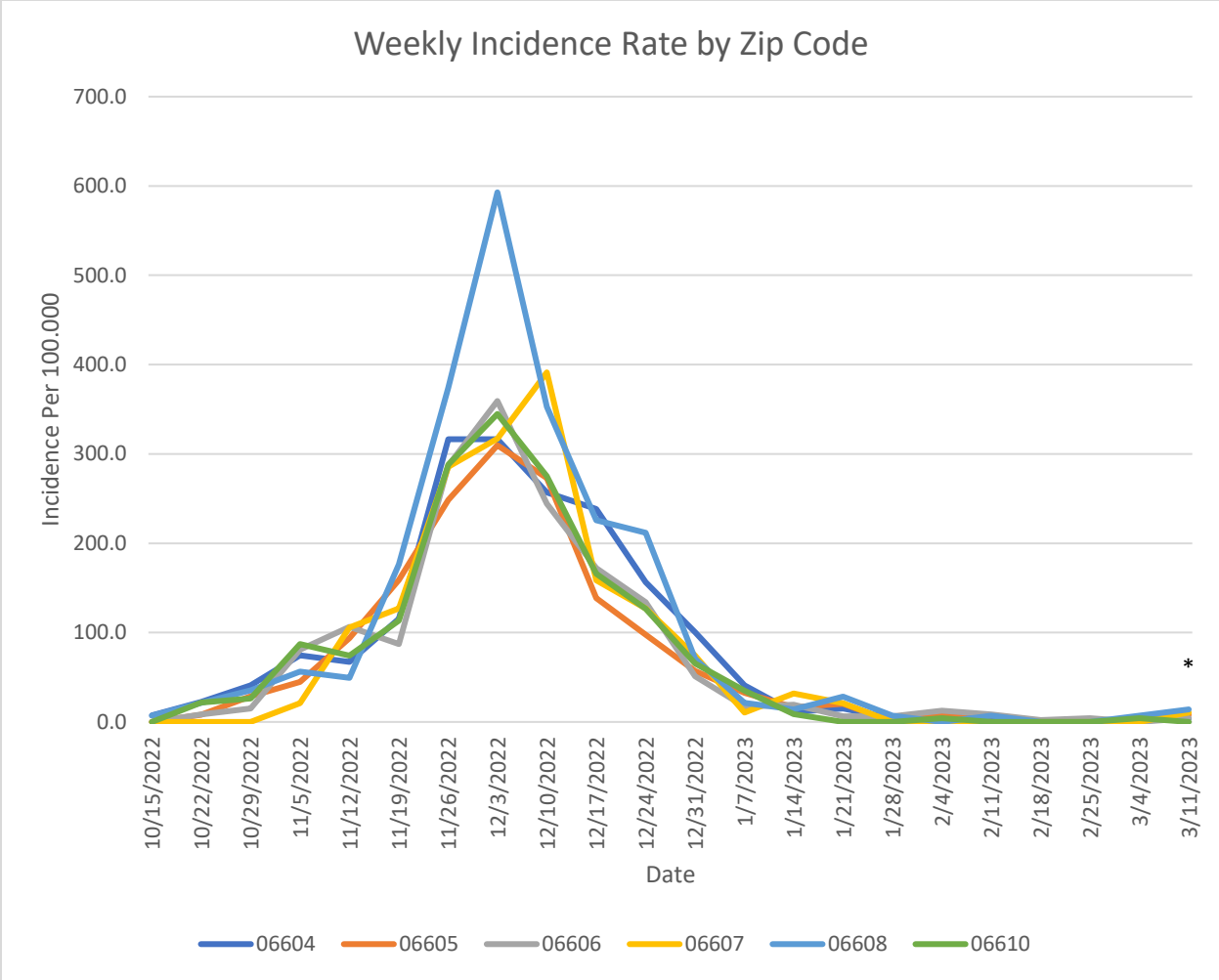
Influenza Weekly Incidence Rate in Bridgeport as od 3/10/2023

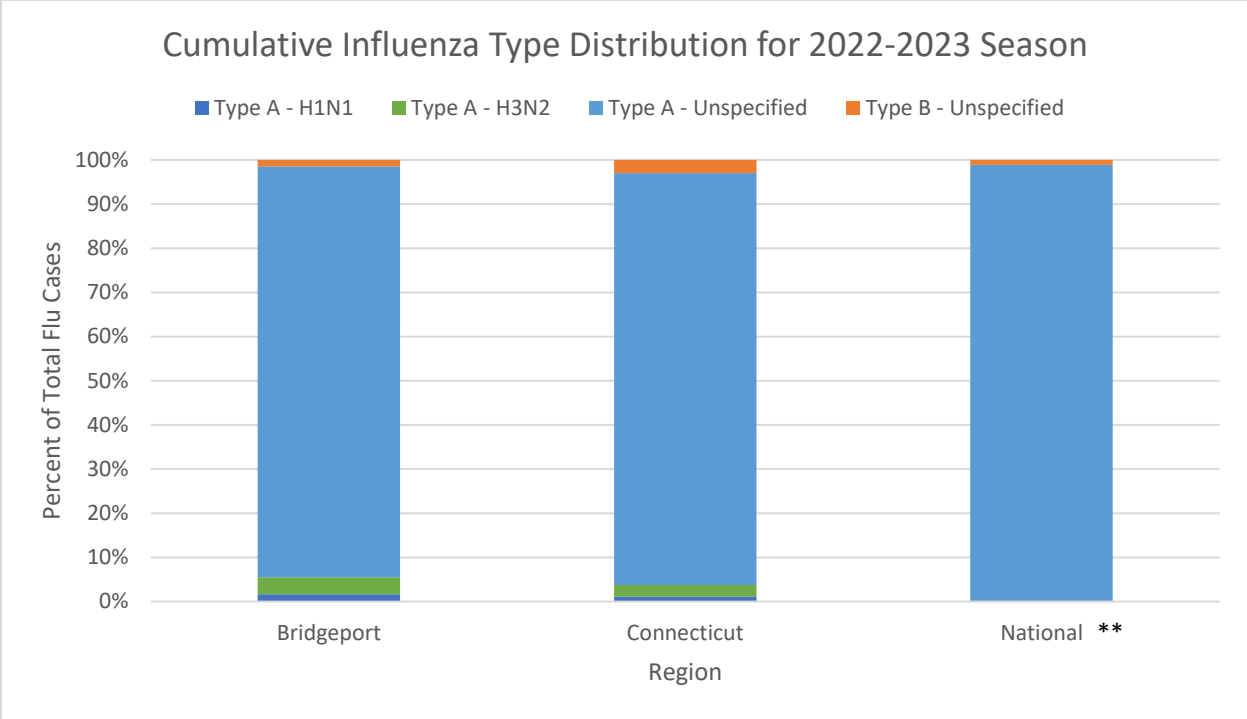


# Influenza Monthly Incidence Rate per 100,000 by Zip Code as of 03/10/2023

— 2021-2022 — 2022-2023

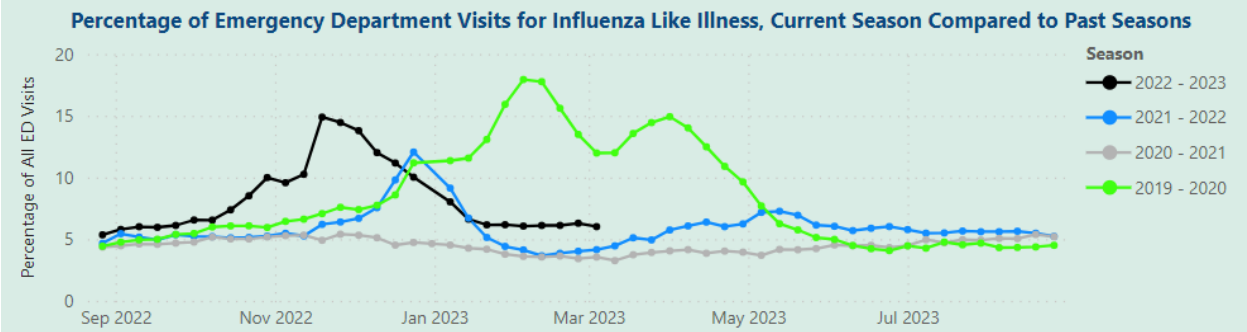








\*\*National data does not include subtyping of influenza viruses

## CONNECTICUT – WEEK 9 ENDING MARCH 4, 2023

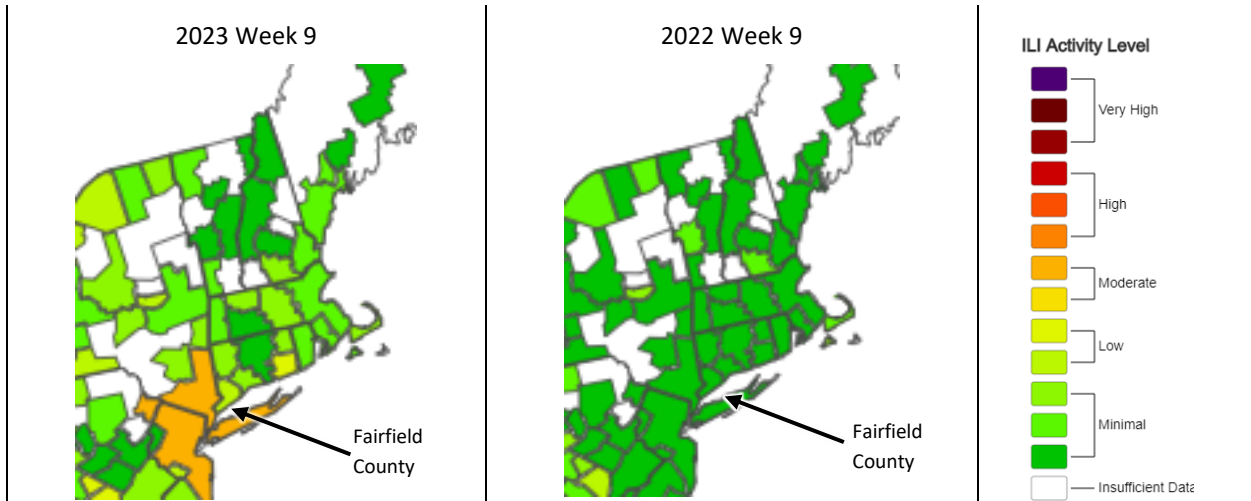


**A Weekly Influenza Surveillance Report Prepared by the Influenza Division**

**Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet**

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.



**UNITED STATES – WEEK 9 ENDING MARCH 4, 2023**

**NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2018-2022**

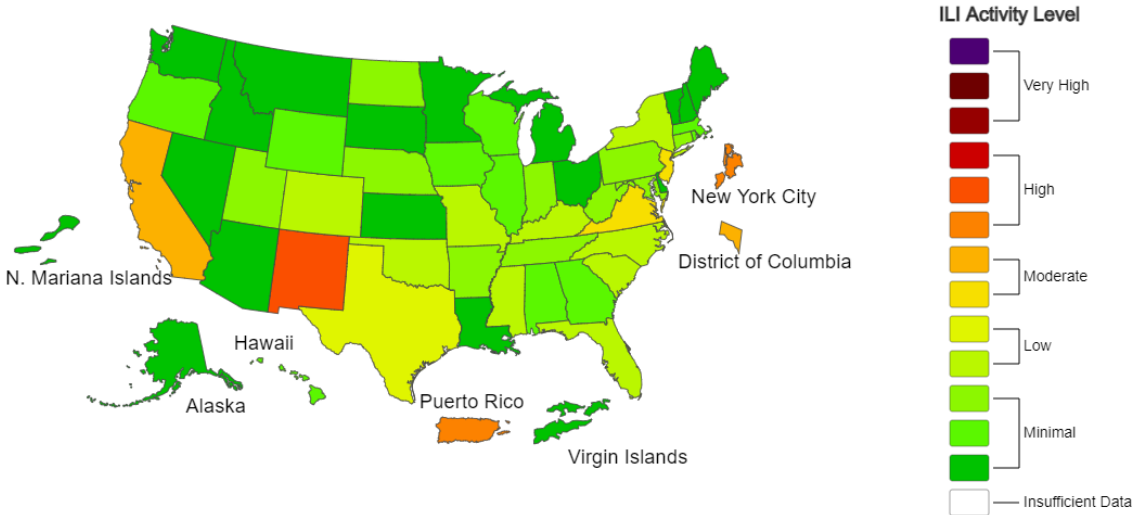


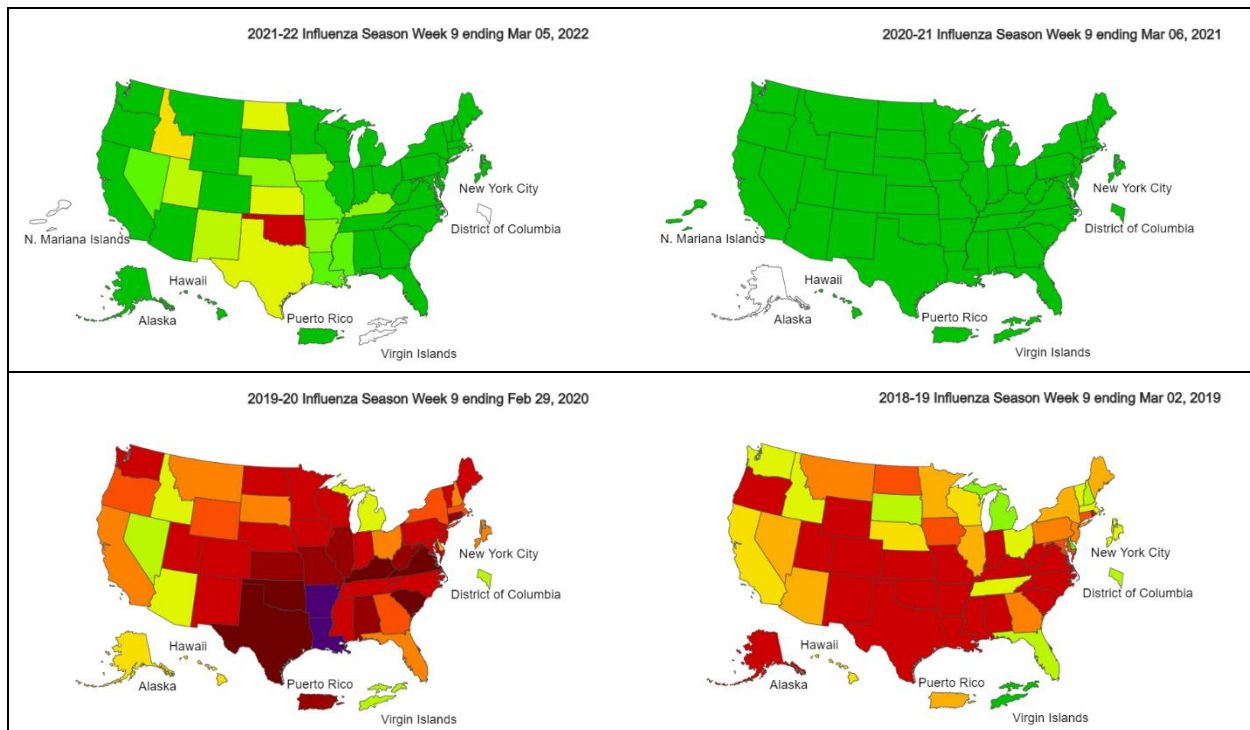
A Weekly Influenza Surveillance Report Prepared by the Influenza Division

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This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.

2022-23 Influenza Season Week 9 ending Mar 04, 2023





\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## SUMMARY

As with February, March is also setting up to have a lower number of cases than in the previous year, but as we know that can change more quickly than we would like. There have been 9 cases of influenza in the first 10 days of March for 2023, which equates to an average of less than one case per day. Last year the month of March had a total of 111 cases, equating to an average of 3.5 cases per day. The cases are not distributed evenly across the month, but this gives an idea of how many cases we could expect in the month if the incidence of influenza in the population stays the same. The age distribution and weekly numbers of new cases by age continue on the trend of minimal changes due to the low number of new cases since the end of January. There was a small increase in the weekly incidence rate from last week (2.0 per 100,000) to this week (6.7 per 100,000) but the incidence rate remains below the numbers for this time last year (19.6 per 100,000). The monthly and weekly incidence rates for all zip codes in Bridgeport remain low and no zip code is seeing a dramatically higher number of cases than any other at this time. The proportion of influenza infections caused by virus type B has increase slightly in Bridgeport, but remains below the proportion seen in Connecticut as a whole. Virus type A remains the dominant virus type across the nation as well as in Bridgeport.

In Connecticut, the percentage of ED visits for influenza like illness continue to hold steady for the past 8 weeks. Fairfield County is at low levels of ILI activity while nearby New York City is at moderate levels and New Haven County is at minimal levels. All of the reporting regions in New England states are at low levels of ILI activity of

below. During the previous year, all of New England was at minimal levels of ILI activity, which can be attributed to the requirements of masking and other control measures enacted due to the COVID-19 pandemic.

Nationally, three states/regions are at high levels of influenza like illness (ILI) activity (New Mexico, New York City, and Puerto Rico) and four are at moderate levels of ILI activity (California, District of Columbia, New Jersey, and Virginia). Connecticut as a whole is at minimal levels of ILI activity and the rest of the nation is at low or minimal levels of activity. Compared to previous years, Connecticut was at minimal levels of activity for the previous two years at week 9 of the year, but was at very high and high levels of ILI activity in 2020 and 2019 respectively. As with the previous year, most of the nation is at low or minimal levels of ILI activity, with a few hot spots of higher activity, for week 9.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Flu Tracker](#)
- [CDC FluView – Weekly Influenza Summary](#)