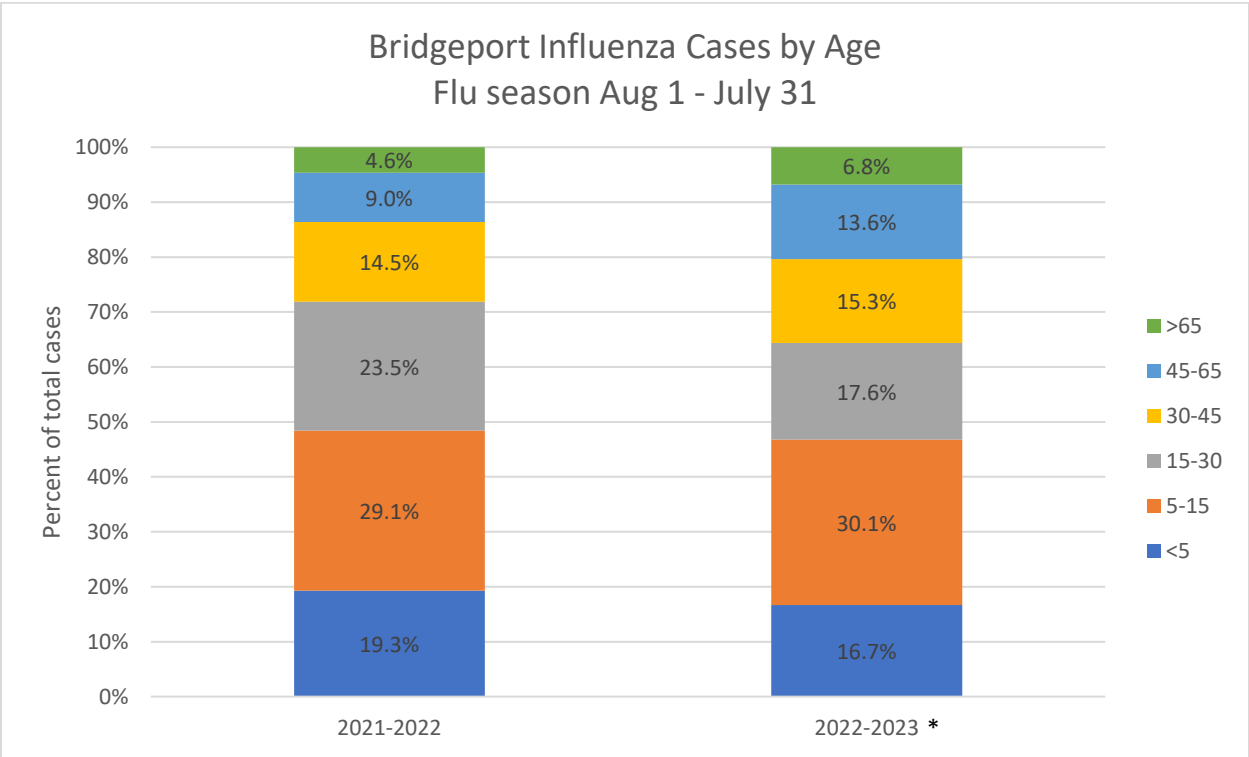
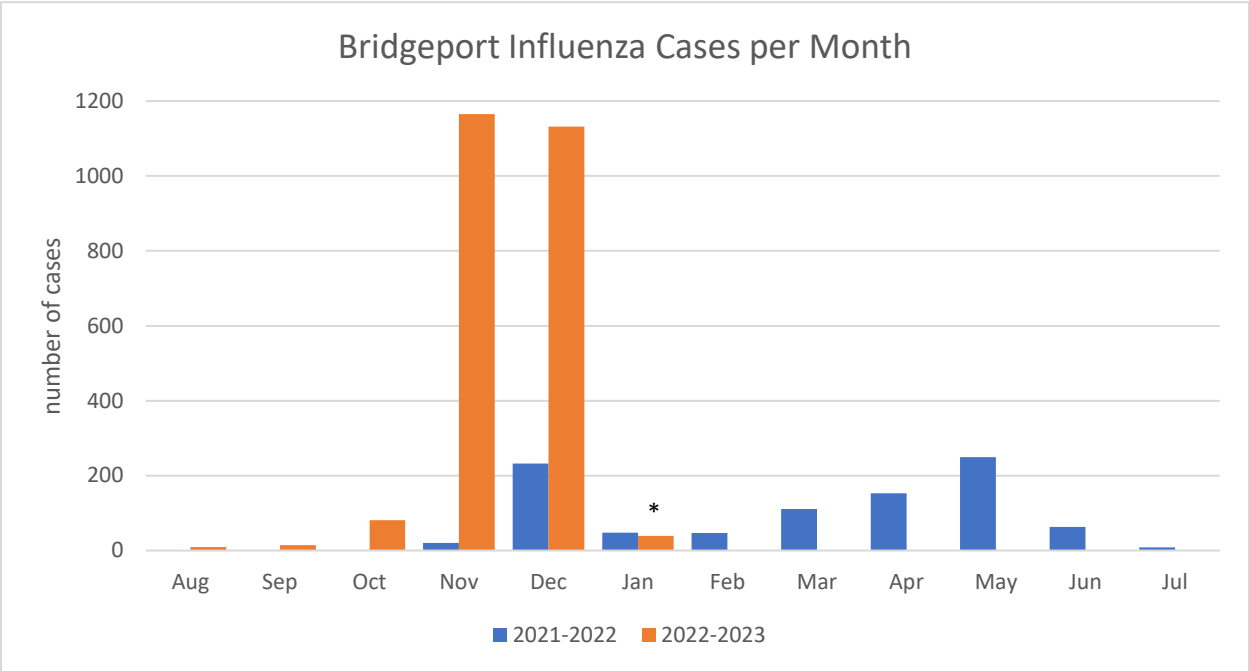


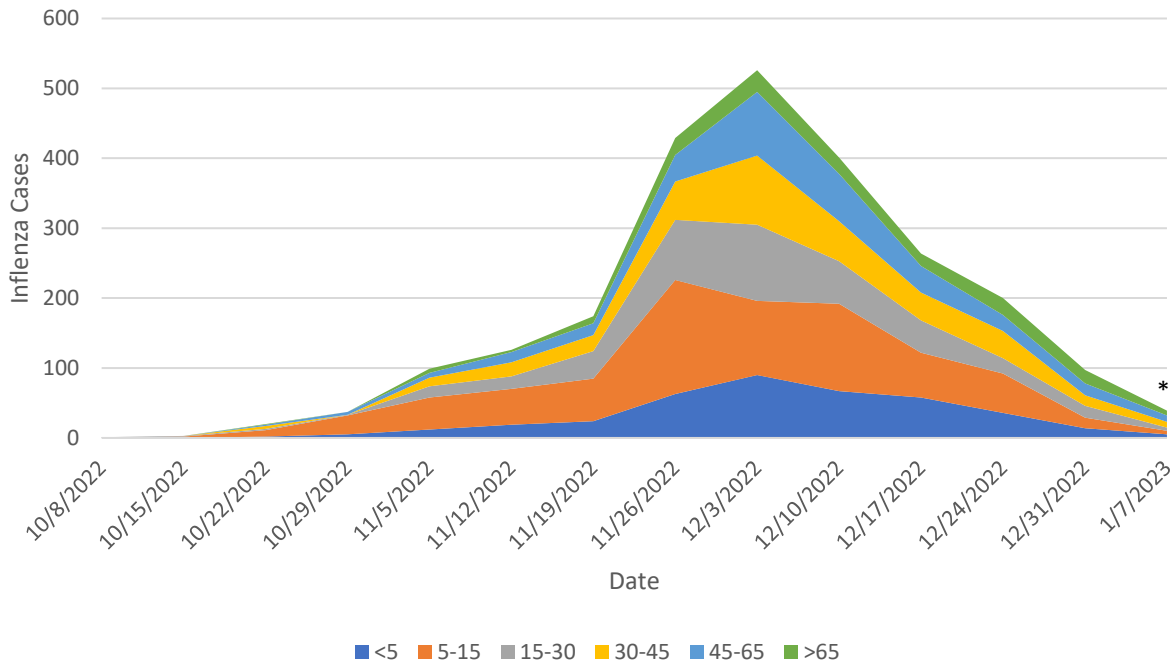
# INFLUENZA EPI REPORT: 2022-2023 SEASON

WEEK 1 – ENDING JANUARY 7, 2023

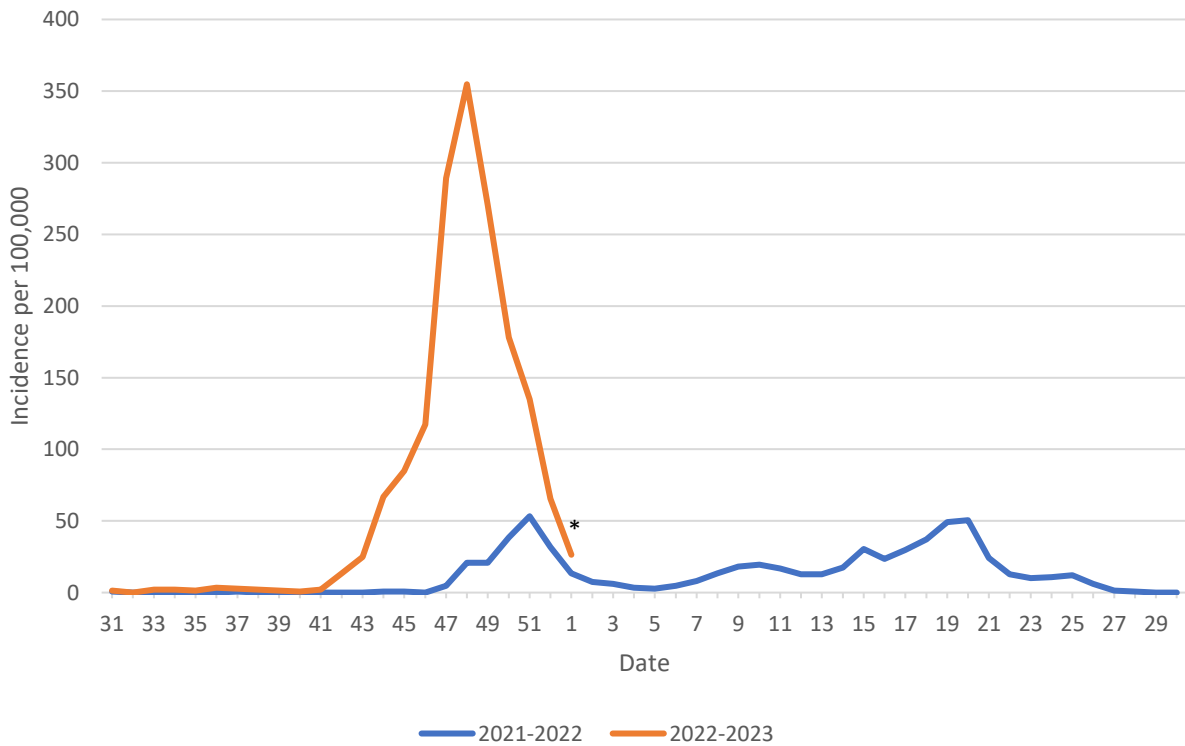
## BRIDGEPORT – CASES REPORTED THROUGH JANUARY 7, 2023



Weekly Number of New Influenza Cases by Age  
2022-2023 Season

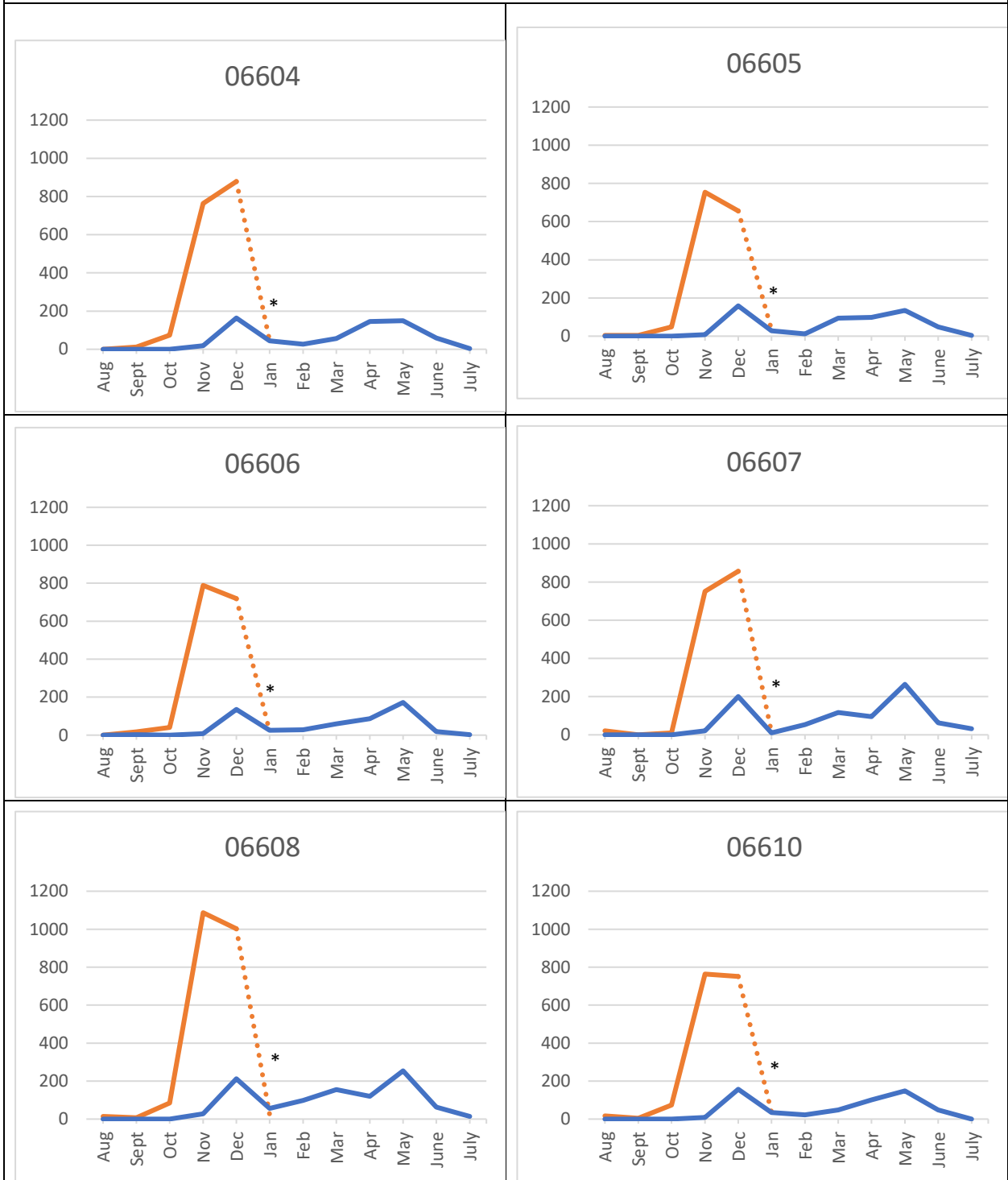


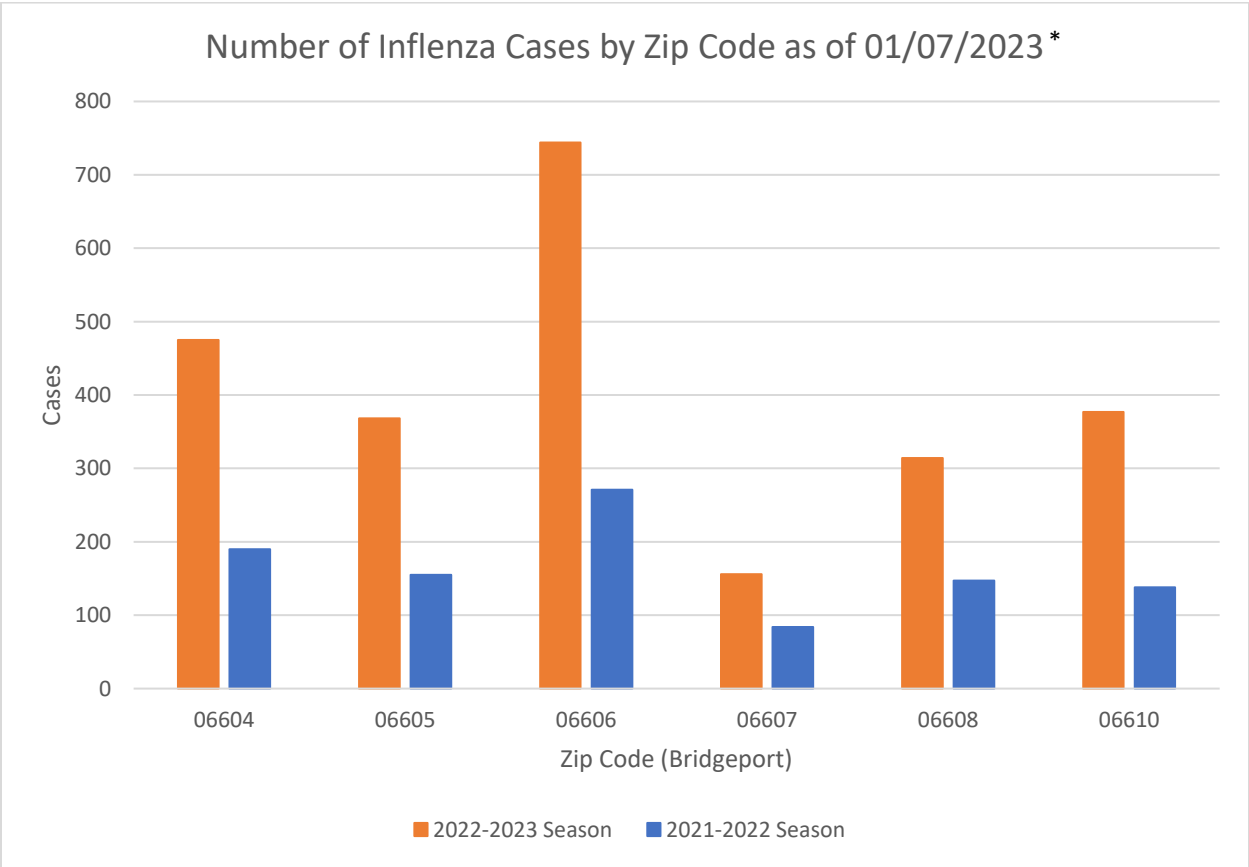
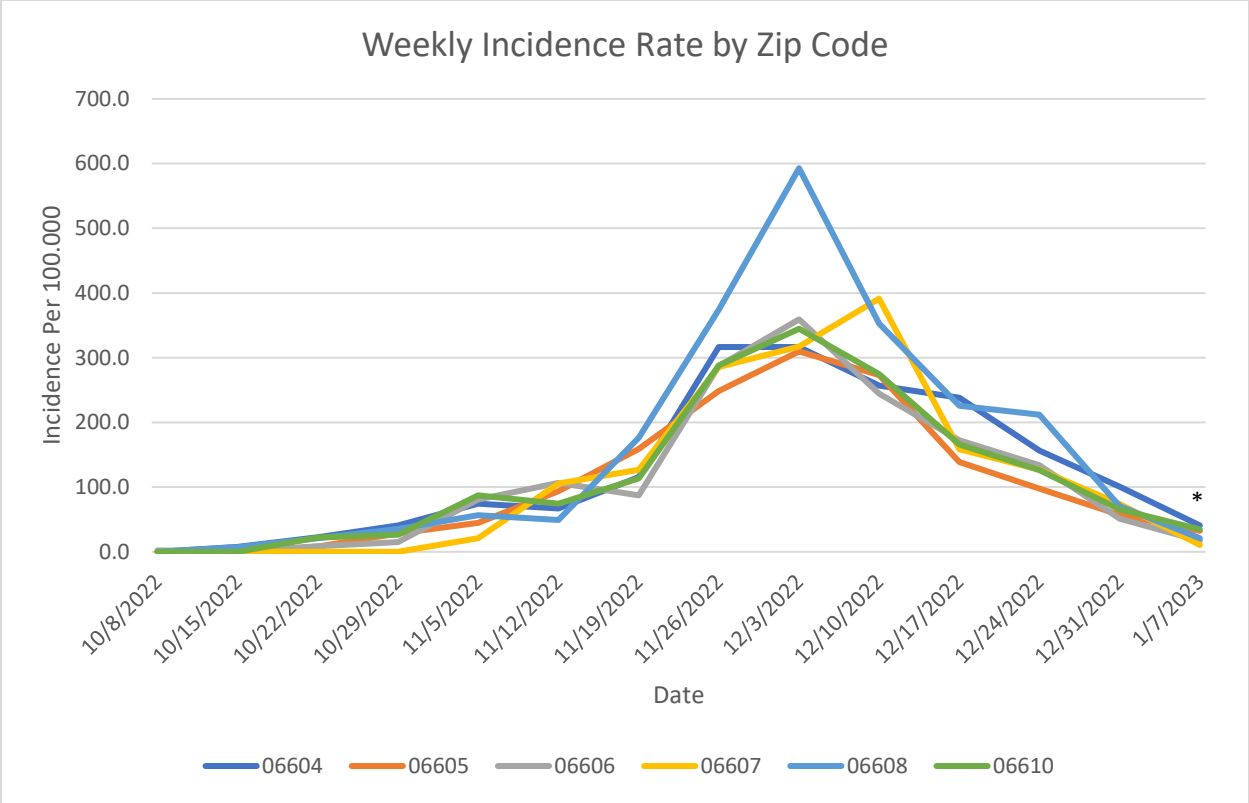
Influenza Weekly Incidence Rate in Bridgeport

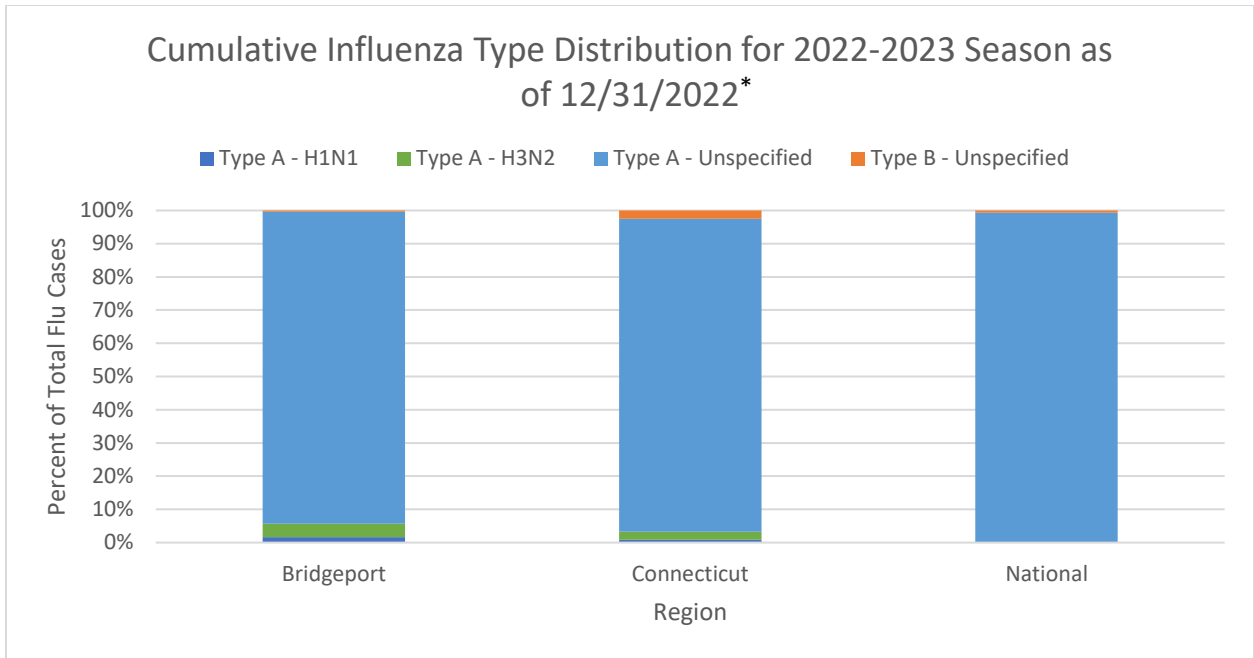


## Influenza Monthly Incidence Rate per 100,000 by Zip Code

— 2021-2022    — 2022-2023

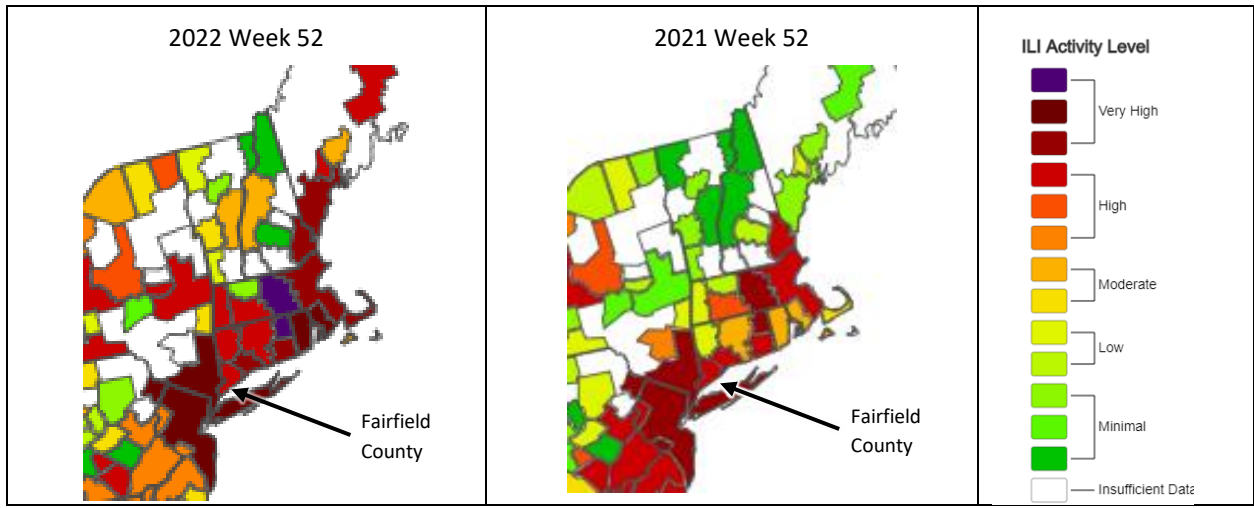
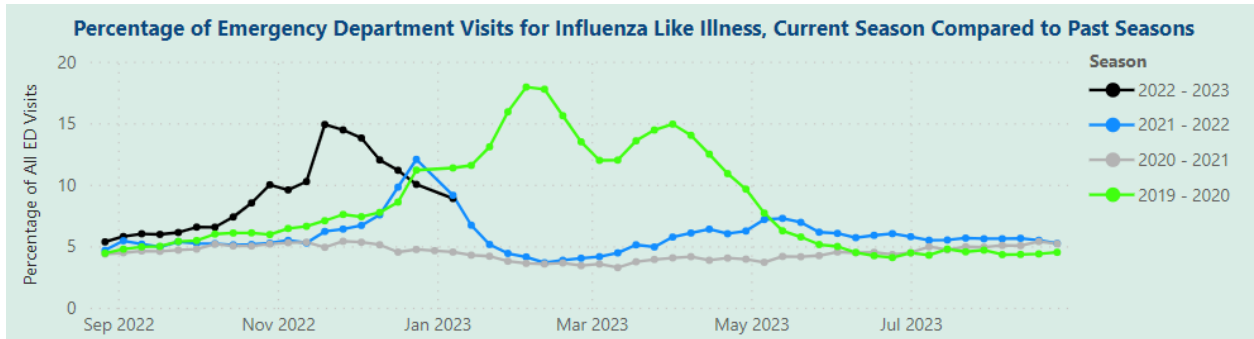






\*\*National data does not include subtyping of influenza viruses

## CONNECTICUT – WEEK 52 ENDING DECEMBER 31, 2022



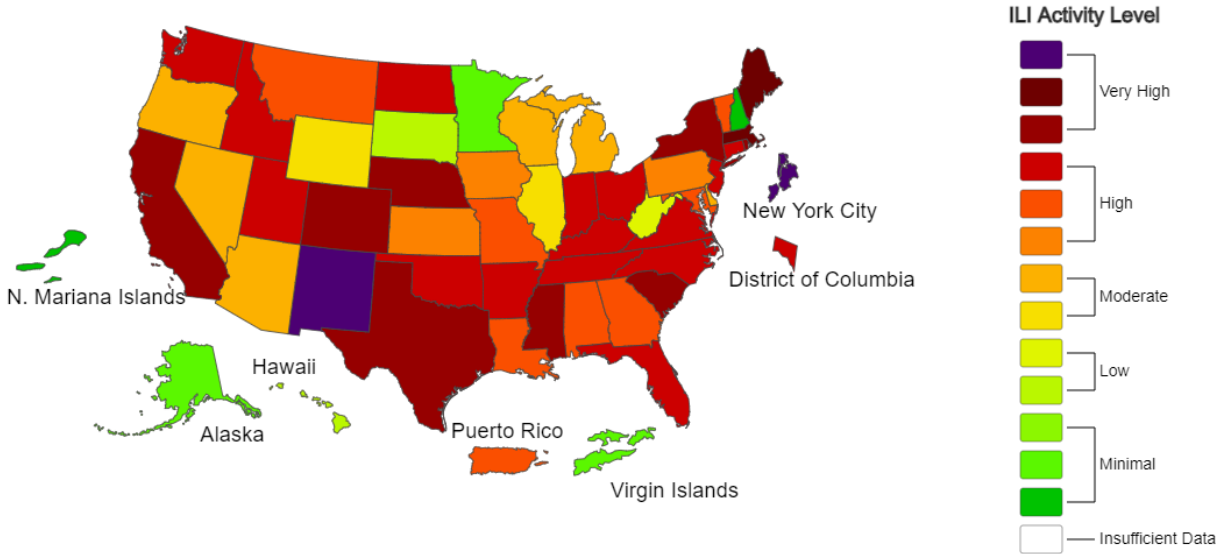
Updated January 10, 2023

\*data are incomplete

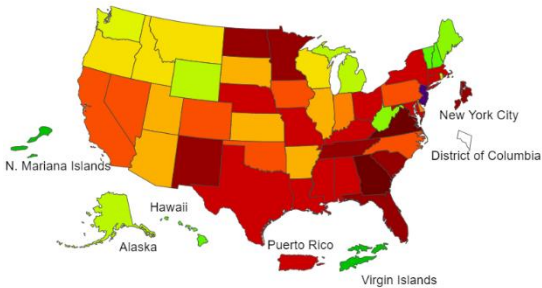
UNITED STATES – WEEK 52 ENDING DECEMBER 31, 2022

NATIONAL INFLUENZA MAPS PAST SEASON COMPARISON 2018-2022

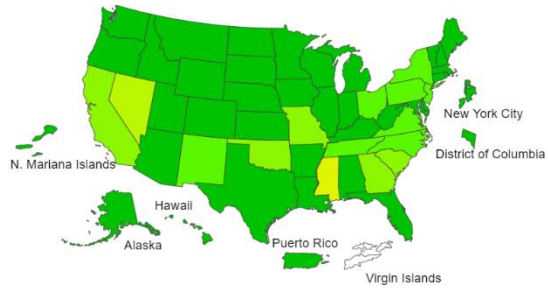
2022-23 Influenza Season Week 52 ending Dec 31, 2022



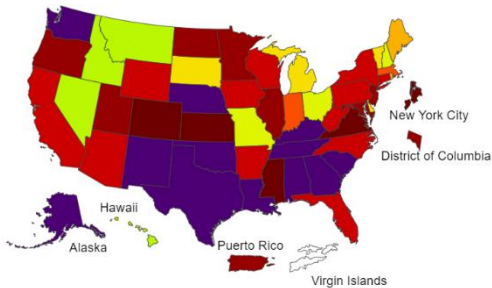
2021-22 Influenza Season Week 52 ending Jan 01, 2022



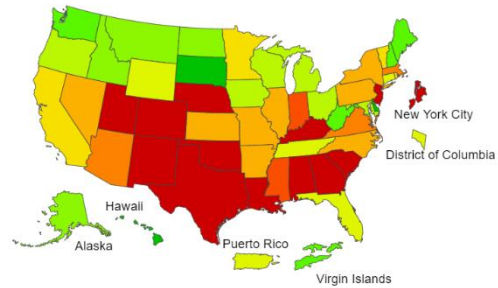
2020-21 Influenza Season Week 52 ending Dec 26, 2020



2019-20 Influenza Season Week 52 ending Dec 28, 2019



2018-19 Influenza Season Week 52 ending Dec 29, 2018



SUMMARY

The total number of influenza cases in Bridgeport for December 2022 (1,132 cases) were below the number of cases reported for November 2022 (1,165 cases). The first week of January 2023 (39 cases) is already approaching the total number of cases seen for the month of January 2022 (48 cases). The 5-15 year age group continues to have the highest percentage of total cases at 30.1%, followed by the 15-30 year age group (17.6%), and <5 year age group (16.7%). Both the 45-65 year age group and the >65 age group maintain a higher percentage of total

Updated January 10, 2023

\*data are incomplete

cases than was seen in the previous flu season. The number of new cases for all age groups has decreased for the week ending January 7, 2023. The weekly incidence rate for Bridgeport continues to decline as well (26.3 per 100,000), approaching the incidence rate seen at this time last year (13.5 per 100,000). All zip codes are showing a decline in incidence rate for the month of January, but as only the first week of the month has passed, this data is incomplete and will change going forward. The weekly incidence rate for all zip codes has declined since mid-December with all zip codes now below 100 cases per 100,000 population. Influenza type A continues to dominate the current flu season in Bridgeport as well as statewide and nationally; H3N2 is the dominant subtype in Bridgeport and statewide. Connecticut has a higher proportion of type B infections than seen nationally or in Bridgeport.

The percentage of emergency department visits due to influenza like illness in Connecticut continue to decrease from the high point seen in early December. The percentage of ED visits for the end of December 2022 are below what was seen in 2021 and 2019. Fairfield County is at high levels of ILI activity, similar to what was seen in week 52 of the previous year. The surrounding Connecticut counties and New York City regions remain at high or very high levels of ILI activity.

Nationally, ILI activity is decreasing with only 12 states/regions at very high levels of ILI activity and 26 at high levels of activity. Comparatively, the previous week had 22 states/regions at very high levels and 16 at high levels. Connecticut has lowered from very high to high levels of ILI activity while New York City, New York, Massachusetts, and Maine remain at very high levels. Vermont is at high levels of ILI activity and New Hampshire is holding steady at minimal levels of ILI activity. Compared to previous years, week 52 of 2022 has similar levels of ILI activity to 2021 and lower levels of activity than 2019 (immediately prior to the start of the COVID-19 pandemic). Overall, influenza cases are trending downward in Bridgeport and Connecticut as a whole but are still considered elevated compared to baseline levels of ILI activity. It is not too late to get your flu vaccine to reduce the chance of severe outcomes from flu infection.

## PRECAUTIONS TO TAKE

- Get vaccinated every flu season
- Cover your coughs and sneezes
- Wash your hands often
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect surfaces that may be contaminated with the flu virus
- Avoid close contact with people who are sick and if you are sick limit contact with others
- If you have the flu, stay home for at least 24 hours after the fever is gone (except to get medical care or other necessities) without fever-reducing medication
- Take antiviral drugs if your doctor prescribes them

## MORE INFORMATION

[How does the flu make you sick? \(video\)](#)

[What should you do if you have the flu? \(video\)](#)

[Is it the flu or COVID-19? \(website\)](#)

[Flu Vaccine Information \(website\)](#)

## DATA SOURCES

- CTEDSS – Bridgeport Influenza Cases
- [CT DPH Flu Tracker](#)
- [CDC FluView – Weekly Influenza Summary](#)